

SYMPOSIUM 2020: THURSDAY, APRIL 30

MORNING INTENSIVES - 3 CEUS Additional Fee

A | Leadership: Moving Organization from Unconscious Bias to Conscious Anti-Racism - Drawing from theories of systemic racism, we will examine the complexities of overt and unconscious bias. Along with participants, we will develop recommendations for creating inclusive organizations. *The Center for the Study of Diversity and Social Change (CSDSC): Betty Morningstar, Ph.D., LICSW; Angela Wangari Walter, Ph.D., MPH, MSW; Robbie Welch Christler Tourse, Ph.D., LICSW; Yvonne Ruiz, Ph.D., LICSW; Bet MacArthur, LICSW*

B | Making the State House Work for You - Participants will be given an overview of the Massachusetts legislature, how to contact and lobby legislators (via role play) and utilize them as a clinical resource. *Sophie Hansen, LCSW*

C | Providing Gender-Affirming Clinical Care: Practical Guidance - This workshop will support therapists with gender diverse clients to provide sensitive, relevant, and insightful counseling and/or medical treatment referrals. *Ruben Hopwood, MDiv, PhD*

D | Misery or Mastery: Mental Health Documentation Clarified - Translate your intuition into logical and insurance friendly documentation. Protect your income. Avoid legal nightmares. Learn to implement The Golden Thread to justify medical necessity. *Beth Rontal, LICSW*

E | Incorporating Telehealth in Behavioral Health Services - This workshop will introduce social workers to telebehavioral health, familiarize participants with research on its effectiveness, address legal and ethics issues, and help social workers employed in health centers or in private practice assess their readiness to offer telehealth services. *Myrtise Kretsedemas, LICSW*

F | Chronic Marijuana Use In Teens: "What's the Big Deal?" - This workshop will focus on engaging youth to explore their use without increasing defensiveness. It will explore the impact of chronic marijuana use in a variety of functional areas, along with the impact of recent changes to the law on attitudes and behavior. *Rick Cresta, LICSW*

G | Beyond Epidemics: Becoming an Addictions Informed Social Worker - Given the devastating role of addictions in our communities, it is critical that social workers are able to address this problem in the clients that they serve. *Joe Pereria, LICSW, CAS*

H | Wired To Connect: The Surprising Link Between Brain Science and Strong, Healthy Relationships - This workshop will provide an update on the neuroscience of human relationships and will offer concrete strategies to help clinicians work with clients to build stronger neural pathways for connection leading to more rewarding relationships. *Amy Banks, MD*

I | Improving Mental Health Among Asian-American Women - This workshop focuses on the theoretical framework to understand poor mental health problems among young Asian American women. It also addresses the current research results and new evidence-based intervention regarding AWARE intervention in reducing depression, anxiety, PTSD symptoms. *Hyeouk Hahm, PhD, LCSW*

J | Seeking Safety Where There is None: Impact of Immigration Policies on Asylum Seekers and Refugee - This workshop will provide an overview of the worldwide refugee crisis with a focus on the recent changes in the US policies and impact on asylum seekers and refugees. Trauma-informed and culturally sensitive approaches with these populations will be discussed. *Mojdeh Rohani, LICSW*

K | Engaging Fathers with a History of Trauma and Addiction - The father on the periphery can be the most difficult member of the family to engage. These men frequently suffer from trauma histories, and cope by using substances and other maladaptive behaviors. This workshop will focus on engaging fathers who have distanced themselves from their children, and help them to stay connected and involved. *Charles Daniels, MDiv, LICSW*

L | The Power of Shame - Shame is a common sequelae to trauma and often an underlying cause of behaviors that bring people to the attention of helping professionals. This workshop will explore the role shame plays in such behaviors, and cover implications for treatment approaches, and challenges to countertransference management. *Linda (Lynn) Sanford, LICSW*

M | The Art of Diagnosis - Although a large component of the daily work of social workers is to diagnose psychiatric illnesses, there is little education on how to do that well. This training teaches how to differentially diagnose using specific questions and provides distinct tools that clinicians can use in clinical sessions. *Jennifer Berton, PhD, CADC-II, LICSW*

N | Clinical Ethics in Social Work: A Pragmatic Guide - Using clinical case vignettes and didactics, this workshop will review changes to the NASW Code of Ethics, including social media, and provide tools to approaching ethical binds within clinical practice. *Stephen, O'Neill, BCD, JD, LICSW*

