



Coalition Onboarding Resource Guide

A photograph of multiple hands of various skin tones stacked on top of each other in a circular formation, symbolizing unity and collaboration. This image serves as the background for the middle section of the cover.

**BUILDING A COLLABORATIVE,
TRAUMA-INFORMED &
RESILIENT GEORGIA**

WWW.RESILIENTGA.ORG

Welcome to the Resilient Georgia Team!

This onboarding packet will provide you with everything you need to know to succeed as a coalition, including resources, contacts, and key initiatives.

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About Resilient Georgia

Resilient Georgia (RG) was co-founded by two passionate behavioral and mental health advocates. Prior to establishing RG, they had hundreds of conversations about behavioral and mental health with partners statewide and nationally. Through these conversations, they identified (1) Key state and local partners and varying perspectives to ACEs, trauma and resiliency factors; (2) Target populations across Georgia that lack access to behavioral health services and/or have higher rates of ACEs and trauma; (3) Barriers to access and often a lack of awareness; (4) Work force gaps; and (5) Siloed work that was not being communicated. RG was established to bolster collaboration across sectors and to leverage existing resources by moving upstream with a preventive approach of establishing trauma-informed practice across all sectors. Building a common language and understanding would provide the right care, at the right time, in the right setting to improve long-term outcomes.

In April of 2019 and before RG became a 501c3, RG brought together approximately 40 stakeholders and partners for a two-day Strategic Planning Meeting. Leaders from various sectors supported the development of our 2019-2022 Strategic Map, creating a true collective impact effort. We also uncovered three themes we now consider the pillars of our work: To Convene and Connect; To Share Innovation; and To Remove Barriers. These pillars continue to drive our goal of aligning public and private efforts and resources across the state to support resiliency for all people between the ages of 0 and 26, as well as their families.

- **Who We Are:** Resilient Georgia is a statewide coalition of more than 900 public-private partners and stakeholders committed to building a more resilient, trauma-informed Georgia by preventing Adverse Childhood Experiences (ACEs) and promoting resilience.

- **Our Mission:** Our mission is to lead a state-wide coalition to develop a closely aligned and trauma-informed public and private network working toward a united vision to create a birth through 26-year-old integrated behavioral health system. Key components to be implemented by our partners include prevention, early intervention, research, advocacy and policy, and System of Care implementation and coordination.
- **Our Vision:** Every child and young adult in Georgia will have access to high-quality, integrated behavioral health services and support, empowered by a statewide network of trauma-informed organizations working together to prevent and heal childhood adversity.
- **Regional Coalitions:** RG now partners with 18 regional coalitions across 133 counties, with a goal to include all 159 counties by the end of 2025. The annual [Regional Coalition Summary Reports](#) shares a high-level overview of each Regional Coalition.
 - **New RG Coalition Leaders:** *Please send your bio and headshot to your point of contact listed below so we can get you [added to our website!](#)*
- **RG Leadership Team:** Comprised of board members, staff, working committees, and interns.
 - **Audrey Idaikkadar**, Director of Regional Programs, Point of Contact for Round 3 (except RUCSG). Contact: aidaikkadar@resilientga.org
 - **Nikki Warner**, Regional Program Manager; Point of Contact for Round 1 and Round 4. Contact: nwarner@resilientga.org
 - **Alex English**, Regional Senior Program Coordinator, Point of Contact for Round 2, Round 5, and Resilient and United Communities of South Georgia. Contact: aenglish@resilientga.org
- **5-Year Anniversary Video:** A celebration of Resilient Georgia's success and collaboration over the past 5 years.

How We Support You

- **Reports & Briefs:** Learn more about RG's inception, priority areas, and strategic plans on our website.
- **Training Roadmap:** A guide to free and affordable training on resilience and trauma-informed practices tailored for various sectors.
- **Learning Cards:** Available in 13 languages, these cards can be co-branded with your logo at no cost. Contact us to request your set.
- **Sector Specific Resource Guides to Becoming Trauma Informed Organizations:** These resource guides define and explore examples of trauma-informed approaches within different work sectors.
- **Speakers Bureau:** A directory of Subject Matter Experts who can provide information and presentations at local events.

