

FRIENDS OF THE ELDREDGE PUBLIC LIBRARY 2017 SPRING LEARNING SERIES

SIGN UP NOW AT
ELDREDGE PUBLIC LIBRARY

COURSES BEGIN FEBRUARY, 2017

\$15 DONATION PER COURSE

Unless otherwise indicated

For information: www.eldredgelibrary.org or
508-945-5170



Sponsored by the Friends of the Eldredge Public Library, the Learning Series Program is a series of academic and general courses open to the public with a suggested donation of \$15.00 per course. Beginning in February, the spring series takes place Monday through Friday. All classes are in the library unless otherwise noted. For questions, contact us at learningseries@eldredgelibrary.org. The library will be closed on February 20 and Patriot's Day, April 17.

REGISTRATION FORMS ARE AVAILABLE AT THE LIBRARY AND ON-LINE.

MONDAYS

M1: Art of the Ancient World

FIVE-WEEK COURSE 1:30 - 3:00 Begins April 3
(No class on Patriots' Day, April 17.)

An overview of art history looking at major monuments, art and architecture of the ancient world. Starting at the beginning with cave painting, students will view art of the ancient Near East, ancient Egypt, the profoundly formative civilizations of Greece and Rome and end the class in late antiquity as Christian and Byzantine art heralds the middle ages.

Mary Lanctot has an MA in Art History from Rutgers University. She has worked at the Art Institute of Chicago, in historic preservation in the Midwest and New England, and taught art and architectural history at both the high school and college levels for many years.

M2: Prose or Poetry

TEN-WEEK COURSE 12:30 - 2:00 Begins January 30
(No class on February 20.) Limited to 10 people.

This creative writing course includes writing poetry and prose, reading and sharing students' poems in the class, and gentle critiquing. The only rule is that there are no rules except you can't say anything bad about your own writing.

Peter Saunders has an MFA in poetry from Goddard College and a Ph.D. in Narrative Gerontology from Union Institute and University. In recent years he has published *Silent No More—Unlocking Voices of Older Poets*, *My Father's Shoes* and nine poetry chapbooks.

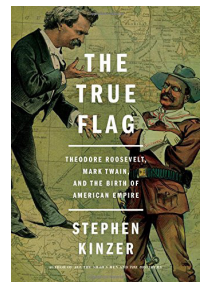
M3: *The True Flag : Theodore Roosevelt, Mark Twain and the Birth of American Empire*

ONE SESSION on Monday, April 10
10:30 - 12:00

Americans cannot decide how to approach the world. Sometimes we burn with righteous anger, launching foreign wars and deposing governments. Then we retreat until the cycle begins again.

Be transported to the dawn of the twentieth century, when the United States first found itself with the chance to dominate faraway lands – and to the bitter divide between Theodore Roosevelt and Mark Twain that crystallized this debate. Books available for sale.

Stephen Kinzer is an award-winning foreign correspondent whose articles and books have led *The Washington Post* to place him “among the best in popular foreign policy storytelling.” *The True Flag* was published January 2017.



M4: Flower Arranging

THREE-WEEK COURSE 10:30 - 11:30 Begins May 8
\$15 donation PLUS \$20 materials fee, payable at the first session. Limited to 12 people

Begin to learn the art of arranging flowers and take home your own design. Blue ribbon winner **Irene Mitchell** will lead two sessions on American design teaching two techniques, mass and line. **Jean Mangiafico**, a certified Ikibana teacher, will teach one session on Japanese design.

TUESDAYS

T1: **Shakespeare: *Much Ado About Nothing***

FOUR-WEEK COURSE 7:00 - 8:30pm Begins April 4
In this comedy, one of Shakespeare's earliest, we will encounter the enduring battle of the sexes — including witty and barbed exchanges between contrary lovers, misunderstandings between generations, and simmering class differences. Shakespeare's view of gender issues still resonates vibrantly today. To enhance our study we will view Kenneth Branagh's rollicking version of the play along with two other more recent versions.

Kerry Brown, Ph.D. from the University of Delaware, taught Shakespeare to high school students for 45 years and more recently to adults at the Eldredge and Snow libraries.

