

The
FLYRODDER



PUBLISHED BY



***This Month's Meeting:
August 4, 2026***



Kenny Arstark
Fluke on the flyrod
(archive)

GUEST SPEAKER:

John Horner
"Live Fly Tying Demonstrations"



President's Message for August 2026

We can't wait for the warm weather to come, and when it comes with heat waves and high humidity, we're already over it. I guess that's why they call it the "dog days" of summer. We won't be having a BBQ at the August meeting because Cooky and the LIBBA guys will be getting everything ready for the club picnic, which I hope you will attend on August 15 at Belmont lake. We will be serving mini hero sandwiches and cold salads at the August meeting, so it still pays to get there early. We have another great in-person guest speaker, thanks to Andy. So come and join us. I need someone to complain to about the weather, my wife is sick of hearing it!

We recently lost a past president and all-around good guy, Mike Postol. Our sympathies go out to his family and friends, may he rest in peace.

Regards,
Shawn



Hey Rocky, are you attending the annual
LIFR FAMILY DAY/PICNIC ?

Of course Bullwinkle !!

I wouldn't miss it !!

August 15th, Belmont Lake SP.

10:00-4:00.

!! ONLY \$5 !!

**** Fun, Food, Friends, Fishing tales ****

(Kids under 12 free,)

(rain date is 8/16)



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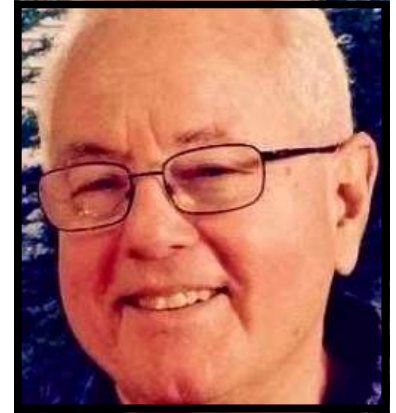
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Individual or Group Lessons available with Seminars for Clubs

**Mike Postol, past President
of the Flyrodders has passed away.
Condolences to his family and friends, may he rest in peace.**



Hey Flyrodders: Here's your events calendar for the month of August 2026

*****If you know of anyone who is not receiving the Newsblast or Newsletter have them contact Shawn Shawnsul8@aol.com, 516 236-6554**

***** As you may have noticed at the last meeting, we now have to bring three extra tables and chairs from the shed out back and put them away at the end of the meeting. Thanks to those who helped at the last meeting, Anyone who can get to the hall 6:30-7 to help set up the tables would be greatly appreciated!**

*****Thank you to all the members who have renewed their membership! Remember you must be paid up in order to participate in club activities, don't miss out!. ALL members must fill out a membership form. You can print one out from the club website and we've made it so that you can type in your info and then print it out already completed. We also have blank forms available at the meeting.**

8/4 LIFR Meeting at 7:30 Guest speaker John Horner will do a live fly tying demonstration Mini Hero sandwiches and cold salads at 6:30 , Fly Casting Lessons (weather permitting), and Used Tackle Sale 6:30-7:30

8/12 Presentation at Baiting Hollow Scout Camp (we could use a few more volunteers to help with fly tying and casting instruction)

8/17 Club Day at Connetquot two sessions 8-12 and 12-4, cash only, pay at the gate, do NOT send me a check in advance! Walk up to the toll booth where Shawn is parked, to pay. Don't drive down until Shawn gives the okay. Contact Shawn Sullivan at 516 236-6554, or email Shawnsul8@aol.com to reserve your spot or sign up at the meeting (be extra careful of tics, I found four attached to me when I got home from the park)

8/15 Club Picnic at Belmont Lake, there's still time to sign up and pay at the August meeting.

8/25 LIFR Board Meeting 7pm

Upcoming Events:

9/12 Woman's Expo at Connetquot (sign-up sheet on the shelf by the flag next to the screen)

9/26 Cold Spring Harbor Fish Hatchery Fall Festival (sign up sheet on table)

October 14 Awards Night at Borelli's only \$50.00 per person, no long speeches, great food and lots of laughs, please join us, sign up today! If you signed up please bring payment, cash preferred, \$50.00 per person for a three-course meal.

