



## EDUCATIONAL 3 PART SERIES

Join us for a 3-part educational series presented by Debbie Bain. Debbie is the founder and managing director of Prism Health Advocates who is a strong believer that **'access to quality care should be available to everyone'**. Debbie is a former trauma nurse who will be the key guest speaker for a three part Lunch & Learn series held at Brandywine Living at Litchfield.

A complementary lunch will be provided by our talented chefs!

Q&A to follow after presentation.

**TIME FOR EACH EVENT: 12PM TO 1PM**



### PART 1: WHY PROACTIVE HEALTHCARE IS SO IMPORTANT!

**Wednesday, April 17th**

**RSVP by Friday, April 12th**



### PART 2: HOW TO LISTEN TO YOUR BODY!

**Wednesday, May 8th**

**RSVP Friday, by May 3rd**



### PART 3: HOW TO MAKE THE MOST OF YOUR DOCTORS APPOINTMENT

**Wednesday, June 12th**

**RSVP Friday, by June 7th**

**RSVP TO**

Nanette or Amber at 860-567-9500 or [nbergin@brandycare.com](mailto:nbergin@brandycare.com) by March 22nd

**LOCATION**

Brandywine Living at Litchfield, 19 Constitution Way, Litchfield, CT 06759