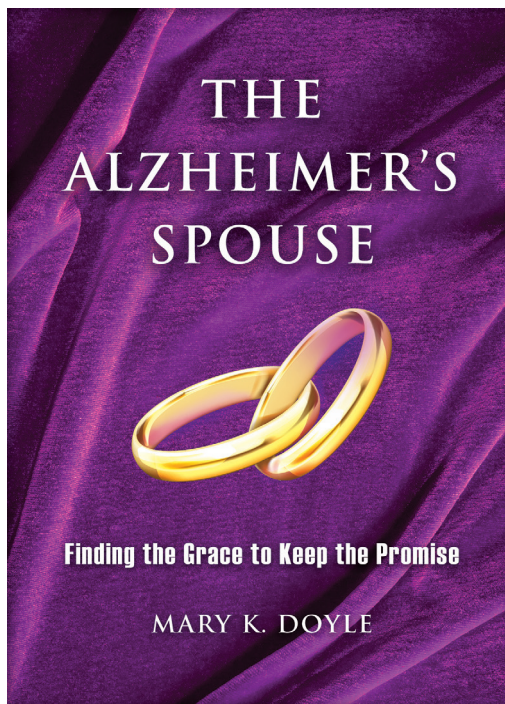


The Alzheimer's Spouse

A Free Dementia Caregiving Seminar



Featuring Guest Speaker **Mary K. Doyle** Author, *Navigating Alzheimer's* and *The Alzheimer's Spouse*

Alzheimer's interferes with all aspects of its victim's life including relationships. No relationship is more affected than that of the spouse. As a life-partner, we are connected to one another on every level. During this presentation, discover not only how Alzheimer's interferes with our marriages but what we can do to counter its effects in regard to:

- Our change in marital expectations
- The transition from partner to caregiver
- Our family relationships
- The safety and décor of our home
- How we communicate
- Going out with our loved one
- Family finances
- Intimacy
- Separation when a spouse is moved to managed care
- Adjusting to the ever-changing new normal
- The importance of maintaining our own health and well-being



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**Tuesday
July 16, 2019**

5:00 pm - 5:30 pm

Registration and Light
Refreshments

5:30 pm - 6:30 pm

Seminar

Arden Courts of Avon

100 Fisher Drive

Avon, CT 06001

860.678.7500

**Adult day care will be
provided**

At Arden Courts we offer:

- **100% Dedicated Memory Care**
- **Safe, secure indoor/outdoor walking paths**
- **Nursing services on-site**

**RSVP by calling 860.678.7500
or e-mailing**

Avon@arden-courts.com

Arden Courts 
Memory Care Community