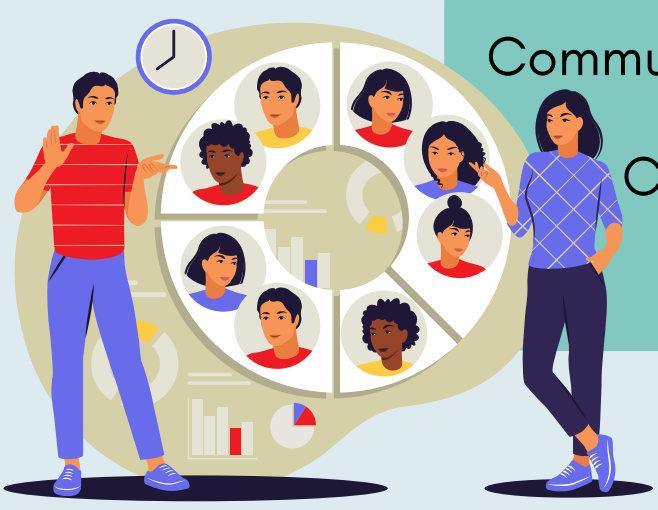
Beyond the Shop

Frontline Readiness

A Community Mental Health Awareness Session

Overview

Beyond the Shop. Foundations is a 2-hour introductory training designed to increase awareness, shared language, and confidence around mental health and substance use in community settings.
This session is educational and non-certifying.



Who It's For

Community leaders and frontline workers
Nonprofit and faith-based teams
Corporate and organizational staff
Trusted messengers and helpers



What Participants Will Learn

Core mental health concepts
How trauma and stress show up in everyday behavior
The role and limits of a community advocate
How to notice concerns and connect people to support



What This Training Is Not

Not a clinical training
Not a certification
Not crisis intervention instruction



Format

2 hour facilitated session
Interactive discussion and reflection
Digital and printed resources included



Pathways Forward

Participants and organizations may continue into:
Full Beyond the Shop Certification
Train-the-Trainer programs
Organizational licensing options

Presented by: L+J EMPOWERMENT · TCP THE CONFESS PROJECT of AMERICA

For more information, please contact
tcpaconnect@ljempowerment.org