



### Help the Helpers: Individual Leadership Capacity Building with Gabrielle Stewart

Starting Spring 2025, we are excited to introduce the **Help the Helpers: Individual Leadership Capacity Building Sessions**, led by Gabrielle Stewart, our MSW intern and a seasoned nonprofit professional with decades of experience. Many of you may remember Gabrielle from her impactful leadership within Round 2's BRRNWGA coalition and Georgia Family Connection Partnership. Gabrielle is an expert in strategic planning, implementation, evaluation, and fostering stakeholder engagement in decision-making. These sessions are designed to support leaders in navigating the distinctive challenges they face, including compassion fatigue, vicarious trauma, burnout, and balancing personal beliefs with organizational responsibilities. Gabrielle's collaborative approach helps individuals reflect on their leadership styles, strengths, and capabilities to design tailored solutions. The goal is to enhance alignment within organizational frameworks, amplify leadership effectiveness, and unlock participants' full potential. She is currently pursuing her Master's of Social Work at Kennesaw State University and will be offering individual consultations, counseling, and coaching throughout the Spring semester for her clinical hours. These sessions can include, but are not limited to:

- **Assessment of professional skills and capacities to inform professional development and goal attainment action plans.**
- **Professional coaching for transition planning or to improve fit within an organization.**
- **Counseling to address issues that result from compassion fatigue, vicarious trauma, and burnout.**
- **Counseling for crisis intervention for the sudden loss of a co-worker or client.**

#### **About Gabrielle Stewart: <https://www.linkedin.com/in/gabriellehawkinsstewart/>**

Gabrielle Stewart is a technical assistance provider focused on incorporating best practices in equity and diversity in technical assistance to non-profit and community organizations. Currently completing her master's in social work at KSU, Gabrielle guides organizations and collaborative entities in strategic planning, implementation, and evaluation, utilizing sound governance practices and adjusting systems to be poverty- and/or trauma-competent. As a practitioner of Trust-Based Relational Intervention, she combines a 20-year history of non-profit leadership with a deep understanding of race equity, relationship building, and collective impact strategies to assist organizations in incorporating the voice of all stakeholders in decision-making. Her passion is leveraging her experience to help organizations improve life outcomes for children impacted by trauma, breaking cycles of generational poverty. Her collective impact experience includes work with the Georgia Family Connection Partnership, Building a Region of Resilience NWGA, Community Evaluation Solutions, the Georgia Campaign for Adolescent Power and Potential (GCAPP) Second Change Homes Network, Resilient Middle Georgia, and the Cobb Community Collaborative. Her experience is coupled with formal training from the Karyn Purvis Institute of Child Development, the Georgia Center for Nonprofits, United Way Worldwide, board service, and volunteerism.

#### **How to Schedule a session with Gabrielle:**

Appointments are available between 1 – 5 PM, Wednesday and Thursday afternoons, based on availability. To schedule, please email [Gabrielle \(gah4508@students.kennesaw.edu\)](mailto:Gabrielle(gah4508@students.kennesaw.edu)) with your preferred 1-hour time block. All sessions will be virtual on Zoom.

***Confidentiality Statement:** All capacity-building sessions will be confidential, no mental health diagnostic assessments will be implemented, and no diagnoses will be made. Additionally, no documentation will be recorded or filed with Kennesaw State University or Resilient Georgia. Gabrielle will be provided clinical supervision by KSU and is restricted from sharing the name or identifying characteristics of individuals served. Gabrielle and the participant will sign a confidentiality agreement before the first session. As a student, KSU provides clinical liability insurance for Gabrielle, and the certificate is available upon request. These sessions will not be shared with Resilient Georgia staff unless requested by the individual participating.*