



2019 Shermanator Triathlon Duathlon

Aquabike Relay Individual - \$100.00

Super Sprint - \$45.00

Relay - \$190.00 (each member completes a separate form)

For Event Only

Event # _____

Reviewed/approved by _____

Check # if applicable _____

Please print

RELAY ONLY - Relay/Team name: _____

Individual - event ___ Triathlon ___ Duathlon ___ Aquabike ___ Super Sprint

First Name _____

Last Name _____

Gender ___ M ___ F

Date of Birth ____/____/____ Age on race day _____

Street address _____

City _____

State _____ ZIP _____

Primary phone (____) ____ - ____ email _____

Emergency contact _____ Emergency contact phone (____) ____ - ____

Method of payment: ___ Card ___ Cash ___ Check/Money Order

Acceptance and understanding of event waiver:

- I have read, understand, and accept the agreement/waiver on the reverse side of this document.
- I understand that this is a legal document with effects that I approve and authorize.
- The registrant is the person(s) whose name is submitted as the recipient of the goods and services provided as a result of this transaction except as otherwise noted.
- I am authorized to agree to the terms of this document on behalf of the registrant(s).
- If the registrant is under 18 years of age, incapacitated, or mentally challenged, I assert that I am the parent/legal guardian or otherwise authorized to execute a legally binding agreement on behalf of the registrant.

Print full name: _____

Sign full name: _____

Date completed ____/____/____

Shermanator Triathlon/Duathlon/Aquabike - Waiver and Release

READ CAREFULLY - THIS AGREEMENT INCLUDES A RELEASE OF LIABILITY AND WAIVER OF LEGAL RIGHTS AND DEPRIVES YOU OF THE RIGHT TO SUE THE SHERMAN LAKE YMCA, sponsoring entities, venue/site/course property owners, event volunteers, and any other parties specifically noted in this document.

I acknowledge that a swimming event, triathlon, duathlon, running race, walking event, or multi-sport event is an extreme test of a person's physical and mental limits and carries with it the potential for death, serious injury, and property loss. I HEREBY ASSUME ALL THE RISKS OF PARTICIPATING IN TRIATHLONS, DUATHLONS, RUNNING RACE, WALKING EVENT, OR MULTI-SPORT EVENT. I certify that I am physically fit, have sufficiently trained for participation in this event(s), and have not been advised against participation by a qualified health professional. I acknowledge that my statement is being accepted by The Sherman Lake YMCA and all parties involved with the Shermanator Triathlon/Duathlon/Aquabike in Augusta, Michigan, in consideration to permit me to participate in any athletic event. In consideration for allowing me to participate in the event, I hereby take the following action for myself, my executors, administrators, heirs next of kin, successors and assigns, or anyone else who might claim or sue on my behalf, and I expressly acknowledge that it is my intent to take these actions: (a) I AGREE to abide by the Competition Rules adopted by the Sherman Lake YMCA, including Medical Control Rules as they may be amended from time to time, and I acknowledge that my participation may be revoked or suspended for violation of the Competitive Rules; (b) I AGREE that prior to participating in an event I will inspect the race course, facilities, equipment, and areas to be used and if I believe any are unsafe I will immediately advise the person supervising the event, activity, facility, or area; (c) I HEREBY WAIVE, RELEASE, AND DISCHARGE from any and all claims, losses, or liabilities for death, personal injury, partial or permanent disability, property damage, medical and hospital bills, theft, or damage of any kind, including economic losses, which may in the future arise out of or relate to participation in or my traveling to and from a Sherman Lake YMCA event, THE FOLLOWING PERSONS OR ENTITIES: SHERMAN LAKE YMCA, ALL EVENT SPONSORS, RACE DIRECTORS, EVENT PRODUCERS, VOLUNTEERS, ALL STATES, CITIES, COUNTIES, OR LOCALITIES IN WHICH EVENTS OR SEGMENTS OF EVENTS ARE HELD, AND THE OFFICERS, DIRECTORS, EMPLOYEES, REPRESENTATIVES AND AGENTS OF ANY OF THE ABOVE, EVEN IF SUCH CLAIMS, LOSSES, OR LIABILITIES ARE CAUSED BY THE NEGLIGENT ACTS OR OMISSIONS OF ANY OTHER PERSON OR ENTITY; (d) I ACKNOWLEDGE that there may be traffic or persons on the course, and I ASSUME THE RISK OF RUNNING, BIKING, WALKING, SWIMMING, OR PARTICIPATING IN ANY EVENT MANAGED BY THE SHERMAN LAKE YMCA. I also ASSUME ANY AND ALL OTHER RISKS associated with PARTICIPATION IN THIS EVENT including but not limited to falls, contact and/or effects with other participants, effects of weather including heat and/or humidity, defective equipment, the condition of the roads, water hazards, contact with other swimmers or boats, and any hazard that may be posed by the general public, spectators, or volunteers. All such risks being known and appreciated by me, and I further acknowledge that these risks include risks that may be the result of the negligence of the persons or entities mentioned above in paragraph (c) or of any other persons or entities; (e) I AGREE NOT TO SUE any of the persons or entities noted in this document (d) for any of the claims, losses, or liabilities that I have waived, released, or discharged herein; (f) ON BEHALF OF MYSELF AND MY HEIRS, ASSIGNS, EXECUTORS, PERSONAL REPRESENTATIVES AND SUCCESSORS I HEREBY INDEMNIFY AND HOLD HARMLESS, THE SHERMAN LAKE YMCA, and all of the other persons or entities mentioned in this document from any and all claims made or liabilities assessed against them as a result of (I) my actions or inactions; (II) the actions, inactions, or negligence of others including those parties hereby indemnified; (III) the conditions of the facilities, equipment, or areas where the event or activity is being conducted; (IV) the Competitive Rules; or (V) any other harm caused by an occurrence related to a SHERMAN LAKE YMCA event; and (g) I GRANT PERMISSION for the use of my name and/or likeness relating to my participation in THE SHERMANATOR TRIATHLON/DUATHLON/AQUABIKE, and I WAIVE all right to any future compensation to which I may otherwise be entitled as a result of the use of my name or likeness CONNECTED TO THIS EVENT OR ANY OTHER MANAGED OR OWNED BY THE SHERMAN LAKE YMCA. I HEREBY AFFIRM THAT I AM EIGHTEEN (18) YEARS OF AGE OR OLDER, I HAVE READ THIS DOCUMENT, AND I UNDERSTAND ITS CONTENTS.