



Editorial Guidelines | 2026-2027 “Resilient Futures” Campaign

Thank you for your interest in being a guest contributor to our 2026 "Resilient Futures" blog campaign. This series will be featured throughout the 2026-27 school year.

Across Georgia and the nation, young people are facing unprecedented challenges that impact their mental health and well-being. From social media and technology to academic pressures, trauma, loneliness, violence, substance use, family stress, and uncertainty about the future, today's youth are navigating a complex world that demands our attention and action.

Through **Resilient Futures**, we aim to elevate conversations about youth mental health by bringing together diverse voices from across Georgia—including young people ages 14-26, parents, caregivers, educators, healthcare professionals, community leaders, advocates, and researchers. Together, we will explore the challenges facing youth today, highlight promising solutions, and share strategies that help young people build resilience and thrive.

At the heart of our series is **personal storytelling**. We invite contributors to share personal experiences, professional insights, lessons learned, and evidence-based approaches that can help strengthen the mental health and well-being of Georgia's youth. As with our [previous blog series](#), we are committed to supportive one-on-one editorial relationships, knowing the power of being truly seen and heard during moments of vulnerability. These are the moments when growth can occur—and we believe that growth requires compassion and care.

We strive to create a **safe, nurturing, and encouraging space** for writers and recognize the **meaningful contributions of diverse voices** in our community—their dreams, struggles, and the bridges they build between challenge and inspiration.

Guest blogs will be featured on the Resilient Georgia website and social media channels.

Blogs will also be highlighted in our bi-monthly newsletter.

Editorial Guidelines:

- **Focus on youth mental health** Please center your blog on a mental health challenge, trend, opportunity, or solution affecting children, adolescents, or young adults today. Topics may include anxiety, depression, trauma, social media, school stress, bullying, substance use, resilience, family support, community connection, prevention, or other issues impacting youth well-being.



- **Share your unique perspective.** We welcome personal stories, professional experiences, research insights, or community-based observations. Whether you're a young person, parent, educator, clinician, advocate, or community leader, we encourage you to share your unique perspective.
- **Honor your authentic voice.** Please refrain from using AI tools (i.e: ChatGPT) to write your post. We want your unique voice, lived experience, and perspective to shine through. Our professional team is happy to support you with proofreading, editing, and refining your piece as needed.
- **Highlight hope and solutions.** While many youth mental health challenges are significant, we encourage contributors to identify strategies, resources, programs, policies, or practices that can help support young people and families.
- **Include resources.** Please include tools, strategies, or resources that could offer hope and guidance to others on similar paths.
- **Share freely.** Word count is flexible, but please aim for 500-700 words. We want your voice to be fully expressed without feeling constrained.
- **Give warning.** If writing on sensitive topics (e.g., domestic violence, child abuse), please include a trigger warning at the beginning, if applicable.
 - *i.e: *This guest blog post mentions suicide. While we believe it is important to have open and honest conversations about mental health, we also understand that these discussions can be triggering for some. If you or someone you know is struggling, help is available. In the US, the number 988 is the National Suicide and Crisis Lifeline, available by phone or text 24/7 in English and Spanish.*
- **Include a brief bio.** Please send us a few sentences stating who you are, your background, and anything else you'd like to include in your author bio.
- **Send pics.** We request a headshot of all guest bloggers and an image for the blog cover photo. If you need help, here are some free photo websites:
 - Pixabay.com
 - Freeimages.com
 - Pexels.com

If you have any questions, please feel free to reach out to nwarner@resilientga.org. We look forward to working with you and sharing your story with our community.