

# Group Therapy for Sexual Trauma Survivors

This is an intentional space for  
survivors to seek support, community,  
resources, and counseling

- ▶ Find your voice and inner strength
- ▶ Discover your resilience
- ▶ Strengthen self-esteem
- ▶ Learn healthy ways to cope with stress and triggers

**Who:** Female identifying individuals  
ages 14 to 17

**Where:** Virtual Sessions using  
Zoom

**When:** 8 Weekly Sessions  
Starting March 2026

**Payment Options:** Accepting Insurance  
or Self-Pay



## Survivor Counseling

For more information, visit [www.survivorcounseling.com](http://www.survivorcounseling.com)  
or call us at (470) 229-1371