



FLAME  LOVE
OF THE IMMACULATE HEART OF MARY

54 - DAY GENERATIONAL ROSARY NOVENA

November 1 – December 24, 2026



FOR PERSONAL AND
EDUCATIONAL PURPOSES ONLY.

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We Were Created...

Fr. Chris Alar, MIC explains in the “Divine Mercy & The Flame of Love in 10 Minutes” video how St. Thomas Aquinas summarizes the Catholic faith. **EXITUS, REDITUS** (in Latin). All comes from God, All will return to God.

CREATION | GOD THE FATHER

St. Thomas Aquinas teaches that the **greatest misery of all is simply not to be. Creation is God’s first great mercy:** He called each of us, and every ancestor in our line, out of nothing and into life.

REDEMPTION | GOD THE SON

After the Fall, **the Son came down and paid the price for every human being. Redemption is God’s second great mercy.** Everyone is redeemed; not everyone chooses to receive it. Redemption opens the door; we still have to walk through it.

SANCTIFICATION | GOD THE HOLY SPIRIT

The third mercy is the Spirit’s work of making us holy – what the East calls divinization – **so that we can return to the Father forever.** This is where the **Flame of Love** lives, the great grace given to a creature was poured into Mary’s Immaculate Heart, and **she now wants to pour that same love into every family, preparing the world for the Triumph of her Immaculate Heart.**

Source: Fr. Chris Alar, MIC, “Divine Mercy & The Flame of Love in 10 Minutes”; St. Thomas Aquinas, *Summa Theologiae* I, q. 2, prologue.

Why

THE FLAME OF LOVE FOR GENERATIONAL HEALING ?

Every family carries light and shadow down the generations. The Flame of Love is Our Lady's answer: a grace that heals at the root and makes every home a place where she works quietly, heart to heart.

THROUGH THE FLAME OF LOVE
OF THE BLESSED VIRGIN,
FAITH WILL TAKE ROOT
IN SOULS,
AND THE FACE OF THE EARTH
WILL BE RENEWED,
BECAUSE
“NOTHING LIKE IT
HAS HAPPENED
EVER SINCE
THE WORD BECAME
FLESH.”

Jesus to Elizabeth

Kindelmann, Elizabeth. *The Flame of Love of the Immaculate Heart of Mary*
The Spiritual Diary, 2nd ed. (2019), March 24, 1963 (p. 149)

How

THE FLAME OF LOVE HEALS

Jesus spoke first of His own home in Nazareth, "the warm and cherished living place for the Holy Family," the sanctuary "that souls come back to, after having strayed far." Then He spoke of what His Mother wants to do for our family:

"SHE PLACES THE HEALING POWER
OF HER MATERNAL GOODNESS
AT THE ROOT OF EVIL...

She wants every family to be a sanctuary, a wonderful place where, in union with you, she works miracles in the depth of hearts. Going from heart to heart, she places in your hands the Flame of Love of her heart. "The Blessed Virgin: Through your prayers and sacrifices, it will blind Satan who wants to rule over families... Through you, my little Carmelite, I want all to know the anguish that springs up from the boundless love of my maternal heart because of the danger threatening the entire world by the disintegration of the family sanctuaries. I direct my maternal cry to all of you, and in union with you, I want to save the world. I allow you, my little one, to be the first to feel this immense effort I am beginning to deploy in order to blind Satan... Your compassionate heart makes you worthy to spread my Flame of Love. And all those who will share in my sorrow will also have the right to receive this great grace by which we will save souls from eternal damnation."

The Blessed Virgin to Elizabeth
Kindelmann, Elizabeth. The Flame of Love of the Immaculate Heart
of Mary, The Spiritual Diary, January 17, 1964 (pp. 187-188)

Why

FL 54-DAY ROSARY NOVENA?