OPENING KEYNOTE - 1.5 CEUS

The Intersections of Historical Mass Trauma, Racial Terrorism and African American Mental Health - Post Traumatic Slave Syndrome (P.T.S.S.) is a theory that explains the etiology of many of the adaptive survival behaviors in African American communities throughout the United States and the Diaspora. It is a condition that exists as a consequence of multigenerational oppression of Africans and their descendants resulting from centuries of chattel slavery. A form of slavery which was predicated on the belief that African Americans were inherently/genetically inferior to whites. This was then followed by institutionalized racism which continues to perpetuate injury. *Joy DeGruy, PhD, MSW*

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SESSION 1 - 1.5 CEUS

008 | Cultural conundrums: Can parenting programs become more diverse? - Compare and contrast how parent training programs fit the values, practices, and constraints of racially, ethnically, and economically diverse parents can improve interventions and increase participation and positive outcomes. *Karen Zilberstein, MSW*

012 | The Neurobiological Treatment of Trauma - Participants will learn the structure of trauma and an evidence-based technique from the field of Energy Psychology for rapidly clearing trauma from the conscious mind, unconscious mind and body. *Judith Swack, PhD; Wendy Rawlings, MS, LMHC*

019 | Helping Distressed Couples: Introduction to Emotionally Focused Therapy - Learn about Emotionally Focused Therapy (EFT), a model that has proven highly effective in helping distressed couples repair and create lasting secure bonds. *Michelle Avigan, PhD*

021 | Re-Thinking Challenging Kids: The Collaborative Problem Solving Model - Introduction to Collaborative Problem Solving®, an evidence-based practice to help behaviorally challenging kids build crucial thinking skills like problem-solving, frustration tolerance and cognitive flexibility. *Ben Stich, MSW, M.Ed*

023 | The Confident Leader: Maximizing Your Potential for Everyday Success - Learn about Emotionally Focused Therapy (EFT), a model that has proven highly effective in helping distressed couples repair and create lasting secure bonds. *Julie McGrath, MSW*

034 | Yoga-CBT: A Mind Body Solution for Anxiety - Yoga Cognitive Behavioral Therapy is a research based group treatment that blends CBT with yoga, targeting both the physical and cognitive symptoms of anxiety simultaneously. *Julie Greiner-Ferris, LICSW*

045 | Collaborative Approaches to Mentoring Youth Impacted by Foster Care - We will explore and deepen our understanding of tangible tools and practices that support long-term, sustainable, and supportive mentoring relationships for youth impacted by foster care. *Victoria Murray, LCSW*

056 | Caring for Older Adults: A Comprehensive Interprofessional Approach - Streamlining geriatric care through innovative interprofessional approaches has been a major focus at VA Boston for both the outpatient geriatric medical and mental health clinics. Key concepts will be discussed. *Gayle Clark, LICSW; Lisa Shea, LICSW*

059 | What does "Trauma Informed" look like in practice - This presentation will discuss best practices for broad implementation of trauma informed care, and will introduce and demonstrate a schema that any support service can use to evaluate their practices. *Michelle Wexelblat, LICSW*

064 | Demystifying Clinical Work with Non-Binary Clients Think gender is just male and female? It's so much more! Come explore all that exists beyond the gender binary and how to incorporate more inclusive practices into your work. *Kelly Exley-Smith, LICSW; Jennifer Harris, LICSW; Caitlin Van Slooten, LICSW*

080 | Animal Assisted Psychotherapy : How to Incorporate a Dog into Your Treatment Sessions - Learn how to incorporate a dog in therapy sessions. Special populations to be highlighted: veterans, trauma survivors, clients living with anxiety/depression, and couples. Demonstrations provided. *Kathy Clair-Hayes, MA, LICSW*

102 | Lessening the Loneliness of the Cancer Journey Through Group Work - This workshop will offer a group role play, didactic work, and discussion of group work models for caregivers, patients, and bereaved friends and family. *Claire Willis, MA, M.Ed, LICSW*

104 | Beyond Awareness: The My Life My Choice Prevention Solution Model - My Life My Choice has developed a survivor-led prevention model that includes the development of specialized policies and procedures. Participants will learn about our enhanced Prevention Curriculum and applying it to programs within their jurisdiction. *Lisa Goldblatt Grace, MSW, MPH; Audrey Morrissey*

