

Shalom Chaverim (friends/members)!

Celebrating something special soon? Having an anniversary? A new baby joined the family?

I have volunteered to “take over” the Friday night *Onagim (Oneg)* which in Hebrew means pleasure, not food or snacks.

We call it *Oneg Shabbat*, which is a *Mitzvah* to enjoy good food or snacks and drinks on *Erev Shabbat*. It’s in *V’Shamru* which we sing every Friday night! Here at Emanuel, we enjoy our *Oneg Shabbat* after the service in the social hall.

We’d like the *Oneg* to consist of both sweet and savory snacks, for instance, cookies, cakes, brownies, etc., and veggies with dip, hummus, pita, crackers, and an assortment of sliced cheeses (small squares), fruit cut up and in small portions and anything else you can think of. We are a nut-free establishment, and Kosher-style, so no meat when there’s cheese and cakes with dairy and dairy dips. You should also plan to serve water, either in our pitchers or in individual bottles, or other beverages to accompany the food (lemonade, etc.).

It is important to give yourself time to plate it all before the service, and not just drop it off in the kitchen. We recommend setting everything up except items needing refrigeration and then usually when the *Aleinu* is said close to the end of the service you can go into the social hall and add the refrigerated items to the tables. You also will need to supply 6 round tablecloths and 2-4 large rectangular tablecloths (plastic ones from Dollar Tree are good) and small disposable napkins, plates, silverware, and cups for drinks if not using water bottles.

This would be a great way for your *Chavurah*, class, group, or family to be recognized! Like Star Wars? Space? Broadway shows or the theater? I’m sure you can think of a theme you’d like (the sky’s the limit)! It would be a lot of fun and great conversations at the tables!

Need help? Have questions? Feel free to email me: dinabedak1@gmail.com

I’m looking forward to our Friday night *Onagim* together!

Dina