



Join Us!

TBRI MONTHLY OPPORTUNITIES

SUMMARY

Trust-Based Relational Intervention (TBRI)® training is designed to equip professionals and caregivers with innovative strategies to recognize and respond to individuals who have experienced trauma.

Principles of TBRI®:

- Attachment-based and developmentally respectful to meet the complex needs of those who have experienced harm
- Encourages and promotes seeing the whole person in front of you by teaching you to see the need behind the behavior
- Evidence-based caregiving model created by the Karyn Purvis Institute on Child Development at TCU

Training is completed over two sessions, you will need to attend Session 1 & Session 2 to complete the training.

SESSION 1

March 12,
2025
8:30 AM -
12:30 PM

SESSION 2

April 16,
2025
8:30 AM -
12:30 PM

INVESTMENT

- 8-hours of instruction led by local TBRI® Practitioners
- Digital TBRI® Toolkit with printouts and short videos
- Pre & post-survey analysis and feedback
- Snacks & drinks during training

\$ 50 PER PERSON/SESSION



MURRAY CENTER FOR HOPE
3365 Cypress Mill Road
Unit 9/10
Brunswick, GA 31523

Session 1

Introduction and Overview (2 hours)

Learn how complex trauma affects the brain, body, biology, beliefs, and behavior.

Connecting Principle (2 hours)

Develop mindful awareness and meaningful engagement strategies to foster connection with the individuals you serve.

Session 2*

Empowering Principle (2 hours)

Learn to create an environment that promotes felt safety & self-regulation by meeting the physiological and ecological needs of the population you serve.

Correcting Principle (2 hours)

Create a plan to correct behavior by first connecting to the whole person in front of you through regulation, playful engagement, and appropriate levels of response.

*** must attend session 1 before attending session 2 ***

About Us

On an individual and systemic level, Hope 1312 Collective programs meet the physical, therapeutic, and relational needs of our community's most vulnerable children and families.

To learn more about our array of programs please visit:

www.hope1312co.org/programs



Registration

To contact us regarding
TBRI Training please email:
clements@hope1312co.org