*****The "Local Fly Shop" located at the Ovation pool is now one of our sponsors. Ovation is a great place to fish and the fly shop is right across from the river.**

Many thanks and Tight Lines-

Shawn Sullivan, President

Long Island Flyrodders

[Website : www.liflyrodders.org](http://www.liflyrodders.org)

Dog Day Afternoons

By Shawn Sullivan

Ever since I retired, about ten years ago, I've made it a point to go fishing at least one day a week, year-round. Sometimes the weather doesn't agree with my retirement plan. This is already one of the hottest summers on record and it's just beginning. If you live long enough, you're going to encounter everything from drought to floods, sometimes all in the same season. My wife and I seem to have a knack for planning trips that end up with unusual weather.

We went to Lake George with another couple, and our young children. We decided to stay in a wooden cabin that was right on Lake George, near Diamond Point. Of course, it happened to be during a heat wave with temperatures averaging one hundred degrees. The cabin didn't have air conditioning, or even a fan. We had to walk down a long steep rickety wooden platform to get to the water. Not an easy task when sweat is dripping down your face and you've got an infant in one arm and an impatient toddler pulling your other arm. I spent my free time in my belly boat fly fishing for rock bass. They didn't seem to mind the heat, and they pulled with gusto on a three-weight rod. I loved that belly boat, but I couldn't talk anyone else into using it to cool off.

Another camping trip took us to Hickory Park. We were supposed to be at Hickory Run State Park, but somehow, we ended up in a private campground. It had a small pond that was loaded with small bass. Our camp site was located just below a dirt hill. It started pouring rain on the first day, and every day after that. I walked around in a bathing suit and sandals, and to my wife's utter frustration seemed to be enjoying myself. What can I say, if I'm catching fish, I'm happy. The kids and I were covered in mud that we kept tracking into the tent. My wife's cousin and her husband were miserable (he doesn't fish). On the morning of the fourth day, they packed up and headed for home. Just as their car was turning onto the main road, the sun came out and the rain stopped. My wife let me know in no uncertain terms that she was never camping again. I talked her into buying a pop-up tent camper, and she started to enjoy camping again.

One year, after we began our empty-nest life, we decided to go camping at North South Lake in mid-October. The couple we were with also had a pop-up camper. During the day we dealt with gale force winds, and at night the temperature went down to thirty degrees. We had brought our kayaks and planned to spend our days fishing and kayaking. It was impossible to make a good cast, and your line would immediately be dragged by the wind. I tried trolling my fly behind the boat, but the wind kept pushing me back to the shore. I've always been an early riser; I'm usually up by five. The rest of our group liked to sleep in. I would take my flyrod and a popper and walk down to a sheltered cove that had lily pads close to shore. I would toss my fly onto the edge of the pads, and wait, like Bill Dance used to say, until it almost kills you. Then I would give it a slight twitch. There would be a sound like a toilet bowl flushing and a nice bass would test me to see if I was really awake yet. I tried to talk my friend into getting up early, but he insisted that we could catch fish from our kayaks if we kept trying (we didn't).

I guess fishermen have a different mentality than the average citizen when it comes to bad weather. Maybe I was born during a "crossfire hurricane". As long as I can find a way to go fishing, I'm pretty easy to please. There's always something that will take a fly, I'm not fussy. My favorite magazine used to be Warmwater Flyfishing. My bucket list fish isn't a Tarpon or a Permit, it's a Long Nosed Gar. The idea of catching a fish with a small piece of rope for a fly just gets my heart all-a-flutter.





