

Self-insured

Summary of change list
2020 Aetna Standard Plan

Aetna Standard Plan – July 1, 2020 updates

There will be changes to the Aetna Standard Plan drug list that applies to your plan starting July 1, 2020. It's important that you review and understand the changes in the chart below. Talk to your health care provider about how these changes might impact you.

What if I need a prescription drug that requires a medical exception?

You or your prescriber can request a medical exception to the changes in this letter. If you would like to ask for a medical exception, speak directly with your prescriber or you can call us at the toll-free number on your member ID card.

We'll contact you and your prescriber with our decision. If your exception is approved, you only need to pay your plan copay or cost-share. This amount is based on your pharmacy plan design.

How to find a preferred medicine that's right for you

You can visit the website that's on your member ID card and sign into your account.

Key	
UPPERCASE	Brand-name medicine
<i>lowercase italics</i>	Generic medicine

Drugs moving from not covered to covered status

Condition	Drug name
Acne	ONEXTON
Cancer	VERZENIO
Cardiovascular	PRALUENT
Diabetes	BAQSIMI
Hereditary Angioedema	TAKHZYRO
HIV	SYMTUZA
Migraine	EMGALITY, REYVOW, UBRELVY

Drugs moving from non-preferred to preferred (Tier 3 to Tier 2) status

Condition	Drug name
Psoriasis	BRYHALI

Drugs moving from preferred to non-preferred (Tier 2 to Tier 3) status

Condition	Drug name	Alternative(s)
Arthritis	DAYPRO, MOBIC	<i>diclofenac sodium DR, diflunisal, etodolac, ibuprofen, meloxicam, nabumetone, naproxen, oxaprozin, sulindac, ADVIL, and ALEVE</i>
Cardiovascular	ISORDIL TITRADOSE	<i>isosorbide dinitrate oral, isosorbide mononitrate, and isosorbide mononitrate ER</i>
Contraception	NUVARING	<i>ethinyl estradiol-etonogestrel</i>
Endocrine Disorders	SENSIPAR	<i>cinacalcet</i>
Gout	ULORIC	<i>allopurinol</i>
Headache	ESGIC/APAP	<i>butalbital-acetaminophen-caffeine tabs and butalbital-aspirin-caffeine</i>
Pain	ULTRAM	<i>tramadol (except NDC 52817019610) and tramadol ER</i>
Ulcerative Colitis	APRISO	<i>balsalazide, mesalamine DR/ER, sulfasalazine, sulfasalazine DR, and PENTASA</i>

Drugs moving from covered to not covered status

Condition	Drug name	Alternative(s)
Acne	<i>clindamycin gel 1% (NDC 68682046275), coremino, minocycline ER tabs</i>	<i>clindamycin: adapalene, benzoyl peroxide, clindamycin gel (except NDC 68682046275), clindamycin solution, clindamycin-benzoyl peroxide, erythromycin solution, erythromycin-benzoyl peroxide, tretinoin, EPIDUO, ONEXTON, TAZORAC</i> <i>coremino, minocycline ER tabs: doxycycline hyclate 20mg, doxycycline hyclate capsule, minocycline, tetracycline</i>
Cardiovascular	REPATHA	PRALUENT
Depression	<i>bupropion XL 450mg tab, fluoxetine 60mg tab</i>	<i>bupropion: bupropion and bupropion XL (except 450mg)</i> <i>fluoxetine: citalopram, escitalopram, fluoxetine (except fluoxetine tablet 60 mg), paroxetine HCl, paroxetine HCl ER, sertraline, TRINTELLIX, VIIBRYD</i>
Eye Disorders	<i>bimatoprost ophth sol 0.03%</i>	<i>latanoprost, LUMIGAN, TRAVATAN Z</i>
Infection	<i>doxycycline hyclate tabs, doxycycline monohydrate, flucytosine, mondoxyne NL, okebo, posaconazole</i>	<i>doxycycline, mondoxyne NL, okebo: doxycycline hyclate 20 mg, doxycycline hyclate capsule, minocycline, tetracycline</i> <i>flucytosine: fluconazole</i> <i>posaconazole: fluconazole and itraconazole</i>
Migraine	<i>ergotamine-caffeine, sumatriptan-naproxen sodium, TREXIMET</i>	<i>diclofenac sodium, ibuprofen, or naproxen (except naproxen CR or naproxen suspension) WITH eletriptan, naratriptan, rizatriptan, sumatriptan, zolmitriptan, NURTEC ODT, ONZETRA, REYVOW, UBRELVY, ZEMBRACE, or ZOMIG</i>
Pain	<i>chlorzoxazone, cyclobenzaprine ER, ketoprofen, lorzone, orphenadrine-aspirin-caffeine, orphengesic forte</i>	<i>chlorzoxazone, cyclobenzaprine, lorzone, orphenadrine-aspirin-caffeine</i> <i>orphengesic forte: cyclobenzaprine (except 7.5mg), ketoprofen: diclofenac sodium, ibuprofen, meloxicam, and naproxen (except naproxen CR or suspension)</i>
Skin Disorders	<i>flurandrenolide lotion, hydrocortisone butyrate lipophilic cream 0.1%, triamcinolone acetonide aerosol 0.2%</i>	<i>flurandrenolide: desonide and hydrocortisone, hydrocortisone</i> <i>triamcinolone: hydrocortisone butyrate cream/lotion/ointment/solution, mometasone, triamcinolone cream/lotion/ointment</i>