T2: **America and the Great War: Before, During, and After**

SIX-WEEK COURSE 1:30 - 2:30 Begins April 11
On April 6, 1917, the United States entered The Great War (now called World War I). The resulting conversion of the country to full-war footing transformed the life of the nation.



American human and material resources helped bring an end to the conflict 19 months later. Unfortunately what happened at the Paris Peace Conference following the Armistice set the stage for World War II. This course will examine significant events that occurred from 1915 to 1920.

John Kennedy, Ed.D., has taught history at every level from high school to graduate school. John is a regular course presenter.

CAPE COD HEALTHCARE

T3: **Your Good Health: Cape Cod Healthcare**

Sessions 1 & 2 - Tuesday April 11 & 18, 10:30 - 12:00 at the library

Session 3 - Friday May 12th 10:00 - 11:30

Location: The Chatham Community Center

Tuesday April 11: **Learn about what is new at Cape Cod Healthcare** as well as where healthcare is heading both at the Federal level and in the Commonwealth. What do these changes mean for the residents of Cape Cod? Presented by **Michael K. Lauf, MBA**. Mr. Lauf was COO of Cape Cod Healthcare from 2008-2010, and has been President and CEO since 2010.

Tuesday, April 18: **Beyond Exercise, Healthy Nutrition** presented by **Elissa Thompson, MD, RPVI**. Dr. Thompson is the Medical Director of Cardiac Rehabilitation at Cape Cod Hospital and the Medical Director of the Healthy Parks, Healthy People project. Her clinical interest is women's cardiology issues.

Friday, May 12: **Day in the Life of an Orthopaedic Surgeon**. Presented by **Paul Dimond, MD**. Dr. Dimond specializes in operative and non-operative treatment of osteoarthritis of the hips and knees, including hip and knee replacement, complex revision and primary total joint replacement, allografts, and trauma surgery.

T4: **SNAG (STARTING NEW AT GOLF)**

FOUR-WEEK COURSE

Begins April 18

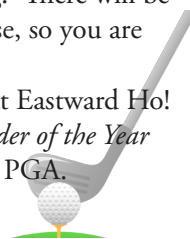
Two sessions: 2:00 - 3:00 and 3:00 - 4:00

Location: Eastward Ho! Country Club

Limited to 8 people for each of two separate sessions (16 total)

This program will focus on the fundamentals needed to start playing golf. The class will cover all areas of the golf game; driving, irons, wedges, short game, and putting. There will be a limited number of clubs for participants to use, so you are encouraged to bring your own equipment.

Andy Walkey is a PGA Assistant Professional at Eastward Ho! Andy was just named the *2016 Junior Golf Leader of the Year* by the Cape Cod Chapter of the New England PGA.



T5: **Freshwater Ponds: Jewels of Cape Cod**

THREE-WEEK COURSE 10:30 - 12:00 Begins May 2

May 2: **Pond Basics: geology, hydrology and ecology**

presented by **Dr. Jo Ann Muramoto**, Director of Science Programs for the Association to Preserve Cape Cod (APCC). Dr. Muramoto is also the Regional Coordinator for the Mass Bays Program (MBP) of Cape Cod.

May 9: **Land Care Practices: the value of native plants in our landscapes around ponds**. Before becoming the Director for Education & Outreach for APCC, **Kristen Andres** was Chatham's first conservation agent, serving the town for over 15 years. She has been actively involved in many Cape-wide issues and projects.

May 16: **The Restoration of Ponds: Its value and various methods and challenges**. **April Wobst** is APCC Restoration Ecologist, April has 10 years of experience in environmental protection including project management, long-term ecological monitoring, restoration, and invasive species management.

T6: Garden Pleasures: Planters and Outdoor Spaces

TWO-WEEK COURSE 10:30 -12:00 Begins May 23

In the first session Karen will discuss and demonstrate creating planters for specific locations. This will include the colors, textures and forms of plant materials to use to highlight the intended location. In session two Karen will discuss how to create outdoor living spaces using screens, planters and outdoor furniture.