Fishing with Friends

Fishing with Friends - Process

Process

- Sign up beginning at the April meeting
- Download the Team Reach App – allow the app to receive notifications
- You will be contacted with the code for joining the LIFR Fishing with Friends Team
- Use the app if you are going fishing and would like someone to join you or to plan a fishing outing
- Respond to notifications for fishing opportunities if you are interested

Fishing with Friends



- Create a forum to meet and fish with club members
- Centralized hub for members to post and respond to fishing opportunities
- Simple non intrusive communication process using the Team Reach app

Fishing with Friends – Team Reach App



- TeamReach has everything needed to manage and instantly communicate with your team, club, or group.
- It's **EASY, INTUITIVE, SAFE** and **FREE!**
- Team Reach reduces confusion by serving as a central place for all communications.
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LIFR Instagram Page

Joe Coccaro, , has volunteered to manage an instagram page for the club. He would like to encourage our members to submit fishing pictures to him for inclusion on the page.

Please include your name, location, type of fish and any other info you think important with your photos. Photos can be emailed directly to Joe:

jvcoccaro@gmail.com

Or text : [516-818-6265](tel:516-818-6265)



LIFR MONDAYS AT CONNETQUOT

Because of changes at Connetquot River State Park, the Club is now required to pay the park for all members fishing that day, morning or afternoon session.

In order to accomplish this, effective immediately, if you want to fish the 12 noon to 4:00pm afternoon session, you must send a check, in advance, for \$25, made out to

If you are fishing the morning session, you may pay at the park on the day you fish.

Text, email, or call to make your reservation.

Your check must arrive no later than the Saturday before fishing day. If you need to cancel for any reason, please do so by the Saturday before fishing day. I will hold your check aside for future visits to the park.

**Unfortunately, no-shows who do not cancel,
will forfeit their payment.**



Monday Fishing at Connetquot River State Park - 2026

August 17

**2 Sessions: 8am to 12pm - 12pm to 4pm
@ \$25 per session**

LIFR Connetquot Fishing - August, 17 2026

Good news members, our Board approved fishing for **this month**. Additionally, if you want to fish, there will be **2 Session: 8am to 12pm - 12pm to 4pm**. Please observe the rules listed below so all our members can safely enjoy their day on the river.

Please do not enter the park before 7:10 AM.

We will be restricting the number of fishermen on the river to 10 members per session.

All members that want to fish must register with **Shawn Sullivan** by phone, email or text; **first come first served**; he will confirm your reservation. If you need to cancel please do so 72 hours prior to **Monday, August 17** so that your reservation can be offered to another Flyrodder on the wait list. Please call, text, or email Shawn: **516 236 6554**, or email Shawnsul8@aol.com

Members are restricted to one fishing session in order to give more LIFR members an opportunity to fish. You might be able to fish a second session if we fail to get 10 fishermen at each session. Ted will keep a waiting list to advise of another fishing session opportunity if requested.

At the park please place \$25.00 in cash in an envelope with your name on it; there will be a box available for collection.



The Long Island FlyRodders now have a Group Facebook page (LIFR Group). This page can be used by LIFR Members to post fishing info, pictures, invitations, etc. Andy Murad and Bill Smith are the Admins for the page. If you haven't been added to the page already, just log onto LIFR Group and request to join the page.

Night/Sport Fishing Permit: The New York State Office of Parks, Recreation and Historic Preservation ñ Long Island Region - will be accepting dashboard permit applications until March 31, 2025. They will go back on sale **September 7 through December 31, 2025**. There will be no mail-in or in-person sales. One application can be used for multiple permit requests for the same vehicle. Permit(s) will be mailed to the address indicated on the application. For questions, please call the Permit Department at (631) 321-3770.

To purchase a 2025 Dashboard Permit Apply online through DocuSign: visit **parks.ny.gov**, Long Island Region to apply. Valid credit card is required for payment. Permit(s) will be mailed once processed.

Fees are as follows and determined by issuing state of the applicant's driver's license:

4 X 4 FISHING \$80 (NY resident), \$125 (out of state)

CAMP HERO FISHING \$40 (NY resident), \$75 (out of state)

NIGHT/SPORT FISHING \$35 (NY resident), \$60 (out of state)

To purchase a Night/Sport Fishing permit.

YOU MUST HAVE THE FOLLOWING DOCUMENTS WHEN APPLYING:

1. Valid e-mail address
2. Valid driver's license of the applicant
3. Valid vehicle registration and license plate information
4. Valid NYS DEC Recreational Saltwater/Marine Fishing Registry ID # (required for fishing dashboard permits).