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Not all health services are covered. See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by location and are subject to change. The drugs on the Pharmacy Drug Guide (formulary), Formulary Exclusions, Precertification, Quantity Limit and Step Therapy Lists are subject to change.

This material is for information only. It contains only a partial, general description of plan benefits or programs and does not constitute a contract.

Aetna is part of the CVS Health family of companies.

Aetna complies with applicable Federal civil rights laws and does not discriminate, exclude or treat people differently based on their race, color, national origin, sex, age, or disability.

Aetna provides free aids/services to people with disabilities and to people who need language assistance.

If you need a qualified interpreter, written information in other formats, translation or other services, call the number on your ID card.

If you believe we have failed to provide these services or otherwise discriminated based on a protected class noted above, you can also file a grievance with the Civil Rights Coordinator by contacting:

Civil Rights Coordinator,
P.O. Box 14462, Lexington, KY 40512 (CA HMO customers: PO Box 24030 Fresno, CA 93779),
1-800-648-7817, TTY: 711,
Fax: 859-425-3379 (CA HMO customers: 860-262-7705), CRCoordinator@aetna.com.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, or at 1-800-368-1019, 800-537-7697 (TDD).

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TTY: 711

To access language services at no cost to you, call the number on your ID card.

Para acceder a los servicios de idiomas sin costo, llame al número que figura en su tarjeta de identificación. (Spanish)

如欲使用免費語言服務，請致電您 ID 卡上的電話號碼 (Chinese)

Afin d'accéder aux services langagiers sans frais, veuillez composer le numéro inscrit sur votre carte d'identité. (French)

Para ma-access ang mga serbisyo sa wika nang wala kayong babayaran, tawagan ang numero sa inyong ID card. (Tagalog)

T'áá ni nizaad k'ehjí bee níká a'doowoł doo bágħ ílinígoo naaltsos bee atah níljiġo nanitinígíi bee néhéo'dólzinígíi béesh bee hane'í bikáá' áají' hólne'. (Navajo)

Um auf für Sie kostenlose Sprachdienstleistungen zuzugreifen, rufen Sie die Nummer auf Ihrer ID-Karte an. (German)

Për shërbime përkthimi falas për ju, telefononi në numrin që gjendet në kartën tuaj të identitetit. (Albanian)

የቁንቁ አገልግሎቶችን የለከፍያ ለማግኘት፣ በመታወቂያዎች ላይ የለውን ቅጥር ይደውሉ:: (Amharic)

للحصول على الخدمات اللغوية دون أي تكاليف، الرجاء الاتصال على الرقم الموجود على بطاقة الشخصية. (Arabic)

Անվար լեզվական ծառայություններից օգտվելու համար զանգահարեք ձեր ինքնության (ID) քարտի վրա նշված հեռախոսահամարով: (Armenian)

Kugira uronke serivisi z'indimi atakiguzi, Hamagara inumero iri kuri karangamuntu kawe. (Bantu)

আপনাকে বিনামূলে ভাষা পরিষেবা পেতে হলে আপনার পরিচয়পত্রে দেওয়া নম্বরে টেলিফোন করুন। (Bengali)

Ngadto maakes ang mga serbisyo sa pinulongan alang libre, tawagan sa numero sa nimong ID card. (Bisayan-Visayan)

သင့်အနေဖြင့် အခကြောင်းပွဲ မပေးရပဲ ဘာသာစကား၏နောင်မူများ ရရှိပို့ရန်၊ သင့် ID ကတ်ပေါ်တွင်ရှိသော ဖုန်းနံပါတ်အား ခေါ်ဆိုပါ။ (Burmese)

Per accedir a serveis lingüístics sense cap cost per vostè, telefoni al número indicat a la seva targeta d'identificació. (Catalan)

