

# GETTING VALUE FROM VALUES

EVERYDAY PRACTICES AND LINKS TO WELL-BEING

*Virtual Session*



Tuesday, May 27, 2025

12:00-1:30PM

In the field of social care everyone appears to agree that values are really important.

Just because values matter to people it does not always follow that we, or the organisations we work with, also know how to make the most of them. While research shows that doing values-based work badly causes more harm than good there are also some simple ways to start harnessing the value that values can bring.

Using examples from her consultancy work and reputable studies, Dr Jackie Le Fèvre will share examples of effective and ineffective practice. This session will be a blend of delivery and short exercises to illustrate how values work in real life. Topics that will be touched upon include

- values-based recruitment,
- communication,
- and the challenging issues of stress,
- moral injury and burnout.

Key take aways will include:

- simple things to try in the workplace to bring values to the fore,
- ways to strengthen connection with others through values
- and how our personal values can be a resource in cultivating our own well-being.

## Special Early Bird Offer

We are delighted to offer the first 50 people to register for this session the opportunity to undertake an inventory of their values at no additional cost.

Jackie works with the Minessence Values Inventory and our 50 early birds will receive complimentary access to the profiling tool. Once completed Jackie will email a copy of your personal Top 10 priority values together with a resource booklet to help you explore the results. (This package normally retails at around CA\$ 55).



Contact Us

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