

MY STORY

"Always be ready to make your defense to anyone who demands from you an accounting for the hope that is in you" - 1 Peter 3:15



"I WAS"

"He who is faithful and just will forgive us our sins and cleanse us from all unrighteousness." - 1 John 1:9

As I think about my life or this time in my life, what moment makes me sad, ashamed or angry?

When I think about my past and my life now, how would I answer this statement:

I was _____



"JESUS DID"

"I came that they may have life, and have it abundantly." - John 10:10

What did Jesus help me with in my life?

When I think about my past and my life now, how would I answer this statement:

Jesus did _____



"I AM"

"So if anyone is in Christ, there is a new creation: everything old has passed away; see, everything has become new." - 2 Corinthians 5:17

When I think about my life and the person I am today, what is the biggest change or difference?

When I think about my past and my life now, how would I answer this statement:

I am _____



"Remember that you are never alone, Christ is with you on your journey every day of your lives! He has called you and chosen you to live in the freedom of the children of God. Turn to Him in prayer and in love. Ask Him to grant you the courage and strength to live in this freedom always. Walk with Him who is 'the Way, the Truth and the Life.'" - **St. John Paul II**



Diocese of
Green Bay

MY PRAYER

"Come to me, all you who labor and are burdened, and I will give you rest." - Matthew 11:28



"I AM"

"The Lord is close to the brokenhearted
and saves those who are crushed in spirit."

- Psalm 34:18

What suffering or struggling are
you experiencing right now?

What sin weighs heaviest on your
mind and heart?

What is your greatest need,
worry, or anxiety?

I am _____



"JESUS PLEASE"

"Jesus said to him in reply,
'What do you want me to do for you?'"

- Mark 10:51

What do you need from Jesus at
this moment?

What specific healing, miracle, or
mercy do you want to ask him for?

What can he do for you to draw
you into deeper relationship
with him?

Jesus please _____



"SO I CAN"

"And the God of all grace, who called you to his
eternal glory in Christ, after you have suffered a
little while, will himself restore you and make you
strong, firm, and steadfast." - 1 Peter 5:10

What would healing, comfort,
or forgiveness feel like for you?

What change would you anticipate
seeing in your life because of
Jesus' movement and action?

What difference would Jesus
make to your life right now?

So I can _____

"We ask God to heal so many problems, our practical needs,
and this is right, but what we must ask him for insistently is
an ever firmer faith, so that the Lord may renew our life, as
well as firm trust in his love, in his Providence that never
abandons us." - Pope Benedict XVI

BURNING HEARTS 