

## **Interfaith Health & Support Services of Southern Ocean County, Inc.**

### **VOLUNTEER OPPORTUNITIES**

#### **Office Volunteers**

Time: Monday – Thursday 9AM-12:30PM or 12PM-3:30PM.

Volunteer weekly, twice a month or once a month. The other option is “substitute” on short notice.

#### **Tasks**

- Answer Incoming Calls from Care receivers, Caregivers, Hospital Case Managers, Social Workers and the Office of Senior Services. Direct appropriate calls to the Director or Assistant Director.
- Outbound Calls – Contact our base of volunteers to schedule medical transportation, shopping, visiting and reassurance calls. We ask for 2 weeks’ notice.
- Copying, filing and summarizing basic reports.

#### **Trainers/Special Projects**

The last Tuesday of the month, we provide orientation to new volunteers. For our Alzheimer’s and related Dementia program, we must have a Registered Nurse provide the training

#### **Tasks**

- Facilitate the Training by providing our mission and services.
- Distribute and collect required forms, provide overview and answer questions.
- Enter new volunteers into the database . Update any changes in status.
- Compile Training Material or Reports

#### **Transporters, Shoppers, Weekly Reassurance Calls (Remotely) In Home Visiting**

#### **Tasks**

- Transport Senior to a medical appointment Monday – Friday 9-4PM
- Grocery Shop for the Senior
- Visit or call the Senior to alleviate loneliness and insure they are safe.

Provide In Home “Respite Care”

Tasks

- Visit care receiver (with Alzheimer's or Related Dementia) once a week for 2-3 hours Monday through Friday. We provide the primary caregiver time to care for their own health. Find a buddy to share the responsibility.
- Provide friendship, alleviate loneliness and provide an activity they can do or watch.

Fundraising

Tasks

- Participate in or Chair a committee . Attend monthly meetings
- Solicit Local Business.

**Janice Schalek**

**Executive Director**

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