How to register with the DEC for the free MARINE REGISTRY:

-ONLINE: <https://decals.licensing.east.kalkomey.com/>



The Flyrodder
is a monthly publication of
The Long Island Flyrodders
www.liflyrodders.org

Morty Schneiderman

Editor

lifrnews@gmail.com

The Long Island Flyrodders
meet at 7:30 PM on the
first Tuesday of each Month
at the:

**Levittown VFW Hall
55 Hickory Lane
Levittown, NY**

(North of Hempstead Turnpike
& West of Jerusalem Avenue)

2026 OFFICERS:

Shawn Sullivan
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Andy Murad
Vice President

Karin Stainkamp
Secretary

Peter Harris
Treasurer

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Harry Hessel

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Mark Poris

Jim Pungello

Morty Schneiderman

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Fishing Photos

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photos to
webmanager@liflyrodders.org, with a brief
description. If you're a fan of our Facebook
page, you can add them directly there and we'll
copy them to the website's photo gallery***

LIFR Needs You!

Our club needs volunteers.
Please donate some of your time to help out
at meetings and for other important club
business.

If you can spare a little of your time,
please see Pres. Ed Kohler or any Board
Member for information. Thank You

Project Healing Waters Update

Project Healing Waters Fly Fishing, PHWFF, based in Northport VA, has **new fishing dates**. The Veterans will be fishing Connetquot on the **first Monday of every month**. And, as before, they look to LIFR for volunteers to guide and assist. If you would like to guide, assist and teach a Veteran fly fishing at Connetquot, call:

Jim Gilmartin, 516-241-5868



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Online Hatch Guide for Club Members

I've been dealing with **Trident Fly-fishing**

(www.tridentflyfishing.com) out of Massachusetts and found an interesting hatch guide for multiple states and streams within each state that might be useful to club members.

The webpage URL is <https://flyshack.com/HCState.aspx>. You scroll each state to find the stream you're interested in. I referenced the Schroon River in Lake George as my wife and I will be up there in early June. Thanks. Tight Lines.
Don Ghee

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Visitors are always welcome.

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Berkley has a program for recycling **used fishing line**. If you call them and you are a **business**, they will send you a shipping box (prepaid) to send in the line. Their only stipulation is that the line be clean and free of all debris, hooks, and metal attachments. Here's the Berkley number.

1-800-BERKLEY or 1-800-237-5539

If you are not a business and you have a bag of line, send it to the following address. Remember that birds and marine animals become entangled in fishing line. Do what you can. Make sure the line is clean of debris, hooks, and metal attachments.

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INTERNATIONAL



How to stay in the fly fishing game for a lifetime

Many members have found the following
blog post, "**How to stay in the fly fishing game
for a lifetime**," posted January 29, 2020, by
Domenick Swentosky," on his
blog, troutbitten.com, to be meaningful.

We include the link below:

<https://troutbitten.com/2020/01/29/how-to-stay-in-the-fly-fishing-game-for-a-lifetime/>

Thanks, Mike Postol

Saltydogfishingchartersllc

[Saltydogfishingchartersllc@facebook](https://www.facebook.com/saltydogfishingchartersllc)

Saltydogfishingcharters@yahoo.com

(516) 647-5115



**LONG ISLAND FLYRODDERS, INC. (LIFR)
MEMBERSHIP APPLICATION
or RENEWAL AND RELEASE**

APPLICATION FOR YEAR 202 _____

The undersigned hereby applies for membership or renewal, in the **LONG ISLAND FLYRODDERS, INC. ("LIFR")**. The Undersigned verifies that I understand the inherent risk in participating in the activities and fishing or other trips (**Trip**) of the LIFR. I am physically fit, and I am aware of, and have sufficiently prepared for, the rigors of all such activities and Trips. I understand that a Trip may take me into remote areas, and that I may not be able to be promptly evacuated or receive proper medical care in the event of injury or disease. I further understand that I am solely responsible for all costs of medical treatment and transportation. I assume the risk of undertaking the **Trip**, including traveling to and from the Trip destination.

