

Editorial Guidelines | "Power of Healing" Campaign

Thank you for being a guest contributor to our year-long series of guest blogs as part of our "Power of Healing" campaign.

In this blog series, we delve into the powerful journeys of healing and recovery and the resilience that fuels them. Each post will share inspiring stories of individuals who have faced challenges—whether physical, emotional, or mental—and have emerged stronger. We'll explore the tools and strategies that helped them rebuild their lives, the lessons they've learned, and how their experiences can empower others on similar paths.

Join us as we celebrate the indomitable human spirit and the courage it takes to turn adversity into triumph.

Guest blogs will be featured on the <u>Resilient Georgia</u> website and social media channels. Blogs will also be highlighted in our bi-monthly newsletter.

Please see below for our editorial guidelines and contact nwarner@resilientga.org if you have any questions.

Be vulnerable. Share (to the extent that you're comfortable) your personal experience with healing from trauma or adversity in your life and the resilience you experienced during and since that challenge.

Include resources. Please include tools and resources that could inspire others on a similar path with help and hope.

Share freely. Word count is flexible, but please aim for 500-700 words.

Give warning. If you are writing about a topic that could be triggering (e.g. domestic violence, child abuse, etc.) please add a trigger warning at the top, if applicable.

Send pics. We are requesting a headshot of all guest bloggers. Also, please share an image for the blog cover photo. If you need help, here are some (free) photo websites:

- Pixabay.com
- Freeimages.com



• Pexels.com