



Free Mental Health First Aid Trainings

1199 SEIU Training and Employment Fund

**790 Port Richmond Ave.
Staten Island, New York 10302**

The Mental Health First Aid Course

- * Teaches individuals how to **identify, understand and respond** when someone experiences a mental health crisis
- * Learn to recognize signs and symptoms of suicide, depression, anxiety, psychosis, bipolar disorder, dementia, Alzheimer's and substance misuse
- * Every year, **1 in 5 adult New Yorkers experience a mental health issue**
- * Receive nationally recognized certification upon completion

Let's Work Together in Recognizing behavioral Health Challenges and
Reduce Stigma while Promoting Community Inclusion

Take the Course

Older Adult MHFA—Monday, February 4th

Youth MHFA—Monday, February 25th

9am to 5pm

Register at: <https://1199seifund.timetap.com>

For more information contact:

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