I am fully aware of risks of contracting an infection and/or disease, including but not limited to Covid-19 and its variants, as a result of participating in such activities. I will comply with all CDC Guidelines.

The undersigned, intending to be legally bound, for myself, my heirs, executors, and administrators, ("Releasor") waive and release any and all rights and claims for personal injury, infection, disease, death, and property damage or loss ("Damage"), that the Releasor may have against, and hold harmless, the Long Island Flyrodders, Inc. (óLIFRô), its Officers, Directors, Trustees, Trip Leaders, and Members, VFW Post 9592, and any of their agents and representatives ("Releasee"), for Damage suffered by the Releasor, arising out of or connected in any way with the LIFR, the Trip, or related activities.

In case of emergency, when reasonably feasible, contact:

print name: _____ **relationship:** _____ **cell phone:** _____

By signing this Membership Application or Renewal and Release, I waive the right to recover money damages in the event I am injured, die, contract an infection and/or disease, or suffer the loss of property while participating in LIFR activities.

Annual Dues: Individual \$60.00 / Family including children up to 16 yrs \$70.00 / Junior (up to 18 yrs) \$15.00

Renewal []	
	Applicant / Releasor: signature:
	Print Name:
	Print Address:
	Print email Address:
Cell Phone:	

The Flyrodder: LIFR
Newsletter will be sent here

Long Island Flyrodders

MEMBERSHIP APPLICATION OR RENEWAL AND RELEASE

PLEASE NOTE: If you change your PO or email address, you must notify LIFR by sending an email to webmanager@liflyrodders.org OR by writing to: LIFR PO Box 8091, Hicksville NY 11802. This will ensure our correct records and your timely receipt of your Flyrodder.

IF YOU PREFER TO PRINT OUT, FILL-IN, AND MAIL-IN THIS APPLICATION, PLEASE HAVE EACH MEMBER AND FAMILY MEMBER SIGN, AND MAIL WITH THE APPROPRIATE CHECK PAYABLE TO: *Long Island Flyrodders* PO Box 8091 Hicksville, NY 11802

OPTIONAL ADDITIONAL INFORMATION:

- ☐ Answering or not answering, or how you answer has **NO** bearing on your eligibility.
- ☐ The Club places no restriction on its membership other than a boundless enthusiasm for the fly rod, its literature and traditions and a willingness to participate in the free and unhampered exchange of fly fishing information among its members.
- ☐ The following answers gives the Board information about the makeup of the membership.
- ☐ Knowing your expectations helps us to create the programs.

Print Name: _____ Age: _____

Occupation: _____ Retired ☐

Do you use a fly rod now? YES ☐ NO ☐ How many years: flyfishing: _____ How many years salt _____

Where do you fish regularly? _____

If you own a boat, Describe: Length: _____ Make: _____ Model: _____

Do you kayak-fish? YES ☐ NO ☐ If you own a kayak, Make/Model _____

In which committee would you like to help?

- ☐ CASTING
- ☐ CONSERVATION
- ☐ FISHING OUT-
- ☐ INGS
- ☐ FLYTYING
- ☐ PROGRAM

- ☐ HOSPITALITY
- ☐ MEMBERSHIP
- ☐ SHOWS &
- ☐ EVENTS
- ☐ PUBLIC RELATIONS
- ☐ WEB SITE

☐ NEWSLETTER

☐ _____

LONG ISLAND FLYRODDERS COMING EVENTS
August - 2026

August 4

Club Meeting 7:30pm

John Horner

- Live Fly Tying Demonstrations

Casting at 6:30 (weather permitting) No BBQ - Mini Subs & Salads

August 12

Presentation at Baiting Hollow Scout Camp (**need a few more volunteers**)

August 15

Club Picnic at Belmont Lake, *sign up and pay at the August meeting.*

August 17

Connetquot River Club Day, there will be 1 session, 11am to 3pm

Pay Shawn at the gate \$25

(Details, Info, Rules & Regs on page 7)

August 25

LIFR Board Meeting 7pm (Zoom)

FLYRODDER
P.O. Box 8091
Hicksville, NY 11802

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