The very first novena was prayed by a family - Our Blessed Mother Mary and the apostles, nine days together in the Upper Room before Pentecost (Acts 1:14). The 54-Day Rosary Novena keeps that rhythm: six novenas, prayed with a deep conviction. In the Diary, Jesus promised a new Pentecost through the Flame of Love:

“...THE TIME OF GRACE
AND THE SPIRIT OF LOVE
QUITE COMPARABLE
TO THE FIRST PENTECOST,
FLOODING THE EARTH WITH ITS POWER.
THAT WILL BE
THE GREAT MIRACLE
DRAWING
THE ATTENTION OF ALL HUMANITY.
ALL THAT IS THE EFFUSION
OF EFFECT OF GRACE
OF THE BLESSED VIRGIN’S
FLAME OF LOVE.

From the same entry, March 24, 1963.

Elizabeth, recording Jesus · March 24, 1963 · The Spiritual Diary (2nd ed.), p. 149

Who

ARE WE PRAYING FOR?

Scripture says the effects of sin can touch our children.

“DOWN TO THE THIRD AND FOURTH
GENERATION” (EX 20:5)

BUT GOD’S LOVE REACHES

“TO THE THOUSANDTH GENERATION”
(EX 20:6)

AN ANCESTOR’S CHOICES CAN LEAVE
WOUNDS, PATTERNS,
OR TENDENCIES

THAT A GREAT-GREAT-GRANDCHILD STILL FEELS.

THE GUILT IS NEVER INHERITED;

ONLY THE EFFECTS

AND THOSE,

JESUS CAME TO HEAL.

GENERATIONS IN OUR
FAMILY LINEAGE

Prayed together for your spouse's
family on the same day as well.

Who

ARE WE PRAYING FOR?

GENERATIONS IN OUR FAMILY LINEAGE

Prayed together for you spouse's family on the same day as well.

So we pray for each one in our line, from our great-great-grandparents down to our grandchildren, and for our spouse's family on the same days. Not to judge them, but to thank them, forgive them, ask forgiveness, and place every one of them in our Blessed Mother Mary's Heart.



5th Generation



**DAY1 • PATERNAL GREAT-GREAT
GRAND FATHER 1**

**DAY2 • PATERNAL GREAT-GREAT
GRAND MOTHER 1**

**DAY3 • PATERNAL GREAT-GREAT
GRAND FATHER 2**

**DAY4 • PATERNAL GREAT-GREAT
GRAND MOTHER 2**

**DAY5 • PATERNAL GREAT-GREAT
GRAND FATHER 3**

**DAY6 • PATERNAL GREAT-GREAT
GRAND MOTHER 3**

**DAY7 • PATERNAL GREAT-GREAT
GRAND FATHER 4**

**DAY8 • PATERNAL GREAT-GREAT
GRAND MOTHER 4**

**DAY9 • MATERNAL GREAT-GREAT
GRAND FATHER 1**

**DAY10 • MATERNAL GREAT-GREAT
GRAND MOTHER 1**

**DAY11 • MATERNAL GREAT-GREAT
GRAND FATHER 2**

**DAY12 • MATERNAL GREAT-GREAT
GRAND MOTHER 2**

**DAY13 • MATERNAL GREAT-GREAT
GRAND FATHER 3**

**DAY14 • MATERNAL GREAT-GREAT
GRAND MOTHER 3**

**DAY15 • MATERNAL GREAT-GREAT
GRAND FATHER 4**

**DAY16 • MATERNAL GREAT-GREAT
GRAND MOTHER 4**



4th Generation



**DAY17 • PATERNAL GREAT
GRAND FATHER 1**

**DAY18 • PATERNAL GREAT
GRAND MOTHER 1**

**DAY19 • PATERNAL GREAT
GRAND FATHER 2**

**DAY20 • PATERNAL GREAT
GRAND MOTHER 2**

**DAY21 • MATERNAL GREAT
GRAND FATHER 1**

**DAY22 • MATERNAL GREAT
GRAND MOTHER 1**

**DAY23 • MATERNAL GREAT
GRAND FATHER 2**

**DAY24 • MATERNAL GREAT
GRAND MOTHER 2**

Who

ARE WE PRAYING FOR?



