

Loss and Grief

A training presented by Kirstie Steele, LCSW and Lisa Sewell, LCSW



IT IS FREE!

[Click Here to Register](#)

When: May 14th 6:00pm-7:30pm

Where: 2860 Ward Blvd. Suite C, Wilson, NC 27893

email: kredance@wilcoprevention.org or call (252) 991-7267 with any questions

Grief and loss are deeply connected to the recovery journey. Many individuals in recovery are not only healing from substance use, but also processing the loss of relationships, time, identity, and opportunities. At the same time, loved ones often carry their own grief—whether from past experiences, broken trust, or the fear of losing someone they care about. When grief goes unaddressed, it can become overwhelming and may even contribute to relapse or emotional disconnection. This training is important because it creates space to better understand these experiences, offers tools for healthy coping, and helps strengthen both individuals in recovery and the families who walk alongside them.



Wilson County Government
Department of Social Services