



ELEMENTARY SCHOOL PROGRAMS

Feelings & Friendships

A fun, engaging series where children can explore their emotions, better understand interactions with others, & learn how to develop healthy friendships.

Versions are available for 1st-2nd Grade & 3rd-4th Grade

Duration: 1 Hour 15 Minutes per session

Of Sessions: 3

Ideal for: Classroom Settings

Game Time

Students will have an opportunity to mingle in groups and play a variety of board games. They can socially interact with other students in a relaxed setting, have friendly competition and possibly learn to play new games and meet new friends.

Recommended Age Range: 4th- 5th Grade

**Duration: Flexible
Of Sessions: Flexible**

Ideal for: Before/After-School Programs

Relationship-ology: A healthy relationship series

The curriculum explores the basic concepts of healthy relationships in a student's life, with a central focus on healthy friendships. The goal of each presentation is to expand their insight through conversation and activities.

Recommended Age Range: 4th- 5th Grade

**Duration: 30 minutes per session
Of Sessions: 4**

Ideal for: Elective course offerings/ push-in programs during the school day

Rise UP: Becoming an Upstander Against Bullying

Students learn what they can intentionally do to take on the Upstander role rather than role of Bully or Bystander. Some of the thought-provoking topics include: bullying versus other forms of conflict; immediately recognizing bullying & cyberbullying; By-standing vs Up-standing; considerate online etiquette; and the great importance of EMPATHY.

Recommended Age Range: 4th- 5th Grade

**Duration: 1 Hour per session
Of Sessions: 4**

Ideal for: Elective course offerings/ push-in programs during the school day

Study Skills



This useful program provides an introductory look to students on how to improve their time management & organizational skills as it pertains to their study habits. This helps to improve their overall school performance by being better organized in completing tasks and preparing for exams and projects.

Recommended Age Range: 5th Grade | Duration: 1 Hour per Session # Of Sessions: 3

Ideal for: Push-in programs during the school day

Town of Smithtown Youth Bureau

Programming & Scheduling **FAQ:**



1. **How much do your programs cost?**

All programs are fully funded and able to be provided to Town residents at no cost.

2. **I have a program in mind, but it's not on this list. Can you still help me?**

Yes! If you have a topic in mind for a program reach out to our Youth Counselor, Melissa Kass, at mkass@smithtownny.gov to see how we can best assist you. If time permits, we are often able to develop additional programs based on community need.

3. **How can I register my child for one of these programs?**

This program list is included for scheduling purposes. Scheduling is intended for schools and other organizations with groups of 10 or more students. Any student interested in attending a program should check our current newsletter or contact their school to see when their next scheduled program will run.

