



MENTAL HEALTH SERVICES

EMPOWERING PEOPLE. TRANSFORMING LIVES.

JFCS ZOOM SUPPORT GROUPS

POSITIVE PARENTING IN 2021

Every parent could use some support right now

Tuesday evenings beginning Feb. 16th
Fee: \$36 for six sessions

The group will be virtual and facilitated by a licensed social worker.

For more information and to register:
▶ groups@jfcsnnj.org



JFCS

JEWISH FAMILY & CHILDREN'S SERVICES
OF NORTHERN NEW JERSEY

Older Adult Services
Mental Health Services
Food Insecurity Services
Basic Needs Assistance