



Hold onto your hats, it's that time of year! We LOVE all of our SDA Parents equally, but we love the ones that READ our newsletters and emails just a little bit more. ;)

If you are a new parent at SDA and have never been through the "Performance Process", these newsletters & emails are MUST READS.

We try to make it fun and keep everyone in the loop. We LOVE questions, so please do not hesitate to ask if you have any. We have a fantastic group of veteran parents at SDA, reach out to them if you need a little bit of guidance.

## IS THIS YOUR FIRST SHOW AT SDA?

Getting ready for the special performance night is a BIG DEAL for your excited dancer, and we want to make it go a smoothly as possibly. Your cool and calm attitude will give them the confidence to step out on that stage and truly shine!

- All hair and makeup is required to be done at home before arriving for the Dress Rehearsals & Show nights.
- Have your child dress in a shirt that buttons up the front to avoid messing up hair and makeup.
- On both days at our venue, bring clean tights and shoes.
- Parents, please note: Absolutely no jewelry, nail polish or toe polish is to be worn on either Dress Rehearsal or Show days.
- Please pack a water for your child and feed them before arrival. No food is allowed in the fitting rooms.

## LABEL ALL COSTUMES, ACCESSORIES & DANCEWEAR

Parents, there will be lots and lots of students backstage and at least 15-40 students in each dressing room. It is very important that you label your child's costume and dancewear items and hangers with their full last name and first initial. When things get left behind or the backstage moms are looking for your child's items, it will be a lot easier if they are clearly marked.

We recommend students bring accessories, shoes, extra tights, make-up etc. in a medium sized plastic tub. Please label the tub with your child's name also.

## COSTUME INFORMATION



Every Student will need TIGHTS. Please make sure you have the following:

Ballet Classes: **PINK TIGHTS**

Tap, Jazz Classes: **TAN TIGHTS**

- All costumes and accessories for all of your child's pieces
- Pink and/or Tan Tights (or others for specific pieces)
- All dance shoes
- Extra bobby pins, hair spray, etc.
- Extra makeup for touch ups

## DRESSING ROOM ASSIGNMENTS

Dressing Room A: Youth/Teen Company

Dressing Room B: Junior Company & Troupe

Dressing Room C: Pre-Primary, Primary & Grade 1

Dressing Room D: All Petite Steps & Groove & Tumble



## STAGE MAKE-UP

Parents, apply your child's makeup like you would your own, slightly heavier, for an evening out.

- Natural color eye shadows, liners, mascara and blush.
- No bright eye shadow.
- Pack makeup for touchups.

Makeup should be heavy to avoid looking washed out or ghostly under stage lighting.

- Students Youth/Teen Company will wear fake eye lashes.

*For informative online videos of how to do stage hair and make-up, please refer to our Facebook Parent Page, or our Show News emails.*

# SHOW HAIR

## PETITE STEPS & PRE-PRIMARY "HEIDI BRAIDS"



For BALLET/TAP Petite Steps, Pre-Primary Students ONLY:

Hair should be done at home prior to coming to the venue/theatre on Dress Rehearsals and Show night or for dance portraits. Students with bangs

should have them moussed/slicked back with their hair.

### What You'll Need:

- Hair Ties (thin and the same color as your child's hair work best).
- Bobby Pins (Also, the same color as your child's hair).
- Hair Mouse and/or Gel
- Brush and Fine Tooth Comb
- Invisible Hair Net (Same color as your child's hair).
- Hairspray

Please note that hair is always easier to work with when wet.

1. Start by taking your fine tooth comb and parting your child's hair down the middle from the top to the bottom. Secure, tightly, each section with Hair Ties at the crown of their head in pigtailed.

2. Second, braid each pigtail and secure with a thin/clear elastic at the end.

3. Third, take the right braid and cross it over the top of the elastics, wrapping it around and under the left. Pin the braid to their head securely as you go.



4. Next, take the left braid and wrap it underneath, also pinning as you go. Wrap the end of the braid around the top of the right and tuck the excess underneath. Pin any extra fly-aways or spots that feel loose.

5. Finally, stretch the hairnet around one side of the heidi braid to the other, twist underneath and continue to wrap until it's tight. And there you have it, Heidi Braids!

# GROOVE & TUMBLE HAIR

The same as above, steps 1-2. Then wrap each braid around itself to create two braided buns. It's a little funkier! :)

## ALL SCHOOL PROGRAM & SDA COMPANY/TROUPE HAIR

Including Primary students. Part on the side, over the right eye, low bun on the left.



## DATES & CALL TIMES



Mark your calendar for our, not to be missed, WINTER SHOWCASE! Below is the call times for each program. Drop off will close 15 minutes after the call time. Rehearsals that aren't able to begin on time, can't end on time.. Please be prompt.

*“Call Time is an industry term that is the actual time your child is due at an audition or on the set.”*

### ALL TINY DANCERS

Saturday, Dec 15th 9:30am-12:30pm (Dress Rehearsal)  
Sunday, Dec 16th 1:15pm - End of show!

### ALL SCHOOL PROGRAM DANCERS

Saturday, Dec 15th 1:00-4:00pm (Dress Rehearsal)  
Sunday, Dec 16th 1:15pm - End of show!

### ALL SDA COMPANY (TROUPE/ELITE)

Saturday, Dec 15th 1:00-7:30pm (Dress Rehearsal)  
Sunday, Dec 16th 12:30pm - End of show!

## OUR VENUE - RIVERVIEW PAC

Riverview Performing Arts Center

1 Ram Way,  
Sarasota, FL 34231

Both Dress Rehearsal and Shows will be held @ Riverview PAC.

