

# Reproductive Care Symposium

...Helping Families Grow

Wednesday, June 19<sup>th</sup>  
12:30–4:30 pm

MSH Auditorium A/B  
379 Church Street, 4th Floor Markham, ON



This informative symposium will enhance your knowledge on current reproductive care practices. Speakers will also provide practical information and strategies that offer support to you and your patients through the many stages of fertility treatment.

**Please register** by Wednesday, June 12<sup>th</sup>, 2019 at [markhamfertility.com/signup](http://markhamfertility.com/signup) or call Garrah **647-200-1955**

LIMITED SPACES AVAILABLE

## Agenda:

### 12:30 pm

Arrival ➤ Lunch Provided

### 1:00–1:15 pm

Dr. George Arnold ➤ Welcome Speaker

### 1:15–1:45 pm

Dr. Marta Wais

The Assessment of the Infertile Patient/Couple

- Identify patients that require fertility assessment and formulate a plan for referral and evaluation
- Interpret tests of ovarian reserve and counsel patients accordingly

### 1:45–2:15 pm

Dr. Meivys Garcia

Overview of ART and Fertility Preservation Options

- Identify patients where fertility preservation would be advisable and initiate a referral process
- Educate patients about the impact of age on fertility potential

### 2:15–2:30 pm

Break

*Question & Answer Period will follow each speaker*

*"This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification (MOC) Program of the Royal College of Physicians and Surgeons of Canada, and approved by the Society of Obstetricians and Gynaecologists of Canada. You may claim a maximum of 2.5 hours (credits are automatically calculated)."*

### 2:30–3:00 pm

Dr. Mickey Zhang

Obstetrical Outcomes in

Patients Conceiving with ART

- Discuss the obstetrical risks associated with ART as well as advanced maternal age

### 3:00–3:30 pm

Kristina Virro, HBA, MA, MSc, RHN, RP (Q)

Nutrition for Healthy Conception and Coping Strategies to Reduce Stress

- Recommend lifestyle factors that can optimize natural conception and maternal and paternal health prior to conception

### 3:30–3:45 pm

Break

### 3:45–4:15 pm

Dr. Michael Virro

ART & The Status of IVF 2019

Advanced Treatment Options

- Recommend fertility enhancing options to patients
- Inform patients about the different advanced fertility options available as well as approximate costs involved

### 4:15–4:30 pm

Dr. Michael Virro

Closing Remarks