3rd Generation

DAY25 • PATERNAL
GRAND FATHER

DAY26 • PATERNAL
GRAND MOTHER

DAY27 • MATERNAL
GRAND FATHER

DAY28 • MATERNAL
GRAND MOTHER



2nd Generation

DAY29 • FATHER
DAY30 • MOTHER



MY Generation

DAY31 • ME + SPOUSE + SIBLINGS
PREVIOUS SPOUSE/S OR OTHER
SEXUAL/EMOTIONAL RELATIONSHIP TIES



MY Descendants

DAY32 • CHILDREN + GRANDCHILDREN



When

NOVEMBER 1ST TO DECEMBER 24

We begin on **All Saints' Day**, with the whole family of heaven cheering us on and reminding us where we are all headed. The next day, All Souls', we remember the loved ones who still need our prayers.

We end on **Christmas Eve**, Day 54, **by accepting the Flame of Love into our hearts** - a gift to unwrap on Christmas morning. On **Christmas Day**, when tradition holds that so many souls are freed from Purgatory, our family can stand together at the crib—the living and the departed, healed and at peace.

The Flame of Love is described as The Holy Spirit is invoked for power of the Flame of Love to come. As we pray, "Come Holy Spirit, come by the means of the power of the Immaculate Heart of Mary."

Petition Phases

FL 54-DAY ROSARY NOVENA

Inspired by the powerful 54-Day Rosary Novena, which consists of six 9-day novenas, the FOL 54-Day Rosary Novena has a specific intention: **the healing of our family's generational lineage.**

The dates themselves are deeply intentional, beginning on **November 1, the Solemnity of All Saints**, and concluding on **December 24, Christmas Eve**. Christmas Day holds a beautiful Catholic tradition that many souls are released from Purgatory on this holy day.

Throughout the 54 days, we pray the Rosary for **32 family members and groups**, while also renouncing the **Seven Deadly Sins**, making reparation to the **Holy Trinity** and for sins against the **Seven Sacraments**, and invoking the powerful help of **St. Michael** and the **Guardian Angels**, **St. Joseph**, the **Blessed Virgin Mary**, and the **Precious Blood of Jesus**.

We conclude the final day accepting the Flame of Love of the Immaculate Heart of Mary, with its powerful prayers.

November 1 (Sunday) – December 24 (Thursday)

Below are the petition intentions covered for each novena.

1st NOVENA • November 1- 9

Paternal Great Great Grand Father 1 - Maternal Great Great Grand Father 1

2nd NOVENA • November 10- 18

Maternal Great Great Grand Mother 1 - Paternal Great Grand Mother 1

3rd NOVENA • November 19- 27

Paternal Great Grand Father 2 - Maternal Grand Father

4th NOVENA • November 28 - December 6

Maternal Grand Mother - 4th Deadly Sin - Anger

5th NOVENA • December 7 - 15

5th Deadly Sin - Lust - 3rd Sacrament - Confirmation

6th NOVENA • December 16 - 24

4th Sacrament - Penance & Reconciliation- Accepting the Flame of Love

Petition Phases

FOL 54-DAY ROSARY NOVENA

Inspired by the powerful devotion, 54-Day Rosary Novena which has SIX 9-day Novenas across the 54 days, the FOL 54-Day Rosary Novena has a specific intention, to Heal the Generational Lineage of our family. The date that starts and ends on this novena is very intentional on the Church's Solemnity Days, November 1, All Saints to the December 24, Christmas Eve. Christmas Day in the Catholic Church holds the tradition that it is the day that most souls are released from purgatory. In addition, praying the rosary for 32 family members/groups, we include, renouncing the 7 Deadly Sins, reparation to the Holy Trinity, reparation for sins against the 7 Sacraments and invoking, Holy Spirit, Jesus, Blessed Virgin Mary, St Joseph and St. Michael. We end the last day with the powerful prayers of Flame of Love of the Immaculate Heart of Mary.

November 1 (Sunday) – December 24 (Thursday)

Below are the petition intentions covered for each novena.

