

Tool Box Talk: DIY CLEANING SUPPLIES



Cleaning and disinfecting high touch surfaces are steps we should always be taking, but it is especially critical during COVID-19. As supplies can be scarce, here are some DIY cleaning recipes we can use as alternatives.

HOMEMADE HAND SANITIZER

- 2/3 cup 99 percent rubbing alcohol (isopropyl alcohol)
- 1/3 cup aloe vera gel
- 8 to 10 drops essential oil, optional

Mix all ingredients into a bowl and mix thoroughly with a spoon. Using a funnel, carefully pour the mixture into a bottle of your choice, screw the top of your bottle on tight, and begin use.

HOMEMADE LYSOL

- 1/2 cup 99 percent rubbing alcohol (isopropyl alcohol)
- 1 cup water
- 15 drops lavender essential oil
- 15 drops lemon essential oil

Add 1/2 cup rubbing alcohol to a spray bottle. Then, add in a cup of water. Finally, add in 15 drops of lemon essential oils followed by 15 drops of lavender essential oil. Screw on the spray bottle and give a good shake.

Shake before each use!

HOMEMADE BLEACH DISINFECTANT SPRAY

- 4 teaspoons household bleach
- 1-quart water
- Pour both into one-quart spray bottle, shake vigorously
- Spray on surface to disinfect, let sit for 10 minutes, wipe away with wet cloth

HOMEMADE ALL-PURPOSE WIPES

- 2 cups of warm water
- 1 tablespoon dish soap
- 1 roll of paper towels
- 1 cup 99 percent rubbing alcohol (isopropyl alcohol)

Mix together water, soap, and alcohol. Place paper towels in a sealable container and pour mixture over paper towels. Cover container and then allow paper towels to soak up liquid. Use as desired.