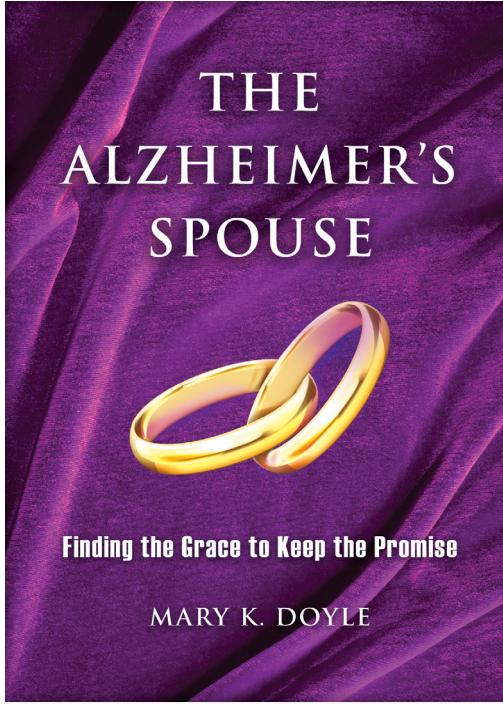


The Alzheimer's Spouse

A Free Dementia Caregiving Seminar



**Featuring Guest Speaker Mary K. Doyle
Author, Navigating Alzheimer's and The Alzheimer's Spouse**

Alzheimer's interferes with all aspects of its victim's life including relationships. No relationship is more affected than that of the spouse. As a life-partner, we are connected to one another on every level. During this presentation, discover not only how Alzheimer's interferes with our marriages but what we can do to counter its effects in regard to:

- Our change in marital expectations
- The transition from partner to caregiver
- Our family relationships
- The safety and décor of our home
- How we communicate
- Going out with our loved one
- Family finances
- Intimacy
- Separation when a spouse is moved to managed care
- Adjusting to the ever-changing new normal
- The importance of maintaining our own health and well-being



arden-courts.com

**Tuesday
July 16, 2019**

5:00 pm - 5:30 pm
Registration and Light Refreshments
5:30 pm - 6:30 pm
Seminar

Arden Courts of Avon
100 Fisher Drive
Avon, CT 06001
860.678.7500

Adult day care will be provided

At Arden Courts we offer:

- **100% Dedicated Memory Care**
- **Safe, secure indoor/outdoor walking paths**
- **Nursing services on-site**

RSVP by calling 860.678.7500 or e-mailing Avon@arden-courts.com

Arden Courts 
Memory Care Community