1st NOVENA • November 1 - 9

Paternal Great Great Grand Father 1 - Maternal Great Great Grand Father 1

2nd NOVENA • November 10 - 18

Maternal Great Great Grand Mother 1 - Paternal Great Grand Mother 1

3rd NOVENA • November 19 - 27

Paternal Great Grand Father 2 - Maternal Grand Father

4th NOVENA • November 28 - December 6

Maternal Grand Mother - 4th Deadly Sin - Anger

5th NOVENA • December 7 - 15

5th Deadly Sin - Lust - 3rd Sacrament - Confirmation

6th NOVENA • December 16 - 24

4th Sacrament - Penance & Reconciliation- Accepting the Flame of Love

Breakdown of the Novena

FOL 54-DAY ROSARY NOVENA

54 Days • November 1- December 24

6 Novenas • 32 days - Reparation for Family Members from the 5th generation
(great great-grand parents) down to our descendants
(children and grandchildren)

07 days - Reparation for the 7 Deadly Sins in the Family

Pride, Greed, Envy, Anger, Lust, Gluttony, Sloth

03 days - Reparation for Sins Against the Holy Trinity

God the Father - e.g. Blaming God for natural disasters,
Rejecting or denying the existence of
God. Losing all hope in God's mercy or
falsely presuming salvation without
repentance.

God the Son -
e.g. Speaking words of hatred,
reproach, or defiance against Christ,
or misusing His sacred name. Heresy,
or outright refusal to acknowledge
Jesus as the Son of God and Savior.
Treating the consecrated bread and
wine with extreme disrespect or sacrilege.

God the Holy Spirit - e.g. Despair, Presumption,
Resisting the Known Truth, Envy of
Another's Spiritual Good, Obstinacy
in Sin, Final Impenitence

07 days - Reparation for Sins Against the Sacraments

Baptism, Confirmation, Eucharist,
Penance and Reconciliation,
Holy Orders, Matrimony,
Anointing of the Sick.

05 days - Invoking Powerful Help for the Souls in Purgatory

St. Michael - Light & Hope of souls near death

St. Joseph - Patron Saint of the Dying

Blessed Virgin Mary - Flame of Love of the Immaculate
Heart Of Mary, Help of Christians,
Queen of Families

Precious Blood of Jesus - Washes away & pays the price for
our sin, reconciles humanity with God

FOL Devotion - Blessed Lady, spread the effect of
grace of thy Flame Of Love, Unity Prayer of
Jesus, Come Holy Spirit come by means of
the power of the Flame of Love

Deepen the Healing Power

WITH C.A.R.E.S

"Soulmates" with this Rosary Novena Accelerates Healing

United with **Jesus** through **Mother Mary**
with the **Sacraments**

Confession Returns us to a healed state and repairs the broken bond between our heart and God. Go to confession as often as possible or at least once a month.

Adoration Being in the direct presence of Jesus Christ, we lift our worries, guilt, and emotional pain, allowing Christ to soothe our heavy hearts.

Rosary We invite our Blessed Mother Mary to place the healing power at the root of evil as we immerse in the life of Jesus and Mother Mary.

Eucharist Experience an intimate bond with Jesus, allowing us to experience His unconditional love, which fortifies the soul.

Sacrifice of the Mass Christ's saving passion, death, and resurrection made actively present in the Holy Mass heal the wounds of our sin.

Calendar Schedule

54-DAY ROSARY NOVENA

NOVEMBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
+GLORIOUS  01 PATERNAL GREAT-GREAT GRAND FATHER 1 All Saints Day	+JOYFUL  02 PATERNAL GREAT-GREAT GRAND MOTHER 1 All Souls' Day	+SORROWFUL  03 PATERNAL GREAT-GREAT GRAND FATHER 2 	+GLORIOUS  04 PATERNAL GREAT-GREAT GRAND MOTHER 2 St. Charles Borromeo, Bishop
+GLORIOUS  08 PATERNAL GREAT-GREAT GRAND MOTHER 4 	+JOYFUL  09 PATERNAL GREAT-GREAT GRAND FATHER 1 Dedication of the Lateran Basilica	+SORROWFUL  10 MATERNAL GREAT-GREAT GRAND MOTHER 1 St. Leo the Great Pope & Doctor of the Church	+GLORIOUS  11 MATERNAL GREAT-GREAT GRAND FATHER 2 St. Martin of Tours, Bishop
+GLORIOUS  15 MATERNAL GREAT-GREAT GRAND FATHER 4 St. Albert the Great Bishop & Doctor of the Church	+JOYFUL  16 MATERNAL GREAT-GREAT GRAND MOTHER 4 St. Gertrude, Virgin St. Margaret of Scotland	+SORROWFUL  17 PATERNAL GREAT GRAND FATHER 1 St. Elizabeth of Hungary, Religious	+GLORIOUS  18 PATERNAL GREAT GRAND MOTHER 1 Basilicas of Sts Peter & Paul
+GLORIOUS  22 MATERNAL GREAT GRAND MOTHER 1 Christ the King St. Cecilia, Virgin & Martyr	+JOYFUL  23 MATERNAL GREAT GRAND FATHER 2 St. Clement I Pope & Martyr Bl Miguel Pro, Priest & Martyr	+SORROWFUL  24 MATERNAL GREAT GRAND MOTHER 2 St. Andrew Dung-Lac Priest & Companions Martyrs	+GLORIOUS  25 PATERNAL GRAND FATHER St. Catherine of Alexandria Virgin & Martyrs
+GLORIOUS  29 FATHER FIRST SUNDAY OF ADVENT	+JOYFUL  30 MOTHER St. Andrew Apostle		