110 | Follow-up to Keynote Address - 1619-2020: Post, Post Traumatic Slave Syndrome Adaptation, Resilience and Healing: Joy DeGruy's concept of Post Traumatic Slave Syndrome has been studied in the literature under various names - including race-based traumatic stress, insidious trauma, intergenerational trauma, psychological trauma and racism. Following up on Dr. DeGruy's keynote, this workshop will expand on adaptive behaviors, both positive and negative - and discuss implications for interventions aimed at the individual, as well as undoing systemic institutional structures. *Johnnie Hamilton-Mason, PhD, LICSW*

114 | The Experience of Sharing Therapy Notes Directly with Patients - The clinical, research and ethical implications of 6+ years of experience in overseeing the opening up of therapy notes directly to patients at BIDMC and elsewhere will be reviewed. *Stephen O'Neill, JD, BCD, LICSW*

SESSION 2 - 1.5 CEUS

004 | Gay Men: A Rich History and A Few Misconceptions - Why are gay male relationships different? Learn a rich history of change, challenge, and continuity to help better serve gay men. Acceptance doesn't mean understood! *Elliott Kronenfeld, MS, LICSW, CST*

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005 | Our Federal and State Budgets: Possible Solutions to Ongoing Concerns - This presentation explores our Federal and State budgets and their impact on services. Funding priorities, concerns and solutions will be discussed. Useful internet policy websites will also be shared. *Jeff Schrenzel, PhD, LICSW*

024 | Dismantling Racism: Where Do We Go From Here? - Presentation and group participation elevating the voices and perspectives of social workers of color while empowering all social workers to act together to dismantle racism. *Yvonne Ruiz, PhD, LICSW, The Racial Justice Council*

026 | Stress-Reduction for Social Workers and Clients: Integrating Yoga to Enhance Self-Care - This workshop will teach you tools including yogic postures and breathing techniques to reduce stress and improve self-care for both you and your clients. *Samirah Clayman; Laura Stevens, LICSW*

035 | Grieving Death by Suicide: Facilitating a Compassionate Journey - Learn what is unique about grieving a death by suicide. Hear directly from those who have lost someone to suicide how best to provide support. *Cheri Andes, MA, BA; Carly Burton, MSW*

037 | Bilingualism and The Clinical Encounter - Understand and apply concepts of bilingualism to enhance the clinician's ability to develop therapeutic rapport, communicate cultural concepts, and appreciate how language affects identity and emotional expression. *Beth Craft, MSW*

050 | Building Supervision Skills for Integrated Behavioral Health Settings - Geared towards those experienced in providing supervision, participants will gain supervision skills to use within integrated behavioral healthcare to enhance interprofessional teamwork. *Nora Padykula, PhD, LICSW; Julie Barrett-Abebe, LICSW; Terri Haven, LICSW*

058 | Less Talking, More Doing: Coaching College Students with Persistent Mental Illness - This interactive exploration of the coaching model includes an introduction to the evidence-based practice and hands-on, skill-building opportunities for integrating coaching techniques into other settings. *Caitrin Thornhill, LCSW; Anne Hamilton, MSW candidate*

062 | The Journey to Mental Health: Create a Roadmap - Mental health starts before we are born! Help create a roadmap on how to assess and obtain services tailored to each person's situation in order to achieve recovery and success. *Carly Sebastian, MSW*

063 | Excuse Me ~ What Did You Say About Death? - This "Death Cafe" allows a group led conversation about one of the biggest taboos in our society. Over treats, open up about any aspect of death from a personal level. *Elaine Gjeltrema, LCSW*

078 | Being the Grownup: Love, Limits and the Natural Authority of Parenthood - Learn how to help translate parents' determination to care for their children into a more confident expression of both love and limits without the use of verbal or physical coercion. *Adelia Moore, PhD*

100 | Trauma and Beyond: Treatment of Maltreated Children with Neurodevelopmental Challenges - Neurodevelopmental difficulties in maltreated youth compromise their responses to standard trauma-informed treatments. Differentiating symptoms and modifying interventions is crucial to treatment. *Karen Zilberstein, MSW*