Karen Moore has been in the floral business for over forty years. She is a gardening consultant who works with her husband in the family landscaping business.

T7: Trees, Glorious Trees

THREE-WEEK COURSE 1:30 - 3:00 Begins May 23

Gain a greater appreciation for trees and for the important trees of Chatham. Members of the Friends of Trees will share their love of trees. Learn about the important values of trees, practical tips for selecting the right tree and tree care. The third session will be a walking tour in Chase Park.

Peg Black is a landscape designer, a Master Gardener, an active member of the Cape Cod Hydrangea Society, and Chatham's Friends of Trees. **Kristin**

Andres is the Director of Education & Outreach of the Association to Preserve Cape Cod. **Oonie Burley**,

a certified landscape designer, serves as vice-president of Chatham Conservation Foundation and on the board of The Friends of Sylvan Gardens.



WEDNESDAYS

W1: Afghanistan: The Untamable Kingdom

FOUR-WEEK COURSE 10:30 - 12:00 Begins April 26

We will trace the development of the modern state of Afghanistan, from its rise in the mid-18th century, through three Anglo-Afghanistan wars, its collapse after WWII, the Soviet invasion of the mid 1970's, rise of the Taliban and the U.S.'s efforts to combat *jihadism*.



Michael McNaught earned BA and MA degrees from Oxford

University, where he specialized in

Military History and the Theory of War, and an MA from Columbia. A schoolteacher and administrator for 44 years; retired, he lectures extensively around Cape Cod.

W2: Cape Symphony & Conservatory Spring Season

THREE-WEEK COURSE 10:30 - 12:00 Begins April 5

Location: St. Christopher's Episcopal Church, Chatham

April 5: Baroque's Biggest Hits!

Forty years ago the classical smash album, *Greatest Hits of 1720*, popularized the "top ten" of the Baroque period, including the theme from Masterpiece Theatre, Pachelbel's *Canon*, Albinoni's *Adagio*, and masterworks by Johann Sebastian Bach, including *Air on the G-string*. Presented by **Jung-Ho Pak**, Artistic Director/Conductor, Cape Symphony.

April 12: Music Memory for Adults

Through interactive presentations, students learn about several of the world's great composers and their masterpieces. In the spring, the class is invited to attend a Name-That-Tune concert with the Cape Symphony Music Memory Orchestra, conducted by **Jung-Ho Pak**. Presented by **Stephanie Weaver**, Cape Conservatory Executive Director.

April 19: Shostakovich Triumphant

The final concert of the Cape Symphony season which pairs two works to celebrate freedom of political thought and the enduring human spirit. Symphony No. 5 by Dmitri Shostakovich (a powerful and courageous response to Soviet oppression in the Stalin era) and *Every Good Boy Deserves Favour* by Andre Previn and Tom Stoppard (a play for actors and orchestra concerns cellmates in a Soviet asylum and the repression of dissent.) Presented by **Christy King**, Director of Community Education and Outreach at Cape Symphony and Conservatory.

W3: Song and Dance

FIVE-WEEK COURSE 1:30 - 3:00 Begins April 19

"Song and Dance" examines dance as it developed on the Broadway stage and in Hollywood musicals. Fred Astaire, Ginger Rodgers, Ray Bolger, Gene Kelly, Sammy Davis, Jr., Bill "Bojangles" Robinson, Shirley Temple, and more will be featured. Wonderful songs from "The Great American Songbook" by lesser-known composers.



John Whelan and **Steve Bornemeier** are back by popular demand. John hosts the weekly WOMR *American Pie* radio program and Steve provides excellent and enjoyable insights based on his knowledge of the lyrics from the songs of the "Great American Songbook."

W4: **Notes on Notation**

THREE-WEEK COURSE 10:30 - 12:00 Begins March 8

Location: St. Christopher's Episcopal Church, Chatham

When did a system develop for writing down music, and how did it develop? The ancient Greeks had music, but we don't know what it sounded like because they had no way to capture it in writing. As Western music grew more complex, so did the written language for it. This course will explore the development of both Western music and its notation systems, from the Medieval period through the Modern.