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Notes

[illegible]

Calendar Schedule

FOL 54-DAY ROSARY NOVENA

DECEMBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
		+SORROWFUL 01  YOU	+GLORIOUS 02  DESCENDANTS
+GLORIOUS 06 SECOND SUNDAY OF ADVENT 7 DEADLY SINS ANGER /WRATH St. Nicholas, Bishop	+JOYFUL 07 7 DEADLY SINS LUST St. Ambrose, Bishop & Doctor of the Church	+SORROWFUL 08 7 DEADLY SINS GLUTTONY The Immaculate Conception of the Blessed Virgin Mary 	+GLORIOUS 09 7 DEADLY SINS SLOTH St. Juan Diego
+GLORIOUS 13 GAUDETE SUNDAY OF ADVENT SIN AGAINST SACRAMENTS BAPTISM St. Lucy Virgin & Martyr	+JOYFUL 14 SIN AGAINST SACRAMENTS EUCARIST St. John the Cross Priest & Doctor of the Church	+SORROWFUL 15 SIN AGAINST SACRAMENTS CONFIRMATION	+GLORIOUS 16 SIN AGAINST SACRAMENTS CONFESSION
+GLORIOUS 20 FOURTH SUNDAY OF ADVENT INVOKE St. Michael & Guardian Angels	+JOYFUL 21 INVOKE St. Joseph St. Peter Canisius Priest & Doctor of the Church	+SORROWFUL 22 INVOKE Blessed Virgin Mary	+GLORIOUS 23 INVOKE Precious Blood of Jesus St. John of Kanty, Priest
27 Feast of the Holy Family St. John, Apostle & Evangelist	28 The Holy Innocents, Martyrs	29 St. Thomas Becket, Bishop & Martyr	30

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Notes

[illegible]

A Disposition for Prayer

FOL 54-DAY ROSARY NOVENA

We are with Our Blessed Mother at the foot of the cross.

To usher in the

Triumph of the Immaculate Heart of Mary

The spiritual triumph of the Blessed Virgin Mary.

Meditating the Mysteries the FOL Way

Praying and meditating through the
Flame of Love lens leads us to a deeper connection
to the Lord and transformation.

1 Meditating on Relationships

The Unity Prayer of Jesus is a relational prayer. We approach the stories of the mysteries identifying the characters, places, events and seeing their relationship with others. To apply it to the First Joyful Mystery, The Annunciation, we see how our Mother Mary relates and responds to God, accepting God's Will in her humility. We now mirror it in how we relate to God's Will. Do we insist that we know better than what God has planned for us?

2 Meditating How God Sees

The Unity Prayer of Jesus blinds Satan. This leads us to see the truth so we are not led to sin. In the mysteries, we see how the characters were blinded to the truth that led them to fall from God's grace. We mirror this in our lives. Are we the characters in the story who failed to see how God sees the truth?

Why

THE HAIL MARY WITH THE F[♥]L PETITION?

"It is exclusively thanks to the efficacious pleas of the Most Holy Virgin, that the Most Holy Trinity granted the effusion of the Flame of Love. By it, ask in the prayer with which you greet My Most Holy Mother:

... SO THAT, BY ITS EFFECT,
HUMANITY IS
CONVERTED."

