

// There are days, even when I'm hungry, that I don't want to go outside. I want to hide under the table. Sometimes people make me feel terrified and my mental health can derail my day, my week, or my month.

I feel more capable with these meals because I'm fed. I can go out there and handle my day. These meals do what they need to do - they feed my whole body and soul. //

-- OUR CLIENT, CHOKEL



## How do I qualify?

**You served in the U.S. Military.**  
(Your discharge status does not impact qualification.)

**You must meet one of the two following criteria:**

1. You have a chronic disease **and** you have limited ability to shop or cook for yourself.
2. You are living with a mental health diagnosis, including Substance Use Disorder (SUD).
  - There is no physical limitation required if you are living with a mental health condition or SUD.

- ♥ Home-delivered medically tailored meals
- ♥ Delivered to all 5 boroughs of NYC
- ♥ Free of charge
- ♥ Made with high quality ingredients
- ♥ Nutrition + wellness education group sessions

## How it works:

### Referral



A Doctor, Physician Assistant, or Nurse Practitioner must complete and sign the required medical form.

### Nutrition Support



Our Registered Dietitian Nutritionists individually tailor your meals and provide ongoing nutrition support.

### Home Delivery



We deliver your meals in our refrigerated vans 1-2x per week.



God's Love We Deliver is the leading Medically Tailored Meal (MTM) provider in New York State. We have over 39 years of experience feeding, nourishing, and improving the health and well-being of individuals living with severe illness.

God's Love has no religious affiliation; we serve all clients from diverse backgrounds. All of our services are provided free to clients and full of love.

## Contact Us:

Email: [connected@glwd.org](mailto:connected@glwd.org)

Call: 212.294.8102

Visit: [glwd.org](http://glwd.org)

  @godslovenyc

 godslowedeliver



**GOD'S LOVE  
WE DELIVER®**



**Complete our forms at  
[glwd.org/connected](http://glwd.org/connected) or  
scan the QR code below:**



**View our Educational  
Modules to learn how  
nutrition impacts your  
mental health - scan the  
QR code below:**



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## Connected

Proudly serving home-delivered medically tailored meals to Veterans, their dependents, and their caregivers. You have served our country, now let us serve you!