

Rosh Hashanah Blessings

APPLES & HONEY – fruit of the tree (*ha-eitz*)

Pick up a slice of apple, dip it in honey, and say:

ברוך אתה ייִהוּ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, בָּרוּא פַּרְיָה הַעַץ.

Baruch atah Adonai, Eloheinu melech ha-olam, borei p'ri ha-eitz.

We praise You, Eternal God, Sovereign of the Universe, Creator of the fruit of the tree.

Thanking God for allowing us to reach this day.

**ברוך אתה ייִהוּ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, שְׁהִכְנֵנוּ וְקִימֵנוּ
וְהִגְיִעֵנוּ לְזָמָן הַזֶּה.**

Baruch atah Adonai Eloheinu, Melech haolam, shehecheyanu v'kiy'manu v'higianu laz'man hazeh.

Praise to You, Adonai our God, Sovereign of the universe, for giving us life, for sustaining us, and for enabling us to reach this season.

WINE OR GRAPE JUICE

ברוך אתה ייִהוּ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, בָּרוּא פַּרְיָה הַגַּפֵּן.

Baruch atah Adonai, Eloheinu melech ha-olam, borei p'ri hagafen.

We praise You, Eternal God, Sovereign of the Universe, Creator of the fruit of the vine.

CHALLAH

ברוך אתה ייִהוּ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, הַמּוֹצִיא לְחֵם מִן הָאָרֶץ.

Baruch atah Adonai, Eloheinu melech ha-olam, hamotzi lechem min ha-aretz.

We praise You, Eternal God, Sovereign of the Universe, who brings forth bread from the earth.

Blessing the Children

For Boys

Place your hands on your son's head & say:

ישימך אלhim כאפרים וכמנשה

Y'simcha Elohim k'Ephrayim v'chiM'nasheh.

May God inspire you to live in the tradition of Ephraim and Menasheh, who carried forward the life of our people.

For Girls

Place your hands on your daughter's head & say:

ישימך אלhim כשרה רבקה רחל ולאה

Y'simeich Elohim k'Sarah,Rivkah,Lei-ah,v'Rachel.

May God inspire you to live in the tradition of Sarah, Rebecca, Leah & Rachel, who carried forward the life of our people.

Gender Neutral

Place your hands on your child's head & say:

ישימך כל אלhim כשרה רבקה רחל ולאה כאפרים וכמנשה

Y'simchal Elohim k'Sarah, Rivkah, Rachel, vi Lei-ah, K'Ephrayim v'M'nasheh.

May God inspire you to live in the tradition of Ephraim and Menasheh, who carried forward the life of our people.

For all:

יברך יהוה וישמרך

May God bless you and guard you.

יאר יהוה פניו אליך ויחנך

May God show you favor and be gracious to you.

ישא יהוה פניו אליך וישם לך שלום

May God show you kindness and grant you peace.