From the entry, March 24, 1962.

Elizabeth, recording Jesus
The Spiritual Diary (2nd ed.), p. 149

"I DO NOT WANT
TO CHANGE
THE PRAYER BY WHICH YOU HONOR ME;
BY THIS PETITION, I WANT RATHER
TO SHAKE HUMANITY.
THIS IS NOT A NEW PRAYER FORMULA;
IT MUST BE A CONSTANT
SUPPLICATION."

From the entry,

Kindelmann, Elizabeth, The Flame of Love of the
Immaculate Heart of Mary- The Spiritual Diary
(p.102). Kindle Edition.

2 Ways to Pray

THE HAIL MARY WITH FOL PETITION

1 Pray After the Hail Mary

Hail Mary, full of grace. The Lord is with thee; blessed are thou among women, and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.



Blessed Lady, spread the effect of grace of Thy Flame of Love, over all of humanity. Amen.

* This version follows the FOL Prayer Guide, which bears the Nihil Obstat and Imprimatur and is prayed after the Invocation to the Holy Spirit after each decade.

Imprimatur : +JOSE S. PALMA,
Archbishop of Cebu, May 7, 2025 (Philippines)

2 Pray With the Hail Mary

Insert between "pray for us sinners" and "now and at the hour..."

Hail Mary, full of grace. The Lord is with thee; blessed are you among women, and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners,



spread the effect of grace of Thy Flame of Love, over all of humanity,

now and at the hour of our death. Amen.

Imprimatur : PÉTER CARDINAL ERDŐ,
Archbishop of Esztergom-Budapest, 2009
(Hungary)

OPTIONAL - Meditate in place of the Sign of the Cross at the start and end the rosary.

Meditation on the Five Sacred Wounds of our Lord and Savior, Jesus Christ

I offer myself to the heavenly Father through all the sacred wounds of our Lord and Savior, Jesus Christ:

I kiss the wound of Your sacred left hand Lord, with sorrow deep and true. + *(Make the sign of the cross)*

I kiss the wound of Your sacred right hand Lord, with sorrow deep and true. + *(Make the sign of the cross)*

I kiss the wound of Your sacred left foot Lord, with sorrow deep and true. + *(Make the sign of the cross)*

I kiss the wound of Your sacred right foot Lord, with sorrow deep and true. + *(Make the sign of the cross)*

I kiss the wound of Your sacred side Lord, with sorrow deep and true. + *(Make the sign of the cross)*

Prayers before the Rosary

54-DAY ROSARY NOVENA

- **State Intention: Family Member of the Day**
(pages 17-20)

We pray for each living & departed family member of our family tree, asking for their healing and release from Purgatory (pause for a moment of silence).

- **Act of Contrition**

O my God, I am heartily sorry for having offended Thee, and I detest all my sins because of Thy just punishments, but most of all because they offend Thee, my God, who art all good and deserving of all my love. I firmly resolve with the help of Thy grace to sin no more and to avoid the near occasion of sin. Amen.

- **Breaking Generational Sins and Curses**

In the name of Jesus, I confess the sins and iniquities of my parents (inaudibly name specific sins if known), grandparents (inaudibly name specific sins if known), and all other ancestors. In the name of Jesus and by the power of His most precious blood, I now renounce break and sever all cords of iniquity and generational curses I have inherited from my parents, grandparents, and all other ancestors and break and sever all unholy soul ties formed between myself and my parents, grandparents and all other ancestors. In the name of Jesus, I now loose myself and my future generations from any form of bondages passed down to me from my ancestors and I command any evil spirits which have taken advantage of these cords of iniquity, generational curses and unholy soul ties to leave me now in the name of Jesus. Amen.

Prayers before the Rosary

FOL 54-DAY ROSARY NOVENA

- **Healing the Family Tree**

Heavenly Father, I come before you as your child, in great need of your help; I have physical health needs, emotional needs, spiritual needs, and interpersonal needs. Many of my problems have been caused by my own failures, neglect and sinfulness for which I humbly beg your forgiveness, Lord. But I also ask you to forgive the sins of my ancestors, whose failures have left their effects on me in the form of unwanted tendencies, behavior patterns, and defects in body, mind and spirit. Heal me, Lord of all these disorders.