101 | Rohingya Atrocity Against Women: Documentary Film and Discussion - This documentary presentation provides an awareness of global social work with a focus on atrocities against Rohingya Muslim minorities in Myanmar. The workshop will give an overview of the violations of social justice and human rights around the world. *Nazda Alam, MSS, M.Ed., MSW; Lisa Kerzner-Sirois, EdD, LICSW*

103 | Exploring Legacies of Relational and Environmental Trauma: Fear and/or Moral Injury? - Psychological and social theories inform ways that trauma disrupts attachments in individuals, families, and communities. Resilience and fear-based vs. moral injury-based trauma are highlighted in clinical vignettes. *Kathryn Basham, PhD, LICSW, BA*

105 | All Politics is Local: Get Involved! - This workshop will provide an overview of the role of local government to advance social work values within your community. It will include information about how social workers can run for local office. *Brenda Noel, LCSW*

EVENING INTENSIVE - 3 CEUS

O | Suitcase Stories: Amplifying Immigrant and Refugee Voices - Suitcase Stories® is a signature program of the International Institute of New England that raises the profile of refugees and immigrants while fostering community through the art of storytelling. In this session featuring live performances by guest storytellers, explore how the stories we tell about immigrant and refugee experiences influence how others view their neighbors, and the world. *Cheryl Hamilton, Director IINE Suitcase Stories, along with featured Suitcase Stories storytellers*

SESSION 3 - 1.5 CEUS

002 | Effects of Emotional Abuse: From a Survivor's Perspective - Learn from a survivor's perspective and witness real-life media examples of how emotional abuse is glamorized for teenagers. How does this impact our work? *Kerriann Ostlund, LCSW*

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SYMPOSIUM 2020: FRIDAY, MAY 1

011 | My Brother's Keeper: Promoting Healthy Masculinity - This workshop will promote healthy, respectful manhood and healthy relationships and discuss concrete ways to decrease language and actions that degrade women and girls. *Anthony Hill, Ed.D, LCSW*

018 | Gentle Reprocessing: An Innovative, Rapid Treatment for Phobias - This is an introduction to Gentle Reprocessing. A live demonstration will illustrate the Gentle Reprocessing technique. *Diane Spindler, MA, LMHC, LMFT*

025 | The Pathway Home: Gay Sons and Their Mothers - The emotional connection between gay sons and their mothers has been unexplored and pathologized. This moving workshop provides a strength-based multicultural perspective of hope including lectures and multimedia interviews. Bring Kleenex! *Richard Miller, MSW*

027 | The Sensory Nature of Attachment - An association between sensory processing and attachment has the potential to shift how we conceptualize and provide treatment to families. Utilizing current research, this presentation will examine practice and policy implications. *Katherine Walbam, PhD, LICSW*

032 | Becoming a Supervisor: Managing a New Professional Role - New supervisors face increased administrative responsibility, changed collegial relationships, and many new duties. Apply different models of supervision to manage challenges of your new role. *Paula Neiman, LCSW, PhD Candidate*

043 | The ABC's of QI (Quality Improvement), Please! - Use Quality Improvement practices to keep clients, staff, and funders happy. Create and sustain change using tools like Plan-Do-Study-Act, flowcharting, and more. *Megan Wroldson, LICSW; Michelle Streeter, RN*

054 | The Intersection of Social Work and Criminal Justice System on Practice and Policy - Join this panel of experienced practitioners to discuss Therapeutic Jurisprudence, practical social work applications with the criminal-justice involved, and how your work can impact future policy and practice. *Opal Stone, MBA; Sarah Abbott, PhD, LSW; Marisa Hebble, MPH*

060 | Let's Talk About Sex(uality) Through Transition - How do we talk to clients about changes in sex(uality) during gender affirmation? Explore the impact of these changes on identity and what trauma-informed language to utilize with clients. *Rebecca Minor, LICSW*

066 | Deconstructing Racial Scaffolding: Implications for Practice - Systemic racism impacts the work of social workers both directly and indirectly. This workshop will help practitioners identify and understand the psychological, social, and societal influences of systemic racism that mitigate effective social work practice. *Johnnie Hamilton-Mason, PhD, LICSW*

073 | Violence in Relationships - Violence against women is a significant social and public health problem affecting all societies. What are the implications of staying versus leaving an abusive relationship, and how can clinicians help? *Brenda Westberry, MS*

