

FREE FOR NYC VETERANS IN THE 5 BOROUGHES

MANHATTAN ★ BROOKLYN ★ QUEENS ★ STATEN ISLAND ★ BRONX

Healing for Hidden Wounds

Start Your Healing Journey Today

*"It's like a light bulb went off in my head,
and I got goosebumps."*

—Veteran participant

PRIVATE • CONFIDENTIAL • VIRTUAL OR IN-PERSON

Operation Warrior Shield is offering veterans from NYC an opportunity to heal the symptoms of post-traumatic stress with the RTM Protocol™.

The Reconsolidation of Traumatic Memories Protocol™ is a revolutionary neurological intervention delivered in a virtual therapeutic setting, typically in 3 to 4 sessions. It is specifically designed to facilitate the reconsolidation of traumatic memories. The RTM Protocol™ offers a direct pathway to healing by targeting the core of traumatic experiences and effectively eliminating the symptoms of post-traumatic stress.

The focus of the RTM Protocol™ is to separate the traumatic feelings from the memories using a relaxed re-imaging process. Clients are guided to dissociate themselves from the traumatic memories, and while separated from feelings of fear, terror, and/or helplessness, make changes so that the memory no longer signals fight, flight, or danger. Following the RTM Protocol™ sessions, many clients find they no longer feel preoccupied with trauma events and their nightmares and flashbacks no longer trouble them.

For your convenience, RTM sessions are offered virtually, and are completely free of charge.

With support from the The New York City Department of Health and Mental Hygiene (DOHMH) and with the support of New York City Council Members Robert F. Holden and Inna Vernikov—we are teaming up with The Research and Recognition Project and Post Traumatic Training Institute (PTTI) to offer the Reconsolidation of Traumatic Memories Protocol™ (RTM) completely free of charge to veterans in 2025.

Confidential and professional.

Sessions are conducted by trained professionals using HIPAA-compliant practices to ensure your privacy and peace of mind.

**THIS HEALING
OPPORTUNITY
ENDS
JUNE 30
2025**

To learn more or to schedule your private session,
please contact Bethann Carbone at:

609-670-8116

We look forward to hearing from you!

www.operationwarriorshield.org/healing