With your help, I sincerely forgive everyone (NN., inaudibly name the persons if possible), living or dead members of my family tree, who have directly offended me or my loved ones in any way, or those whose sins have resulted in our present sufferings and disorders. In the name of your divine Son Jesus, and in the power of his Holy Spirit, I ask you Father, to deliver me and my entire family tree from the influence of the evil one.

Free all, living and dead members of my family tree, including those in adoptive relationships, and those in extended family relationships, from every contaminating form of bondage. By your loving concern for us, heavenly Father, and by the blood shed of your precious Son Jesus, I beg you to extend Your blessing to me and all my living and deceased relatives. Heal

Prayers before Rosary

54-DAY ROSARY NOVENA

every negative effect transmitted through all past generations and prevent such negative effects in future generations of my family tree.

I symbolically place the cross + of Jesus over the head of each person in my family tree and between each generation; and I ask you to let the cleansing blood of Jesus purify the bloodlines in my family lineage. Set protective angels to encamp around us and permit Archangel Raphael, the Patron of Healing, to administer your divine healing power to all of us, even in areas of genetic disability. Give special power to our family members' guardian angels to heal, protect, guide and encourage each of us in all our needs. Let your healing power be released at this very moment and let it continue as long as your sovereignty permits.

In our family tree, Lord, replace all bondage with a holy bonding in family love and let there be an ever-deeper bonding with you, Lord, by the Holy Spirit to your Son, Jesus. Let the family of the Holy Trinity pervade our family with its tender, warm, loving presence, so that our family may recognize and manifest the love in all our relationships. We include in this petition all of our needs, both known and unknown, as we pray. In Jesus' + precious name. Amen.

How to Pray

F L 54-DAY ROSARY NOVENA

- **Sign of the Cross**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

- **The Apostles' Creed**

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell; on the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father almighty; from there He will come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

- **The Lord's Prayer**

Our Father who art in heaven, hallowed be Your name. Your kingdom come. Your will be done on earth, as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen.

- **Hail Mary** (three times)

Hail Mary, full of grace, the Lord is with thee; blessed are thou among women and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

How to Pray

FL 54-DAY ROSARY NOVENA



Flame of Love Special Petition

Blessed Lady, spread the effect of grace of Thy Flame of Love, over all of humanity. Amen.

- **Glory Be**

Glory Be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now and ever shall be world without end, Amen.

- **Fatima Prayer**

O, my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls into heaven, especially those who are in most need of your mercy. Amen.

PRAYERS FOR EACH DECADE

- The Lord's Prayer
- Hail Mary (10 times)
- Glory Be
- Fatima Prayer



Invocation to the Holy Spirit

Come Holy Spirit! Come by means of the power of the Flame of Love of the Immaculate Heart of Mary. Amen.



Flame of Love Special Petition

CONCLUDING & DEVOTIONAL PRAYERS

- **Hail Holy Queen**

Hail, Holy Queen, Mother of mercy, hail our life, our sweetness, and our hope. To you, do we cry, poor banished children of Eve. To you, do we send up our sighs, mourning and weeping in this valley of tears. Turn then, O most gracious Advocate, your eyes of mercy toward us. And after

How to Pray

FOL 54-DAY ROSARY NOVENA

this, our exile, show unto us the blessed fruit of your womb, Jesus. O clement, O loving, O sweet Virgin Mary.

L: Pray for us, O Most Holy Mother of God.

R: That we may be made worthy of the promises of our Lord Jesus Christ.

Let us pray. O God, whose only begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life. Grant, we beseech You, that by meditating upon these mysteries of the Most Holy Rosary of the Most Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ Our Lord. Amen.



My Adored Jesus,
May our feet journey together,
May our hands gather in unity,
May our hearts beat in unison,
May our souls be in harmony,
May our thoughts be as one,
May our ears listen
to the silence together,
May our glances
profoundly
penetrate
each other,
May our lips
pray together
to gain mercy from
the Eternal Father. Amen.



