

Message from Dr. Brian McKenna

Deputy Lead Physician

Dear Colleagues,

I sincerely hope that this note finds you well. The cooler air and shorter days are a reminder of both how quickly the calendar turns but also of how refreshing that sense of a new season can be. As we enter the fall season, I wanted to take this opportunity to both brief everyone on some of the interesting work that is ongoing at the HFHT but also to reaffirm our commitment to the wellbeing of everyone across our FHT as we enter an unpredictable viral season. I know that I speak for both Scott as well as myself in saying that if anyone is struggling in their current practice situation, we'd really appreciate hearing from you. A core component of our strategy going forward is to develop and implement the types of infrastructural supports that clinicians need to practice their craft with peace of mind in knowing that there is always help when required.

I typically spend Tuesdays at the HFHT offices at 123 James St. North where every week I find myself grateful to be involved in the types of projects that are undoubtedly laying ground work for a more impactful, rewarding, and evidence-informed primary care system for our city. From reimagining the delivery of our mental health program to fundamentally moving 'upstream' in terms of our targeted efforts at addressing the social determinants of health, HFHT team members are actively envisioning a system for Hamilton that lives up to the IHI quadruple aim.

This incredible work would not be possible without meaningful engagement, including from our family physicians. No matter your capacity to commit, be it more formally on an ongoing basis or simply to have a sincere conversation about something of interest or concern to you, Scott and/or I would welcome the call or email.

I wish everyone peace and good health in the weeks ahead. Let us reflect wholeheartedly as we honour this week's National Day for Truth and Reconciliation.

Brian