

Prayers of the Rosary

Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen. (As you say this, with your right hand touch your forehead when you say Father, touch your breastbone when you say Son, touch your left shoulder when you say Holy, and touch your right shoulder when you say Spirit.)

The Apostles' Creed

I believe in God, the Father Almighty, Creator of Heaven and earth;; and in Jesus Christ, His only Son Our Lord, Who was conceived by the Holy Spirit, died, and was buried. He descended into Hell; the third day He rose again from the dead; He ascended into Heaven, and sitteth at the right hand of God, the Father almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body and life everlasting. Amen.

The Our Father

Our Father, Who art in heaven, hallowed be Thy Name. Thy Kingdom come. Thy Will be done, on earth as it is in Heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive

those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

The Hail Mary

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of death. Amen.

Glory be to the Father

Glory Be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now and will be forever. Amen.

The Hail! Holy Queen

Hail! Holy Queen, Mother of mercy; our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this vale of tears. Turn, then, most gracious advocate, thine eyes of mercy toward us. And after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. Pray for us, O holy Mother of God, that we may be made worthy of the promises of Christ. Amen.

Mysteries of the Rosary with the Fruits

On Monday and Saturday, meditate on the "Joyful Mysteries" | First Decade: The Annunciation of Gabriel to Mary (Luke 1:26-38) FRUIT: HUMILITY

Second Decade: The Visitation of Mary to Elizabeth (Luke 1:39-56) FRUIT: LOVE OF NEIGHBOR **Third Decade:** The Birth of Our Lord (Luke 2:1-21) FRUIT: POVERTY

Fourth Decade: The Presentation of Our Lord (Luke 2:22-38) FRUIT: OBEDIENCE **Fifth Decade:** The Finding of Our Lord in the Temple (Luke 2:41-52) FRUIT: JOY IN FINDING JESUS

On Thursday, meditate on the "Luminous Mysteries" | First Decade: The Baptism of Our Lord in the River Jordan (Matthew 3:13-17) FRUIT: OPENNESS TO THE HOLY SPIRIT

Second Decade: The Wedding at Cana, when Christ manifested Himself (Jn 2:1-11) FRUIT: TO JESUS THROUGH MARY **Third Decade:** The Proclamation of the Kingdom of God (Mark 1:14-15) FRUIT: REPENTANCE AND TRUST IN GOD **Fourth Decade:** The Transfiguration of Our Lord (Matthew 17:1-8) FRUIT: DESIRE FOR HOLINESS **Fifth Decade:** The Last Supper, when Our Lord gave us the Holy Eucharist (Mt 26: 26-30) FRUIT: ADORATION

On Tuesday and Friday, meditate on the "Sorrowful Mysteries" | First Decade: The Agony of Our Lord in the Garden (Matthew 26:36-56) FRUIT: SORROW FOR OUR SINS

Second Decade: Our Lord is Scourged at the Pillar (Matthew 27:26) FRUIT: PURITY **Third Decade:** Our Lord is Crowned with Thorns (Matthew 27:27-31) FRUIT: COURAGE

Fourth Decade: Our Lord Carries the Cross to Calvary (Matthew 27:32) FRUIT: PATIENCE **Fifth Decade:** The Crucifixion of Our Lord (Matthew 27:33-56) FRUIT: PERSEVERANCE

On Wednesday and Sunday, meditate on the "Glorious Mysteries" | First Decade: The Glorious Resurrection of Our Lord (John 20:1-29) FRUIT: FAITH

Second Decade: The Ascension of Our Lord (Luke 24:50-53) FRUIT: HOPE **Third Decade:** The Descent of the Holy Spirit at Pentecost (Acts 2:1-41) FRUIT: LOVE OF GOD

Fourth Decade: The Assumption of Mary into Heaven FRUIT: GRACE OF A HAPPY DEATH **Fifth Decade:** The Coronation of Mary as Queen of Heaven and Earth FRUIT: TRUST IN THE INTERCESSION OF MARY