

2025

Georgia Community Paramedicine Conversations & Voices

ECHO

The purpose of the **Georgia Community Paramedicine Conversations & Voices ECHO** is to provide continued learning opportunities to Community Paramedicine Professionals around the state. This ECHO is tailored to increase Community Paramedics' understanding of specifics they may encounter in the field such as motivational interviewing, managing ambivalence, and combatting burnout. Community Paramedics are encouraged to attend to increase their networks of support with peers and subject matter experts.

ECHO SESSIONS: JANUARY - OCTOBER 2025, 1:00PM - 2:00PM VIA ZOOM

JANUARY 21, 2025

What is Motivational Interviewing?

A Brief Primer

Presenter: Megan Ratcliff, PhD, MPH

- Elaborate on how the spirit and principles of MI fit within person-centered care
- Identify the core skills of MI

FEBRUARY 17, 2025

New Ways of Asking to Get Better Answers

Presenter: Megan Ratcliff, PhD, MPH

- Explore alternative ways of asking common closed-ended questions
- Identify questions that help patients move in the direction of change

MARCH 17, 2025

Caring for Ourselves

Presenter: Denise Kornegay, MSW

- Understand the impact of compassion fatigue on individual health
- Articulate strategies to address and mitigate compassion fatigue

APRIL 21, 2025

Encouraging Motivation to Change: Am I Doing this Right?

Presenter: Megan Ratcliff, PhD, MPH

- Self-assess current practice to determine consistency with MI principles
- Identify opportunities to expand current practice

MAY 19, 2025

Case Studies and Collaborative Conversations: A Peer Learning Special

Presenter: Megan Ratcliff, PhD, MPH

- Identify strategies for communicating effectively with patients in challenging clinical scenarios
- Recognize how patient motivation can be used to inform their care

JUNE 16, 2025

Tools of the Trade: Rulers, Agenda Mapping, and Ask-Tell-Ask

Presenter: Megan Ratcliff, PhD, MPH

- Explore application of MI-consistent tools in current practice
- Explain how Ask-Tell-Ask increases patient engagement

JULY 21, 2025

De-escalation of Home/Family Issues

Presenter: Paul Byrd, M.Div. BCC

- Recognize triggers for emotional escalation in home and family settings during EMS response and analyze potential contributing factors
- Develop and practice de-escalation techniques for use in high-stress home and family environments

AUGUST 18, 2025

Listening for Change Talk

Presenter: Megan Ratcliff, PhD, MPH

- Name subtypes of change talk
- Practice identifying and reflecting on change talk

SEPTEMBER 15, 2025

Recognizing Readiness and Evoking a Change Plan

Presenter: Megan Ratcliff, PhD, MPH

- Identify ways to assess readiness for change
- Explore strategies for helping patients create effective change plans

OCTOBER 20, 2025

Georgia EMS & Trauma Update

Presenter: Daniel Warren

- Detail an overview of the Community Paramedicine statistics for Georgia
- Discuss past, present, and future Community Paramedicine Programs in Georgia

FREE CONTINUING EDUCATION CREDITS

EMS: This course has received Georgia Office of EMS and Trauma approval for continuing education credit.

Nurses: The Georgia Board of Nursing deems Southwest Georgia Area Health Education Center (SOWEGA-AHEC) as an approved provider for nursing continuing education (CE). Each activity is approved for 1.0 contact hour towards the continuing education competency requirement for Georgia nursing licensure renewal. Activity Numbers: 2025-08 to 2025-17. No partial credit offered.

Main Presenter:
Megan Ratcliff
PhD, MPH



Dr. Ratcliff received her MPH in Behavioral Science at Emory University School of Public Health and her PhD in Clinical Psychology at University of Georgia. Since becoming a member of the Motivational Interviewing Network of Trainers (MINT) in 2014, she has provided motivational interviewing trainings and workshops throughout the community, with clients including United Way of Atlanta, Georgia Psychological Association, Children's Healthcare of Atlanta, Best Friends Animal Society, HomeTown Health, Plant-Based Juniors, and SOWEGA-AHEC. Her professional mission is to help people to navigate change and growth so that they can live in alignment with their values.

FREE

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