

Group Therapy for Sexual Trauma Survivors

This is an intentional space for survivors to seek support, community, resources, and counseling

- ▶ Find your voice and inner strength
- ▶ Discover your resilience
- ▶ Strengthen self-esteem
- ▶ Learn healthy ways to cope with stress and triggers

Who: Female identifying individuals ages 14 to 17

Where: Virtual Sessions using Zoom

When: 8 Weekly Sessions
Starting March 2026

Payment Options: Accepting Insurance or Self-Pay



Survivor Counseling

For more information, visit www.survivorcounseling.com
or call us at (470) 229-1371