

The logo features a red octagon with a white hand icon inside, followed by the text "STOP THE BLEED" in bold red and black, and "TRAINING CLASSES" in blue.

STOP THE BLEED[®] TRAINING CLASSES

*Are you prepared to assist
a victim experiencing major
blood loss?*



Non-medical bystanders can help save lives by providing immediate bleeding control principles and aid until first responders arrive.

Stop the Bleed is a **FREE** class offered by Monroe Volunteer Emergency Medical Services.

The class is a combination of lecture and hand-on training on wound packing and tourniquet use to train, equip and empower the bystander in the critical first minutes after a traumatic injury that causes bleeding. The class generally takes an hour to 90 minutes to complete, depending on the amount of participants.

EACH PARTICIPANT RECEIVES:

- Professional **FREE** hands on training on blood loss techniques
- Lecture by expert in the field
- Information on how to obtain bleeding control kits

Stop the Bleed was developed by the Hartford Consensus (a collaboration of public safety organizations, law enforcement and the government), who recognized the need to educate the public on how to prevent people from dying in a life-threatening, bleeding emergency, as a response to the 2012 Sandy Hook tragedy and multiple tragedies since. For further background, visit **BLEEDINGCONTROL.ORG**



Follow us on Facebook to keep on top of the latest news
@MonroeVEMS

or email us for more information at
Training@MonroeVEMS.org