Para un hago' i setbision lengguåhi ni dibåtde para hågu, ågang i numiru gi iyo-mu kard aidentifikasion. (Chamorro)

GYóóL TSÓH. HéóóL TÓÓTHLÉÓL L AÍGóóL LGEGW. L L ÁY, OÍFÉBWSÓÓ Théóú L4óóL HSA. QP
OÓT ID IhñóóL GVPT. (Cherokee)

Anumpa tohsholi I toksvli ya peh pilla ho ish I paya hinla kvt chi holisso iskitini holtena takanli ma I paya. (Choctaw)

Tajaajiiloota afaanii gatii bilisaa ati argaachuuf,lakkoofsa duugda waraaqaa eenyummaa (ID) kee irraajiruun bilbili. (Cushite-Oromo)

Voor gratis toegang tot taaldiensten, bel het nummer op uw ID-kaart. (Dutch)

Pou jwenn sèvis lang gratis, rele nimewo telefòn ki sou kat idantite ou a. (French Creole-Haitian)

Για να επικοινωνήσετε χωρίς χρέωση με το κέντρο υποστήριξης πελατών στη γλώσσα σας, τηλεφωνήστε στον αριθμό που αναγράφεται στην κάρτα σας προνομίων μέλους. (Greek)

તમારે કોઇ જાતના ઘર્ય વિના ભાષાની સેવાઓની પહોંચ માટે, તમારા આઇડી કાર્ડ ઉપરના નંબરને કોલ કરો. (Gujarati)

No ka wala'au 'ana me ka lawelawe 'ōlelo e kahea aku i ka helu kelepona ma kāu kāleka ID. Kāki 'ole 'ia kēia kōkua nei. (Hawaiian)

आपके लिए बिना किसी कीमत के भाषा सेवाओं का उपयोग करने के लिए, अपने आईडी कार्ड पर दिये नम्बर पर कॉल करें। (Hindi)

Xav tau kev pab txhais lus tsis muaj nqi them rau koj, hu tus naj npawb ntawm koj daim npav ID.
(Hmong)

Iji nwetaòhèrè na ọru gasị asusụ n'efu, kpọọ nọmba no na kaadi ID gi. (Ibo)

Tapno maaksesyo dagiti serbisio maipapan iti pagsasao nga awan ti bayadanyo, tawagan ti numero idiy ID cardyo. (Ilocano)

Untuk mengakses layanan bahasa tanpa dikenakan biaya, hubungi nomor telepon di kartu identitas Anda. (Indonesian)

Per accedere ai servizi linguistici, senza alcun costo per lei, chiami il numero sulla tessera identificativa.
(Italian)

言語サービスを無料でご利用いただくには、IDカードに記載の番号にお電話ください。
(Japanese)

무료 언어 서비스를 이용하려면 보험 ID 카드에 수록된 번호로 전화해 주십시오. (Korean)

ÌM dyi wuđu-dù kà kò qò bě dyi móuń nì pídyi ní, ní, qá nòbà nià nì ID káàk kõe. (Kru-Bassa)

بۇ دەسپىرەگەيىشىن بە خزمەتگۈزارى زمان بەمى تېچۈون بۇ تۇ، پەيوەندى بىكە بە ژمارەسى سەر ئاي دى (ID) كارتى خوت.
(Kurdish)

ເຜື່ອເຂົ້າໃຈ້ການບໍລິການພາສາໄດ້ຢຳເນັດຄ່າຕ່າງໆທ່ານ,
ໃຫ້ໃຫຍ່ເປີໂທທີ່ບອກໄວ້ໃນບັດປະລຸດວ່ອງທ່ານ. (Laotian)

कोणत्याही शळ्काशिवाय भाषा सेवा प्राप्त करण्यासाठी, तमच्या ID कार्डवरील क्रमांकावर फोन करा. (Marathi)

Nan etal nan jikin jiban ko ikijen kajin ilo an ejelok onen nan kwe, kirlok nomba eo ilo ID kaat eo am. (Marshallse)

Pwehn alehdi sawas en lokaia kan ni sohte pweipwei, koahlih nempe nan amhw doaropwe en ID.
(Micronesian-Pohnpeian)

ដើម្បីទទួលបានសេវាកម្មភាសាគេណគគិតផ្លូវបាប់លោកអ្នក សូមហេតុរសត្វទៅការ
លើខេណមាននៅបឹងសមាគមីនុយ (Mon-Khmer, Cambodian)

नि:शुल्क भाषा सेवा प्राप्त गर्न आफ्नो परिचयपत्रमा भएको नम्बरमा टेलिफोन गर्नुहोस् । (Nepali)

