

LIVE INTERACTIVE VIRTUAL CONFERENCE

INTEGRATED PATHWAYS:

SENSORY PROCESSING / REGULATION, EMDR / TRAUMA AND IMAGO/ ATTACHMENT THERAPIES

Presented by

Kathy Dickinson Gray OTA, LPC, LMFT

Certified EMDR & Imago Therapist

Sensory Processing/Disorder Specialist

Sandra Dickinson LPC, LMFT, NCC

Certified EMDR & Imago Therapist and

Workshop Presenter

January 22-23, 2021

8:30 am - 5:00 pm

\$275.00

Seats are limited!

REGISTER NOW

14 EMDRIA CEs

Required:

Certificate of Completion of EMDRIA Approved EMDR Training



INTEGRATED PATHWAYS™

Integrated Pathways: Sensory Processing / Regulation, EMDR / Trauma and Imago / Attachment Therapies

Integrating Pathways Model combines techniques and strategies from Sensory Processing/Regulating, EMDR and Imago/Attachment theories.

Participants will learn and personally experience the Integrative Pathways Protocol, which allows clients from the first session to begin self-regulation and to develop an openness that reduces anxiety, not otherwise present. This model provides techniques and dialogues that help and restore attachment, autonomic regulation, enhancing development and the recovery process. Throughout these two days we will be using Sensory/Self-Regulation, Polyvagal/Autonomic, IMAGO/Attachment, and EMDR Trauma informed theories. There will be an overview of Sensory Integration/Processing, from within utero to present, with experiential activities that demonstrate techniques for self-regulation and increase one's ability to manage emotions.

The IP model delineates the relationship between sensory integration and processing, trauma, attachment, and other mental health symptoms and behaviors. This protocol is designed to consistently interweave with the AIP process of EMDR and the other theories, designed to complement each other in rewiring suffering, discomfort, and the disconnection from self and others. Participants will learn to provide ways to calm anxiety and increase the 'window of tolerance', while processing old wounds and negative messages, allowing for sustainable emotional and behavioral changes.

Participants will identify and work with the reactivity around attachment, and traumatic memories, while integrating the emotions, body and mind. There will be break out rooms for practicing the protocol and question and answers.



LEARNING OBJECTIVES

- Participants will be gaining an understanding of Sensory Processing /Sensory Processing Disorder, along with causes, symptoms and effects of emotional development.
- Explore how traumatized clients process information through the lens of the Sensory, AIP/ EMDR, and IRT Therapies.
- Develop an understanding of how Sensory Processing tools and techniques can relieve traumatic re-experiencing and develop new connection within self and others.
- Demonstrate the integration of the Sensory Processing, EMDR, and IRT with interactive examples.
- Experiential integration of techniques for self-regulating and reconnecting through the Inner Child process and Imago dialogue.
- Explore how childhood experiences effect neurological, cognitive, and emotional development, which affecting self-worth, confidence, self- regulation, and plus the ability to connect with one's self and others.
- Discuss and demonstrate how to develop a treatment plan for Integrating Pathways in one's practice.
- Learn to seamlessly move through these theoretical skills to enhance the level of processing.



KATHY DICKINSON GRAY



Kathy Dickinson Gray is a practicing clinician who has worked in the field of **Occupational Therapy for 28+ years**, specializing in **Sensory Processing/ Modulation**. This work includes all **ADD/ADHD, Autism, Trauma, Eating Disorders, Learning and Emotional Difficulties, Dyslexia, Dysgraphia, OCD, PDD, Addictions, Social/ communicational challenges** and other diagnoses, interrupting an individual to meet their full potential.

Kathy's practice has expanded in the arena of emotional struggles within families, adults, teens and children, as an **LPC** and **LMFT**. Through Kathy's extensive experience of working with Sensory Processing issues, plus her skills as a **Certified EMDR & Imago therapist**, she has developed an effective treatment protocol for working with **PTSD**, all traumas, **Eating Disorders, Cutting, OCD, Addictions, Marital/Family Conflicts**, and other diagnoses that have been difficult to treat and master. Kathy is a trainer, speaker and presenter, as well as appeared in "**Love That Works**" series with Sandra Dickinson for 10 years. Kathy is located in the **Heights (Houston), Kingwood and Austin** areas.

Website:

www.kathydgray.com

www.kathygrayachievefulfillment.com



SAUNDRA DICKINSON



Sandra Dickinson is a **LPC, LMFT**, and an **NCC** in private practice in the Humble/Kingwood area at **ALTERNATIVES FOR FAMILY CRISIS** since 1992. She is a **Certified EMDR Therapist** since 1998 and is now a **CIT**. Her specialty is in the arena of human relationships of all kinds, couples, families, individuals, work, community, friendships, addictions, and trauma. In the past 30 years, Sandra has been trained and mentored by many who have become the best in their fields,

Harville Hendrix and **Helen LaKelly Hunt** who pioneered the world-renowned IMAGO Relationship Therapy that is now in 57 languages. She is a **Certified IMAGO Relationship Therapist** and **Workshop Presenter** for both **couples** and individuals and served for two years on the **Board of IMAGO Relationships International**. Her years of formal training have extended to **Pia Mellody** at The Meadows in Arizona for her **Inner Child Work**, **Terry Real** in Boston for his **Relationship Rescue** work, **Hal and Sidra Stone's Voice Dialogue** work, **Stephan Glen's** work, **Raising Self-Reliant Children in a Self-Indulgent World**, and countless **EMDR Trainers** in the past 22 years who have turned the light on with trauma so that it does not have to be a debilitating disease that permanently stifles one's life.

Sandra has written her own book, **Love That works: The 12 Foundation Stones** and created and presented her popular television show, "**Love That Works**" seen for 10 years on the local Kingwood Cable. In her 30 years in this field, Sandra's knowledge, experience, and dedication have helped teach many couples, individuals, and families the importance and necessity of restoring and reconnecting their lives with their marriages and families.

Website:

www.saundradickinson.com to learn more about her work.

Email her at: Dsaundra@suddenlink.net



AGENDA

DAY 1

8:30 - 9:00	Check-in & Registration
9:00 - 10:30	Introductions, Sensory Processing / Theory
10:30 - 10:45	BREAK
10:45 - 12:15	Sensory / Regulation, Memory / Experiences
12:15 - 1:15	LUNCH
1:15 - 3:00	SPD / Development/Trauma / AIP & EMDR Phases
3:00 - 3:15	BREAK
3:15 - 4:45	Strategies / Techniques with Symptoms and Diagnosis / Experiential Activities
4:45 - 5:00	Q & A

DAY 2

8:30 - 9:00	Check-in
9:00 - 10:30	Imago / Attachment Brain Development in the Attachment and Connection Piece
10:30 - 10:45	BREAK
10:45 - 12:00	Imago Theory Brain / Attachment / Creating & Holding Connection
12:00 - 1:00	LUNCH
1:00 - 2:30	“Appreciation”/ Attachment breakout Basic Dialogue Mirror, Validate and Empathy Demo
2:30 - 2:45	BREAK
2:45 - 4:30	Breakout room/ Using the Integrated Pathway Theory
4:30 - 5:00	Q&A



CANCELTATION POLICY

Tuition will be refunded for cancelations made up to two weeks prior to the first day of training. Within the two-week window prior to the start of training, and after beginning the training, no refunds will be made. Registrants that partially attend the training, or do not complete the training will not receive a refund and cannot transfer their attendance to another training.

In the event that the presentation needs to cancel the training due to under-enrollment or presenter illness, participants will be notified by one week prior to the training and full tuition will be refunded.

REGISTER NOW