- **Justice, Equity, Diversity, and Inclusion (JEDI) Resource Guide:** A brief guide that defines Justice, Equity, Diversity, and Inclusion and highlights examples of how coalitions have integrated JEDI into their work.
- **Resource Pages:** Mental health resources for diverse communities, including AAPI, LGBTQ, Black, Hispanic, and Latinx populations, and resource pages focused on topic areas like ACEs, Art Interventions, and Early Childhood.
- **Evaluation Plan Framework:** It is crucial to begin data collection and the measurement of change as soon as the coalition programs begin. This early start is essential to establish baseline data, which will be invaluable in assessing progress and impact over time.

RG & Peer-to-Peer Events

- **Round Update and Coalition Connection Calls:** Coalition leaders share updates, learnings, and challenges in monthly calls within their cohort in Round Update Calls or with other cohorts in Coalition Connection Calls.
- **Peer to Peer Network Meetings:** Led by Regional Coalition Leaders, this optional monthly peer-to-peer check-in zoom is for coalition coordinators. The primary objective of these "Peer-to-Peer" calls will be to facilitate focused discussions that complement Resilient Georgia's existing monthly coalition round-up meetings. These sessions aim to foster engagement and collaboration across our state using a peer-to-peer model, encouraging shared learning, mentorship, and partnership opportunities. We will be meeting on the first Tuesday of every month at 2pm.
- **Lunch and Learns:** Seven virtual sessions held annually to connect coalitions with statewide, national, and international resources. At least one representative from each coalition is encouraged to attend. Calendar invitations for 2025 sessions will be sent soon, and recordings are available on our website.
- **Regional Coalition Events:** Share your events with us for promotion through our website and social media. Submit via google form, during update calls, or email event info to Nikki at nwarner@resilientga.org.
- **General Meetings:** These meetings occur 2x/year and highlight innovations in trauma informed care and approaches in Georgia. Past General Meeting topics include "Food, Mood, and Mental Health," "Trauma-Informed Innovations in Health Care," and "Teen Mental Health." Partners, funders, elected officials, and journalists have attended past meetings, and the meeting participation ranges from 120 to 200 participants.

- **Regional Showcase:** Occurs every other year, held in April and November during general meetings. These virtual events highlight coalition successes and innovations. More details to follow in upcoming communications.
- **Strategic Planning Days:** The Regional Coalition Team organizes in-person strategic planning days in partnership with the Georgia Health Policy Center to support coalition leaders in planning for Years 3 and 4 and Years 5 and 6 applications.

Communication Channels

- **Monday Memos:** Weekly emails with funding information, professional development opportunities, and helpful resources. The emails also include announcements from the Regional Coalition team and shoutouts celebrating regional coalition events and initiatives. To add partners or submit content, contact Nikki Warner (nwarner@resilientga.org)
- **Bi-Monthly Newsletters:** Comprehensive updates on Resilient Georgia's progress and initiatives, as well as highlighting our regional coalitions and the amazing work being done around the state.
- **Social Media:** Stay connected and engaged with Resilient Georgia updates and news.

[RG Instagram](#)

[RG Facebook](#)

[RG Website](#)

Training & Programmatic Resources

- **Ignite Workbook:** A practical tool to inspire and guide your collective impact work.
- **Handle with Care:** It is our hope that trauma-informed initiatives such as HWC get implemented in each region. There are statewide monthly collaborative meetings to discuss trauma-informed best practices and implementation.
- **Prevent Child Abuse Georgia:** Training and resources for child abuse prevention, including Mandated Reporting and Protective Factors.
- **Community Resiliency Model (CRM):** CRM training lays the foundation for self-care using body-based wellness skills.
- **Connections Matter:** Interactive, discussion-based curriculum that helps people better understand trauma, brain development, resilience, and health.
- **Child Welfare Training Collaborative:** Training courses that provide an opportunity to bring together community partners who serve families to discuss complex trauma, its impact on the brain, and how to build resilience.
- **Mindful Self-Compassion (MSC):** MSC combines the skills of mindfulness and self-compassion, providing a powerful tool for emotional resilience.

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Next Steps

1. **Schedule** a virtual introductory call with the RG Regional Coalition team via email.
2. If you are a new coalition member, **please send** your bio and headshot to your point-of-contact so we can add you to our website!
3. **Review** the resources provided and identify any additional materials you need.
4. **Make sure you have received** all the upcoming Round Update call invites, peer to peer invites, and Lunch and Learn invites.
5. Please feel free to **reach out** for connections with fellow coalition leaders to share ideas and best practices.

Thank you for joining Resilient Georgia in our mission to build a stronger, more resilient state for our children and families. Together, we can make a difference!