



Nutrition Tip: Yogurt can be eaten in lots of fun ways. It can be made into a dip for fruits or veggies, used as a base for sauces or substituted for sour cream to top off your taco or baked potato. Try using yogurt in a smoothie to celebrate National Smoothie Day on June 21.



LUNCH

MONDAY

BURGERS
FRENCH FRIES
BUTTERED CORN
FRUIT

01

TUESDAY

CHICKEN SANDWICH
WAFFLE FRIES
GREEN BEANS
FRUIT

02

WEDNESDAY

National Egg Day
EGGO WAFFLES
HASHBROWNS
SAUSAGE
FRUIT

03

THURSDAY

CHICKEN NUGGETS
MAC-N-CHEESE
STEAMED BROCCOLI
FRUIT

04

FRIDAY

HAM-N-CHEESE ROLL UPS
SUN CHIPS
CARROTS
FRUIT

05

CHICKEN QUESADILLAS
JASMINE RICE
PINTO BEANS
FRUIT

08

SAUSAGE BISCUIT
HASHBROWNS
FRUIT

09

GRILLED CHEESE
WAFFLE FRIES
BUTTERED PEAS
FRUIT

10

CHICKEN PENNE PASTA
CALI FORNIA BLEND
FRESH ROLLS
FRUIT

11

CHEESE PIZZA
BUTTERED CORN
FRUIT

12

BURGERS
FRENCH FRIES
GREEN BEANS
FRUIT

15

HAM-N-CHEESE HOAGIES
SUN CHIPS
CARROTS
FRUIT

16

BBQ CHICKEN
BAKED BEANS
BUTTERED CORN
FRUIT

17

FRENCH TOAST STICKS
SAUSAGE
FRUIT YOGURT
FRUIT

18

CHEESE PIZZA
GREEN BEANS
FRUIT

19

CHICKEN NUGGETS
MAC-N-CHEESE
BUTTERED CORN
FRUIT

22

GRILLED CHEESE
CRINKLE CUT FRIES
GREEN BEANS

23

PANCAKES
HASHBROWNS
SAUSAGE
FRUIT

24

CHICKEN SANDWICH
WAFFLE FRIES
CARROTS
FRUIT

25

CHEESE PIZZA
BUTTERED CORN
FRUIT

26

BEEF SOFT TACOS
JASMINE RICE
PINTO BEANS
FRUIT

29

CHICKEN TENDERS
FRENCH FRIES
BUTTERED PEAS
FRUIT

30



JUNE 2026