

## We were born to do this: Walking in the footsteps of women saints

Annual Women's Retreat October 3-5, 2025 ECCO

<u>Friday</u>

4pm Check-in begins 5pm Hospitality in Walters Chapel

6pm Dinner

7pm Evening Prayer and campfire

Saturday

8am Breakfast

9am Movement:

Yoga, labyrinth walk, hike to pounding stones or campo santo

10:30am Gathering prayer and reflection on the saints in Walters Chapel

11:45am Group photo

12pm Lunch

1pm Arts & Crafts:

coloring sheets, friendship bracelets, candle making

OR rest

OR labyrinth walk/hike to pounding stones or campo santo

3pm Reflection on the saints in Walters Chapel

5pm Hospitality

6pm Dinner

7pm Wine tasting & succulents

9pm Compline

## Sunday

8am Breakfast and checkout

9:30am Eucharist with members of St Raphael's at ECCO, followed by coffee hour and departure







