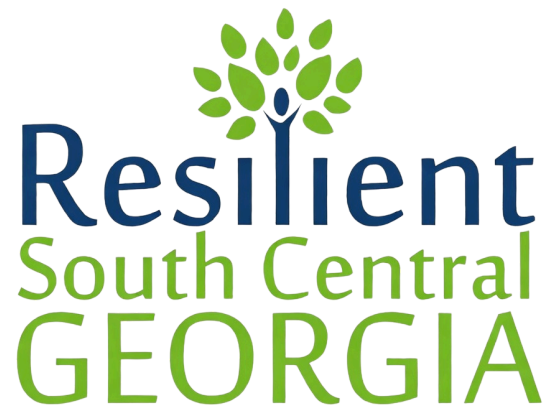


# April 2026 Newsletter



## **Welcome to Resilient South Central Georgia!**

We are excited to introduce Resilient South Central Georgia—a regional effort bringing together communities, partners, and leaders across nine counties to strengthen resilience, support mental well-being, and create lasting systems of care.

## **What is This Initiative?**



Resilient South Central Georgia is funded through Resilient Georgia and is focused on strengthening communities by promoting trauma-informed practices, increasing mental health awareness, and supporting youth and families across the region. This regional effort includes Appling, Candler, Emmanuel, Evans, Jeff Davis, Johnson, Tattnall, Toombs, and Wayne counties, all working together to build stronger systems of care and improve overall well-being.

This initiative is rooted in collaboration, bringing these counties together to share resources, ideas, and strategies. Rather than operating as a single program, Resilient South Central Georgia is a network of communities working collectively toward a common goal—building healthier, more resilient communities across South Central Georgia.

## **Interested in volunteering with Resilient South Central Georgia?**

The public is encouraged to get involved in this community effort. To learn more, contact our Co-Leads: Olivia Davis or Becky Anderson at: [olivia.hiersdavis@sharehealthsega.org](mailto:olivia.hiersdavis@sharehealthsega.org) or [banderson@tattnall.k12.ga.us](mailto:banderson@tattnall.k12.ga.us).

## **How the Cohort Works**

### **Counties work together, not in silos**

Communities across the region are connected through a shared network, allowing partners to collaborate instead of working independently. This approach strengthens communication and ensures efforts are aligned across counties.

### **Share resources, ideas, and strategies**

Partners regularly exchange tools, best practices, and lessons learned, helping each county build on what's already working and avoid reinventing the wheel.

### **Participate in regional meetings and trainings**

The cohort engages in ongoing learning opportunities, including trainings, workshops, and collaborative meetings that build knowledge and strengthen capacity across the region.

### **Implement local initiatives tailored to each community**

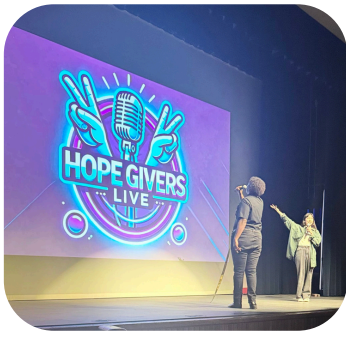
While the work is regional, each county focuses on strategies that meet the unique needs of their community, ensuring efforts are relevant and impactful at the local level.

### **Supported by Resilient Georgia and regional partners**

The cohort receives guidance, technical assistance, and support from Resilient Georgia and other partners to help drive meaningful and sustainable progress. This cohort model allows us to learn faster, grow stronger, and create impact that reaches beyond county lines.



## Growing Hope Across South Central Georgia



The Resilient South Central Georgia Coalition recently participated in the Teen Summit in Vidalia, hosted by Hope Givers, where each county in the cohort sent representatives from their Youth Advisory Teams. This event brought together youth from across the region to connect, learn, and grow as emerging leaders within their communities. This opportunity not only strengthened regional connections among youth but also reinforced the importance of investing in the next generation of leaders. As these students return to their communities, they bring with them new skills, inspiration, and a renewed sense of purpose to support and lead local initiatives.

## Upcoming Events

**BREAK THE SILENCE.**  
*Start the Conversation.*

Prom should be a **great memory**, but if you or a friend ever need someone to talk to, **help is always available.**

Call or Text → **988** | 988 Suicide & Crisis Lifeline  
 FREE • CONFIDENTIAL • 24/7

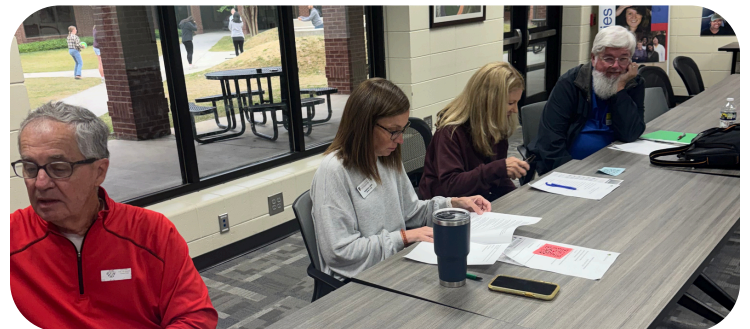
Presented by the *Break the Silence* Youth Advisory Group

Jeff Davis Family Connection is partnering with their Youth Advisory Group to distribute prom-season postcards encouraging students to “Break the Silence. Start the Conversation.” Each card highlights the 988 Suicide & Crisis Lifeline, reminding students that help is free, confidential, and available 24/7—ensuring they know support is always within reach.

## Partner Spotlight: Candler Family Connection

Through Candler Family Connection’s ongoing efforts, they have been actively conducting trainings that equip individuals, families, and community partners with the knowledge and tools needed to better understand mental health, trauma, and the importance of supportive environments. These trainings play a critical role in building a more informed and compassionate community, while strengthening local capacity to respond to challenges related to mental health and stress.

In addition to their training efforts, Candler Family Connection recently hosted a community food distribution, where they also provided mental health awareness materials to those in attendance. By pairing essential resources like food access with educational outreach, they are meeting people where they are and addressing both immediate needs and long-term well-being. This approach reflects the heart of resilience work—supporting individuals holistically and ensuring that communities have access to both tangible resources and the knowledge needed to thrive.



GEORGIA  
**family connection**

