

The Kensington White Plains Presents

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Be Your Own Advocate: Take Control of Your Future with Parkinson's

Tuesday, June 9th, 9:30am - 11am

*The Chapel in the Woods Located at Congregation Kol Ami,
252 Soundview Ave., White Plains, New York*

Join us for an insightful discussion with **Fiona Gupta, MD, board-certified neurologist.**

Dr. Gupta will share valuable guidance on how individuals living with Parkinson's—and those who support them—can become stronger advocates in their care journey.

Attendees will walk away with a deeper understanding of how to navigate Parkinson's with clarity and purpose.



Fiona Gupta, MD, is a board-certified neurologist at New York Neurology Associates, where she holds the title of Director of the Division of Movement Disorders.

Our Expert Will Discuss:

- Tips on effectively communicating with your healthcare team.
- How to better understand your diagnosis.
- Make informed decisions that align with your goals and quality of life.

Presented in Partnership with:



For questions, please email Glenn Frisbie, cfrisbie@kensingtonsl.com.



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