



Generous funding for the NYU Langone Military Family Center is provided by:

- New York City Council Veterans Initiative
- The Bob Woodruff Foundation
- The Home Depot Foundation

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NYU Langone Military Family Center

Caring for military families coping
with the invisible wounds of war



ARE YOU OR IS SOMEONE YOU KNOW

- Dealing with injuries, psychological symptoms, or stress associated with your military service?
- Having trouble reconnecting with family and friends?
- Experiencing difficulty finding and obtaining needed services or readjusting to civilian life?
- Unsure of your next step?

The staff at the NYU Langone Military Family Center can help. Our clinicians support you and your family members in addressing the needs and challenges associated with military service and life transitions.

We fill the gap in mental health services for veterans, and their families by providing family-focused, compassionate, evidence-based mental health care to promote individual and family wellness.

WHAT WE OFFER

High-quality, accessible, integrated mental health care. All our services are free and confidential.

WHO IS ELIGIBLE

- **Veterans** – Anyone who has served in the United States Armed Services, regardless of role while in uniform, discharge status, or combat experience. This includes the National Guard and Reserves.
- **Family** – Parents, siblings, spouses or partners, children, caretakers, and other family members of veterans, National Guard/Reservists, as well as families of active duty service members.



CONCERNS WE ASSIST WITH

- Depression
- Anxiety
- Post-traumatic stress and trauma
- Military sexual trauma
- Alcohol and substance abuse
- Relationship and family conflict
- Grief and loss
- Readjustment problems
- Traumatic brain injury (TBI)
- Parenting concerns
- Children's behavioral or academic problems

SERVICES WE PROVIDE

- Individual therapy
- Couples therapy
- Family therapy
- Child and adolescent therapy
- Parent consultation
- Medication management
- Psychiatric evaluation
- Psychological assessment
- Neurocognitive assessment
- Tele-mental health (via video)
- Support groups
- Advocacy & community education
- Information and referrals for adjunctive care
- ADHD assessment & treatment
- Cognitive remediation

GUARANTEED CONFIDENTIALITY

We will not share your confidential information with the U.S. Department of Veterans Affairs or other public, private, or government entities unless required by law or with your written permission. We comply with federal guidelines set by the Health Insurance Portability and Accountability Act (HIPAA).

