

Parish Nurse at Trillium

"A parish nurse is a registered nurse with specialized knowledge who is called to ministry and affirmed by a faith community to promote health, healing and wholeness"

Canadian Association of Parish Nurse Ministry

I am excited to introduce myself as Trillium's parish nurse as of 1 March 2021. I will be serving the Trillium family one day per week for a 3-month trial period.

For those of you who don't know me, I have been attending Trillium since 2011 and have grown to know and love the church and my church family. It is a privilege for me to serve the community of Trillium in this new role as parish nurse.

I am a Registered Nurse with a background in intensive care nursing, working both in South Africa and Canada. More recently I have worked as community visiting nurse for Paramed in the Guelph/Puslinch/Rockwood area and currently I work part-time in a Grand River Hospital kidney clinic. In these last 2 positions I have become very familiar with the LHIN (old CCAC - Community Care Access Center) and how it operates.

Currently I am completing Part 2 of a 3-part course that will give me the Certificate in Parish Nursing. I am fully Covid vaccinated, thanks to my job at GRH.

Please feel free to give me a call if you are facing any of the following in your life. Our conversations or visits together will be entirely confidential.

Can you relate to any of the following?

- feeling lonely or isolated and despondent
- facing changes in your health status that are troubling to you
- find your medications are confusing and this leads you to skip doses sometimes
- would like support when attending specialist medical appointments
- are having trouble understand the LHIN services available to you
- about to be admitted or discharged from hospital
- have a medical procedure or surgery that is coming up

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Office hours: Friday 10am-12 noon