Të kɔɔr yin wëer de thokic ke cìn wëu kɔr keek tënɔŋ yin. Ke cɔl kɔc ye kɔc kuɔny në nɔmba de abac tö në ID kard du köu. (Nilotic-Dinka)

For tilgang til kostnadsfri språktjenester, ring nummeret på ID-kortet ditt. (Norwegian)

Um Schprooch Services zu griege mitaus Koscht, ruff die Nummer uff dei ID Kaart. (Pennsylvania Dutch)

برای دسترسی به خدمات زبان به طور رایگان، با شماره قید شده روی کارت شناسایی خود تماس بگیرید. (Persian-Farsi)

Aby uzyskać dostęp do bezpłatnych usług językowych proszę zadzwonić numer telefonu na Twojej Karcie Identyfikującej (Polish)

Para acessar os serviços de idiomas sem custo para você, ligue para o número que consta na sua identidade. (Portuguese)

ਤੁਹਾਡੇ ਲਈ ਬਿਨਾਂ ਕਿਸੇ ਕੀਮਤ ਵਾਲੀਆਂ ਭਾਸ਼ਾ ਸੇਵਾਵਾਂ ਦੀ ਵਰਤੋਂ ਕਰਨ ਲਈ, ਆਪਣੇ ਆਈਡੀ ਕਾਰਡ 'ਤੇ ਦਿੱਤੇ ਨੰਬਰ ਤੇ ਫੋਨ ਕਰੋ। (Punjabi)

Pentru a accesa gratuit serviciile de limbă, apelați numărul de pe cardul dvs. de identificare.
(Romanian)

Для того чтобы бесплатно получить помощь переводчика, позвоните по телефону, приведенному на вашей карточке участника плана. (Russian)

Mo le mauaina o auaunaga tau gagana e aunoa ma se totogi, vala'au le numera I lugia o lau pepa ID.
(Samoan)

Za besplatne prevodilačke usluge pozovite broj naveden na Vašoj identifikacionoj kartici. (Serbo-Croatian)

Heeba a hasta jangirde djey wolde, apelou lamba djey do windi ha dereji Maada. (Sudanic-Fulfulde)

Kupata huduma za lugha bila malipo kwako, piga nambari iliyo kwenye kadi yako ya kitambulisho. (Swahili)

بِهِ صَدِيقَةٍ تَمَوَّلُ بِهِ يَلْجَيْهُ وَتَرْكَبُهُ حَلْقَهُ خَتَّكَبُهُ، مُنْبَحَّهُ حَيْنَتَهُ بِلَدِ يَمْكُفَهُ كَرْتَهُ كَعْبَهُ تَبَجَّهُ. (Assyrian

మీరు భాష సేవలను ఉచితంగా అందుకునేందుకు, మీ ID కార్డుపై ఉన్న సంబంధిత కాల్ చేయండి. (Telugu)

หากท่านต้องการเข้าถึงการบริการทางด้านภาษาโดยไม่มีค่าใช้จ่าย โปรดโทรหมายเลขที่แสดงอยู่บนบัตรประจำตัวของท่าน (**Thai**)

Kapau 'oku ke fiema'u ta'etōtōngi 'a e ngaahi sēvesi kotoa pē he ngaahi lea kotoa, telefoni ki he fika 'oku hā atu 'i ho'o ID kaati. (Tongan)

Ren omw kopwe angei aninisin eman chon awewei (ese kamo), kopwe kori ewe nampa mei mak won noum ena katen ID (Trukese)

Sizin için ücretsiz dil hizmetlerine erişebilmek için, kartınızdaki numarayı arayın. (Turkish)

Щоб отримати безкоштовний доступ до мовних послуг, задзвоніть за номером, вказаним на Вашій ідентифікайній картці. (Ukrainian)

بلاقیمٽ زبان سے متعلقہ خدمات حاصل کرنے کے لیے، اپنے شناختی کارڈ پر درج نمبر پر بات کریں۔ (Urdu)

Nếu quý vị muốn sử dụng miễn phí các dịch vụ ngôn ngữ, hãy gọi tới số điện thoại ghi trên thẻ ID (Nhận dạng) của quý vị. (Vietnamese)

צוטרייט שפראָך באַדינונגען אין קײַן פרײַץ צו אַיר, روֹפֵן די נומער אוּפְּ דײַין שִׁין קָאָרט. (Yiddish)

Lati wonú awọn isẹ èdè l'ofe fun ọ, pe nomba ori káádi idánimo rẹ. (Yoruba)