

# Malnutrition Care for All

## Addressing malnutrition across healthcare settings

**Malnutrition starts in the community**



**Up to 1 in 2 adult patients**

admitted to hospital is malnourished



**Up to 1 in 3 pediatric patients**

admitted to a tertiary hospital is malnourished



**Malnutrition is costly**

**Average 3 days longer**

hospital stay in malnourished patients

**\$1500 - \$2000**

in extra added hospital cost per patient



**\$2 billion/year**

is the estimated cost of malnutrition



**Poor food intake is a reality**



**1 in 3 older adults**

has difficulty meeting their nutritional needs



**1 in 4 pediatric patients**

meets less than 50% of their energy needs



**30% of adults**

eat less than half their food in hospital



**Weight loss occurs in hospital & after discharge**

**Greater than 5% weight loss**

is associated with a longer length of stay in hospital

**1 in 4 adults**

reports weight loss within 30 days after hospital discharge

**1 in 5 pediatric patients**

loses more than 5% of their body weight in hospital



**YOU** can make a difference by adopting evidence based nutrition interventions aimed at **detecting, treating and preventing malnutrition** across hospital, primary & community care and long term care settings.

### Looking for tools and assistance?

The Canadian Malnutrition TaskForce (CMTF) has created evidence based pathways, resources and tools to help address malnutrition in your setting. These are available [here](#).

**Also check out!**

[HSO Malnutrition Standard](#)  
[SGA Video Collection 2002](#)  
[Infographics-Health Care Providers](#)