The Unity Prayer of Jesus

My Adored Jesus. May our feet journey together. May our hands gather in unity. May our hearts beat in unison. May our souls be in harmony. May our thoughts be as one. May our ears listen to the silence together. May our glances profoundly penetrate each other. May our lips pray together to gain mercy from the Eternal Father. Amen.



Adoration

My Adored Jesus, we ask you to take us in spirit before your Eucharistic Presence throughout the world. (Pause for a silent reflection)



Blessed Lady

Blessed Lady, take us and place us where we belong in the Divine Fire. Share with us your Immaculate Conception. (Pause for a silent reflection)

How to Pray

54-DAY ROSARY NOVENA

- **Consecration to the Immaculate Heart of Mary**

O, Mary, the Father sent His Spirit to overshadow and empower you, His Son as your Child to depend on you. I, too, give my whole self to you. I consecrate myself to you. O, Mother and Queen, my body with all its' senses, my soul with all its' faculties, my heart with all its' affection for you to give to Jesus and mold to His likeness. Take all that I am, all that I have, and all that I do. And give these to the Holy Spirit, to form Jesus in me. At the foot of the Cross, He entrusted me to you; take and unite me to Jesus Crucified, humbly obedient to the Father, fully yielded to the Spirit in Love. May He be the Lord of my life and of men, and in His Spirit, the praise and glory of the Father. Amen.

- **Memorare**

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help, or sought your intercession, was left unaided. Inspired by this confidence, I fly unto you, O Virgin of virgins, my mother. To you do I come, before you I stand, sinful and sorrowful. O Mother of the Word incarnate, despise not my petitions, but in your mercy hear and answer me. Amen.

- **Prayer to Saint Joseph**

O, Saint Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interests and desires. O Saint Joseph, do assist me by your powerful intercession and obtain for me from your Divine Son all spiritual blessings through Jesus Christ, our Lord; so that having engaged here below your

How to Pray

54-DAY ROSARY NOVENA

heavenly power, I may offer my thanksgiving and homage to the most loving of Fathers. O Saint Joseph, I never weary contemplating you and Jesus asleep in your arms. I dare not approach while He reposes near your heart. Press Him in my name and kiss His fine head for me and ask Him to return the kiss when I draw my dying breath. Saint Joseph, patron of departing souls, pray for us. Amen.

- **Saint Michael Prayer**

Saint Michael the Archangel, defend us in battle, be our defense against the wickedness and snares of the devil; may God rebuke him we humbly pray. And do thou, O Prince of the Heavenly hosts, by the power of God, cast into hell Satan and all the other evil spirits who prowl upon the earth for the ruin of souls. Amen.

- **Guardian Angel Prayer**

Angel of God, my guardian dear, to whom God's love, commits me here; Ever this day, be at my side to light and guard, to rule and guide. Amen.

- **Sign of the Cross**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Mysteries

OF THE HOLY ROSARY

Joyful Mysteries (Mondays and Saturdays)

1. The Annunciation to Mary
2. The Visitation of Mary
3. The Birth of our Lord Jesus
4. The Presentation of Jesus in the Temple
5. The Finding of Jesus in the Temple

Sorrowful Mysteries (Tuesdays and Fridays)

1. The Agony of Jesus in the Garden
2. The Scourging of Jesus at the Pillar
3. The Crowning of Jesus with Thorns
4. The Carrying of the Cross by Jesus to Calvary
5. The Crucifixion and Death of Jesus on the Cross

Glorious Mysteries (Wednesdays and Sundays)

1. The Resurrection of Jesus
2. The Ascension of Jesus into Heaven
3. The Descent of the Holy Spirit
4. The Assumption of Mary into Heaven
5. The Crowning of Mary as Queen of Heaven and Earth

Luminous Mysteries (Thursdays)

1. The Baptism of Jesus in the Jordan River
2. The First Miracle of Jesus at the Wedding at Cana
3. The Proclamation of the Kingdom of God
4. The Transfiguration of Jesus
5. The Institution of the Holy Eucharist

Graces Received & Thanksgiving

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

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FLAME  **OF LOVE**
OF THE IMMACULATE HEART OF MARY