Joan Kirchner holds a Masters in Church Music from Indiana University, and performs widely as both a soprano and organist. She has a special interest in early music.



THURSDAYS

TH1: **The Upanishads**

FOUR-WEEK COURSE 2:00 - 3:30 Begins February 16

Limited to 10 people

The Upanishads are a collection of texts that contain some of the central philosophical concepts of Hinduism, some of which are shared with Buddhism, Jainism and Sikhism. This class will read and discuss selections from two translations of *The Upanishads*, by Patrick Olivelle and by Eknath Easwaran.

Vincent Gulotta has a Masters in Divinity from St. John's Seminary.

TH2: **Lost World of Indian Buddhism**

FOUR-WEEK COURSE 2:00 - 3:30 Begins March 16

Limited to 10 people

In this course we'll take an in-depth look at the world of Early Buddhism as it developed in India, its core teachings and the life (or lives) of the Buddha, with brief excursions into Pure Land, Mahayana and American Buddhism. The class will combine presentation and group discussion, and utilize both classical and contemporary writings.

Paul Schlansky has been involved in Buddhist practice and study since the late 60's. For twenty years he served at Chuang Yen Monastery in many roles, including presenter, book discussion leader and tour guide. He was a board member of the Buddhist Association of America and is active in several Buddhist groups on the Cape.

TH3: **We've Got Three Wounded on Board!**

ONE SESSION on Thursday, April 20 10:30 -12:00

Location: The Chatham Community Center

Celebrated journalist **Morton Dean** presents a screening of *American Medevac*, a documentary to be aired on PBS this fall, about veterans he once covered from the battlefield. In 1971, award-winning CBS News journalist

Morton Dean and cameraman **Greg Cooke**, later a 60 Minutes



staff producer, flew a combat medevac mission in Vietnam that became their most haunting memory in journalism. Decades later, they set out to find the men and tell the stories of their lives. It's a gripping story including the veterans' healing which may help veterans of Iraq and Afghanistan. The documentary embraces the bravery of the medevac crew and, by extension, all those who served their country. This is a story all veterans and their families should see.

TH4: **The Hungry Traveler: Visiting New Lands**

FOUR-WEEK COURSE 9:30 - 11:30 Begins April 27

Location: The Chatham Orpheum Theater

Travel to countries by viewing documentaries about their culinary delights. This course will feature foods and wines from Israel, Portugal, Burgundy, the Victorian kitchens of Boston, and even lessons from the illustrious "Cheese Nun." Each class promises to be entertaining and appetizing! Food will be available before and after each screening.

Carol Yindra has been teaching in the Learning Series for many years, and the films she has carefully selected have delighted audiences.



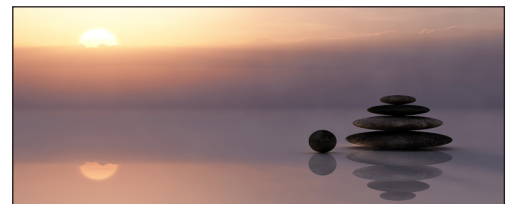
FRIDAYS

F1: **The Secret of Happiness: The Mindful Path to Joy**

FOUR-WEEK COURSE 10:00 - 11:30 Begins April 14

Location: The Chatham Community Center

This course will explore through theory and practice how to use mindfulness meditation and other stress reduction techniques to increase happiness and decrease suffering.



James Kershner is a meditation teacher, a Buddhist leader ordained by Vietnamese Zen Master Thich Nhat Hanh, and also a professor at Cape Cod Community College. He holds a BS in history and a MA in journalism. He founded The Cape Sangha, is a Buddhist chaplain at Cape Cod Hospital, and is a founding member of the Cape Cod Interfaith Coalition.

The Learning Series Committee:

Kerry Brown, Lynn Herbst, Tim Huber, Alison Kaar, Regina McDowell, Sharon Oudemool, Tom Quill, Bill Roiter, Paul Schlansky,

Joanna Schurmann and Judy Wessner