079 | Odd Couple No More: Social Work and ABA (Applied Behavioral Analysis) - See how the field of Applied Behavior Analysis and Social Work can have a happy, mutually beneficial relationship! Applications for clinical practice, collaboration, and staff and program management included. *Rebecca Imming, LICSW, BCBA, LABA*

106 | Tools for Your Toolbox to Manage Conflict Effectively - This interactive workshop will improve your skills at handling conflict, relevant for all aspects of social work practice including staff management and client interaction. *Gail Packer, MSW*

112 | Supporting K-12 Students with Serious Mental Health Challenges: The BRYT Model - BRYT is a school-based program created by Brookline Center for Community Mental Health, operating at 135 schools. It systematically addresses the needs of students challenged by hospitalization or prolonged absences due to mental illness. Learn about the BRYT model and approach. *Katherine Houle, LICSW*

SESSION 4 - 1.5 CEUS

003 | Bringing Nervous System-Informed, Trauma-Sensitive Yoga into the Session. - Participants will experience, and learn the benefits of, Nervous System-Informed, Trauma-Sensitive Yoga. This approach can re-regulate the dysregulated autonomic nervous system, preparing the client for focused trauma therapy. *Joann Lutz, MSW*

007 | Latinx Narrative Therapy - Narrative therapy is an effective clinical approach to working with Latinx individuals and the cultural, relational, and social challenges that are commonly experienced by Latinx. *Yvonne Ruiz, PhD, LICSW*

014 | Intensive Trauma-Focused Therapy - This workshop will outline the potential benefits and pitfalls of intensive trauma-focused therapy, review the research, and explain how to do it. *Ricky Greenwald, PsyD*

020 | Divorce and Family Mediation 101: Helping Family Divorce and Resolve Conflicts - Mediation is an effective and complementary intervention to therapy that social workers are uniquely qualified to practice. This session provides an introduction to the practice of family and divorce mediation. *Ben Stich, MSW, MED*

022 | Unlikely Partners: Divorce Attorney and Couples' Therapist - Social worker + Divorce attorney = Magical collaboration! Learn how this unlikely pairing can strengthen connections even during the process of separation. *Elliott Kronefeld, LICSW, CST*

033 | NAS: Caring for the Littlest Victims of the Opioid Crisis - Every 15 minutes a baby is born opiate dependent. These children are the littlest victims of the opioid crisis. How will your practice help these children? *Theresa Harmon, MSW; Laura Langevin, RN, LSW; Karen Baker, LICSW*

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SESSION 5 - 1.5 CEUS

042 | Culture and Adolescent Suicide: High-Achieving Adolescents, Acculturation, and Suicidality - Acculturation, family conflict, and academics are variables that may increase adolescent suicidal ideation. This training will teach clinicians to address suicidology in a culturally specific manner. *Jessica Chock-Goldman, LCSW, doctoral candidate*

048 | #BlackLivesMatter: Confronting Racial Capitalism - To achieve racial justice, racial capitalism must be dismantled. From this presentation, participants will learn how Movement for Black Lives resists racial capitalism. *Phillipe Copeland, PhD, LICSW*

053 | Supervisory Challenges: Leading staff in trauma resilience - Supervisors have multiple demands that can challenge leadership in traumatic situations. This workshop focuses on advancing relationships with supervisees to foster mutual growth amidst turmoil. *Mary Byrne, PhD, LICSW; Carol Masshardt, LICSW*

067 | When It Gets Real: Navigating Challenging Moments in Group Work - When challenging moments in groups arise, don't panic! Learn essential skills in addressing group conflict that enhance cohesion and transformation. An innovative video group simulation will augment participant learning. *Será Godfrey-Kaplan, LICSW; Adam Glick, LICSW; Mark Gianino, PhD, LICSW*

068 | Unaccompanied Minors: Adjustment, Education, Trauma, and Employment - Unaccompanied children are an increasing population of immigrants in the US. We will discuss innovative interventions at the clinical and macro levels to ensure their well-being. *Kerri Evans, LCSW; Robert Hassan III, PhD, LICSW*

075 | Considerations in the Treatment of Eating Disorders for the LGBTQ Community - The LGBTQ population struggles with body image and eating concerns at higher rates than the general population. Increase your understanding of this intersection and learn best practices. *Christine Vara, MDiv, LCSW; Emily Slager, LMHC*

