



Abundant Health

massage therapy & wellness

Kristina Mozzicato, LMT, CCT, BCTMB

Board Certified Massage Therapist

Certified Cupping Therapist

CT License #005956

2 Forest Park Drive

Farmington, CT 06032

Convenient Online Booking at:

www.abundanthealthct.com

Cupping

- Rapidly facilitates rigid soft tissue release, loosens & lifts connective tissues, breaks up and drains stagnation while increasing blood & lymph flow to skin & muscles in ways not possible using compression.
- Included as part of your massage session at no extra cost (by request)



For every \$100 spent on Gift Certificates and Packages, you will receive a \$25 credit to use towards a session or another Gift Certificate. There is no limit, and credits do not expire.

- **Not valid with any other offer**
- **We accept all major credit cards and HSA/FSA**
- **This offer expires 12/31/2019**