

Lenten Day of Reflection

Tuesday, March 31



A Spa Day For You

Are you tired?
Feel spiritually out of shape?
Need some quiet
to come home to yourself?
Enjoy a meal
that you don't have to cook.
Come to our Lenten Day of Prayer.
Take some time
to let yourself be cared for
and loved by God.
Allow God to heal
those broken spots in your life
so that you can go forth
as a wounded healer.



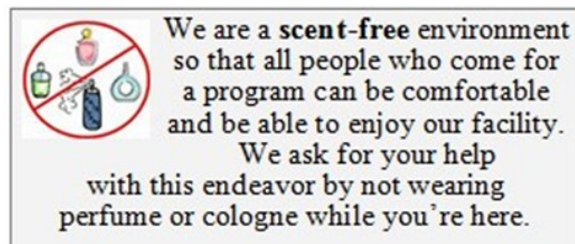
PRESENTER: Sr. Eleanor Guerin, RSM holds an MA Degree in Education and an MA in Theology. She completed an internship in spiritual direction and offered directed retreats at Mercy Center, Madison, CT. Sr. Eleanor is a former teacher, youth minister and administrator. Currently, she is a Pastoral Associate at St. Vincent's Parish, Albany doing outreach. Additionally, Sr. Eleanor is involved in a freelance spiritual and personal development ministry. She does spiritual direction, directs retreats, and offers days of prayer.

INFORMATION:

- ◆ \$30 per person
- ◆ Registration: 9:15 AM
- ◆ Program begins: 9:45 AM
- ◆ Program includes 2 Conferences, Lunch and Celebration of Eucharist
- ◆ Program ends: 3:00 PM
- ◆ Reservations are requested.

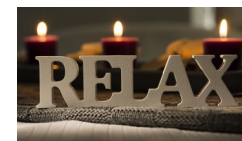
WHERE:

**Dominican Retreat &
Conference Center**
1945 Union St., Niskayuna, NY 12309
Phone: (518) 393-4169
Fax: (518) 393-4525
Monday - Friday, 8:30 AM— 4:30 PM
E-mail: dslcnny@nybiz.rr.com
www.dslcnny.org



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Registration Form:

Complete this form and mail
with your payment to:

**Dominican Retreat & Conference Center,
1945 Union St., Niskayuna, NY 12309.**

Mr. Mrs. Ms.
Name Other _____

Address _____

City/ST/Zip _____

Phone(h) _____

(w) _____ (c) _____

Email _____

Diet Needs _____

Deposit: _____ coupon
Amount \$ _____ Check # _____

N.B. There is a \$20.00 fee for returned checks!

Credit Card: M/C _____ Visa _____ Discover _____

Expiration Date _____

*Please **print** name as it appears on card
for authorization.*

*Credit Card Reservations can be made via **website**
(www.dslcnny.org), **fax** (518-393-4525) or
phone (518-393-4169) to save time and postage.*

(Office Use Only)

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