107 | Strong at the Broken Places: Resiliency in the Lives of Trauma Survivors - After viewing and discussing the documentary, *Strong at the Broken Places*, Aaron Antonovsky's "salutogenic" (strengths-focused) model for resiliency will be presented, as well as characteristics that help survivors overcome trauma. *Lynn Sanford, LICSW*

109 | Working with Managed Care Companies: A Panel Discussion - MCO representatives will respond to moderator and audience questions regarding their insurance plans/services, network practices, claims processes, and future plans. Panelists will summarize recent changes in policies and practices, and issues being addressed by the NASW-MA Managed Care Commission. *Jen Erbe-Leggett, LICSW, Pat Howe, LICSW, and panelists from Managed Care Commission*

113 | Behavioral Health Integration (BHI): A Paradigm Shift on Providing Mental Health Services - This workshop will seek to provide theoretical and historical knowledge regarding BHI. The presenter will use a didactic format as well as her experience at a community health center to illustrate the main concepts of the integrated care model. *Marie Pierre-Victor, MSW, LICSW*

001 | What Causes Change in Psychotherapy? Seeking Common Factors - This presentation explores and updates the common factors model, showing that client, relationship and clinician factors generate more therapeutic change than do specific therapies. *James Drisko, PhD, LICSW*

009 | How to Support Your Clients Through Divorce - Support clients before, during and after divorce. We will review the emotional and legal impact of divorce, explain divorce process options and resources, and describe common parenting and financial decisions. *Beth Aarons, JD, LCSW; Ben Stich, EdD, LICSW*

013 | Sexual Assault Prevention in the Age of #MeToo - Despite #MeToo, we lack a preventive approach to sexual assault. This workshop will explore identifying and reporting abuse and survivor support to reduce sexual violence. *Suzanne Isaza, MSA*

015 | Progressive Counting: An efficient, effective, well tolerated trauma treatment - Progressive counting (PC) is an efficient, effective, well tolerated research-supported trauma treatment. This workshop will introduce PC, review the research, and provide a brief PC experience. *Ricky Greenwald, PsyD*

028 | Beyond Breath: Developing Resilience in Children Through Yoga - Breath work, poses, stories, games, and crafts...learn about a workshop model that integrates yoga principles with social-emotional learning standards open to all elementary-age students! *Naomi Stahl, Ed.D., M.Ed.; Teri Sexton, MA*

036 | So You've Learned About Microaggressions. Now What??? - Social workers have an ethical obligation to address oppression in all forms. Participants will practice intervention strategies to mitigate harm and increase social justice. *Ashley Davis, PhD, LICSW; Nicole Ivone, LCSW; Makieya Kamara, MSW, MS*

047 | Accountable Care Organizations Trailblazing New Paths for Healthcare - Driving down cost and inefficiencies in psychiatric and medical care targeting our most complex, vulnerable patients using predictive modeling and program management. *Monica Davis, LICSW; Julita Mir, MD; Mara Hyatt, LCSW*

051 | Taking the leap of faith into private practice - This is a panel workshop presentation based on professional experiences of three clinical social workers as well as focusing on the concept of social entrepreneurship. *Zaza Sakhat, LICSW; Richard Kaufman, LICSW; Katie Ricciardi, LICSW*

055 | Human Rights, Social Justice, and Advanced Generalist Practice - Viewing human rights as the foundation of social justice, this workshop examines the implications of a human rights culture for advanced generalist social work practice. *Joseph Wronka, PhD*

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071 | Culturally Adapting Clinical Interventions: A 10-step process - This ten-step process for culturally adapting clinical interventions creates an evidence-based clinical practice that is effective with under-served populations. We will practice Spanish adaptations. *Susan Tohn, MSW, LICSW; Ximena Soto, LICSW*

074 | Opiate Treatment in the Epicenter of the Epidemic - Opiate treatment retention is tied to success so we examined retention records. Participants will identify unintentional retention barriers and plan how to decrease premature departures. *Christine Flynn-Saulnier, MSW, PhD, LICSW; Ebenezer Ayiku, MSW student; Nancy Bello, MSW student*

111 | Parenting Journey Fathers: A strength-based approach to nurturing male-identified caregivers - Learn how the Parenting Journey curriculum was adapted to meet the unique needs of male-identified caregivers, by placing an emphasis on improving relational skills, expanding networks of support, and managing parental stress. *M. Cristina Pachano, LMHC*

