



EDUCATIONAL 3 PART SERIES



Join us for a 3-part educational series presented by Debbie Bain. Debbie is the founder and managing director of Prism Health Advocates who is a strong believer that '**access to quality care should be available to everyone**'. Debbie is a former trauma nurse who will be the key guest speaker for a three part Lunch & Learn series held at Brandywine Living at Litchfield.

A complementary lunch will be provided by our talented chefs!

Q&A to follow after presentation.

TIME FOR EACH EVENT: 12PM TO 1PM



PART 1: WHY PROACTIVE HEALTHCARE IS SO IMPORTANT!

Wednesday, April 17th

RSVP by Friday, April 12th



PART 2: HOW TO LISTEN TO YOUR BODY!

Wednesday, May 8th

RSVP Friday, by May 3rd



PART 3: HOW TO MAKE THE MOST OF YOUR DOCTORS APPOINTMENT

Wednesday, June 12th

RSVP Friday, by June 7th

RSVP TO

Nanette or Amber at 860-567-9500 or nbergin@brandycare.com by March 22nd

LOCATION

Brandywine Living at Litchfield, 19 Constitution Way, Litchfield, CT 06759