



When educators are equipped with the knowledge, tools, and skills to create environments that increase their own resilience and reduce anxiety, they can play a significant role in promoting healthy stress responses, promoting academic success, and supporting positive health outcomes for the entire school community.

Are you a **principal, district staff or community partner** and want to learn more about **supporting staff well-being** while **building a community** with other educational and community leaders across Georgia?

[Sign-Up Here](#)

3rd Tuesdays
12:30-1:30pm ET

September 17
October 15
November 19
January 21
February 18
March 18

Join our Staff Well-Being Community of Practice for District & Community Leaders