057-1 | Inclusivity of expansive sexual identity in clinical practice - (Part 1 of 2) This presentation will explore current understanding of sexualities beyond and between hetero/homosexuality through interactive, evaluative, and explorative measures as well as group discussion to improve clinical assessment and treatment. *Michelle Wexelblat, LICSW; Rebecca Minor, LICSW*

070-1 | Introduction to Emotionally Focused Therapy - (Part 1 of 2) Recent research notes that when we have a secure connection to the people we love, we are healthier and feel more satisfied with ourselves and our lives. *Danielle Green, LICSW; Suzanne McCarthy, PsyD*

SESSION 6 - 1.5 CEUS

006 | The Art of Apology and How to Own Bad Behavior Without Shame - Discover the power of skillful apology and explore how accepting responsibility for behaviors and understanding our impact on others allows us to evolve, deepen connections and live with greater ease. *Jenn Brandel, LICSW*

010 | Using an Executive Functioning Informed Approach to Coach for Economic Mobility - Learn how research informs Economic Mobility Pathways' Mobility Mentoring® model and can inform your work with persons experiencing poverty. *Raysheema Rainey, MPA; Charmaine Lujares, LICSW*

017 | Women Growing Older: Our Bodies Ourselves - With increased longevity women over 60 are facing new opportunities /challenges. We need to embrace aging, affirm women's growth potential and change the aging paradigm. *Joan Ditzion, MSW, MA, BA*

031 | The communication of suicidal intent: Implications for practitioners - Led by experienced clinicians, this presentation focuses on identifying and interpreting direct and indirect communication of suicidal intent and understanding barriers to effective responses to this communication. *Rebecca Mirick, PhD, LICSW; Jim McCauley, LICSW*

038 | The Role of Exercise in Eating Disorder Recovery - This presentation helps clinicians understand the role of physical activity during mental health treatment, how to identify problematic physical activity, and address the physiological and psychological aspects of problematic activity. *Matt Stranberg, MS*

044 | Attunement, Empowerment and Integration: Trauma-Informed Yoga Therapy - Engaging with survivors of complex trauma requires adaptability and a commitment to non-coercion. Trauma-informed yoga offers practitioners an evidence-based and relationally focused tool to integrate into treatment. *Pamela Szczygiel, DSW, LICSW, CYT-500; Angelica Emery-Fetitta, MSW candidate*

049 | Accelerated Resolution Therapy to treat PTSD, Anxiety, etc... - (ART) is evidenced-based and offers an effective "bottom-up" approach to PTSD, Anxiety, Depression, and many other disorders. Civilian and military populations researched. *Amy Shuman, MSW, LICSW*

061 | Supporting Post-Secondary Success for Foster Care and Homeless Students - Findings and recommendations from a program to support the academic success of foster care and homeless students at Westfield State University will be highlighted. *Jennifer Propp, PhD; Marjorie Rodriguez, LICSW*

072 | Lessons I Have Learned; Journey to Compassionate Communication - Learn how to respond to others when dealing with situations of conflict. Communication effectiveness can be enhanced through cultivating flexibility in responding to others. *Brenda Westberry, MS*

076 | Slaying the Lonely Dragon: Therapeutic Role-Playing Games - Integrating neuroscience and social learning theory, therapeutic role-playing games allow clients to break away self-defeating from identities. Explores loneliness, stress, self-concept, and resilience. *Molly Reider, MSW*

108 | Military Sexual Trauma Assessment Including Clinical Considerations and Interventions - Participants will be educated on Military Sexual Trauma including the scope and impact, reporting mechanisms and co-morbidities in the context of military environment and culture, as well as assessment and best clinical practices for trauma informed treatment. *Laila Swydan, MSW, LICSW*

057-2 | Inclusivity of expansive sexual identity in clinical practice - (Part 2) This presentation will explore current understanding of sexualities beyond and between hetero/homosexuality through interactive, evaluative, and explorative measures as well as group discussion to improve clinical assessment and treatment. *Michelle Wexelblat, LICSW; Rebecca Minor, LICSW*

070-2 | Introduction to Emotionally Focused Therapy - (Part 2) Recent research notes that when we have a secure connection to the people we love, we are healthier and feel more satisfied with ourselves and our lives. *Danielle Green, LICSW; Suzanne McCarthy, PsyD*

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