

Rosh Hashanah Blessings

APPLES & HONEY – fruit of the tree (*ha-eitz*)

Pick up a slice of apple, dip it in honey, and say:

בְּרוּךְ אַתָּה יְיָ, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, בּוֹרֵא פְּרֵי הָעֵץ.

Baruch atah Adonai, Eloheinu melech ha-olam, borei p'ri ha-eitz.

We praise You, Eternal God, Sovereign of the Universe, Creator of the fruit of the tree.

Thanking God for allowing us to reach this day.

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, שֶׁהַחַיִּינוּ וְקִיַּמְנוּ
וְהִגִּיעָנוּ לַזְמַן הַזֶּה.

Baruch atah, Adonai Eloheinu, Melech haolam, shehecheyanu v'kiy'manu v'higianu laz'man hazeh.

Praise to You, Adonai our God, Sovereign of the universe, for giving us life, for sustaining us, and for enabling us to reach this season.

WINE OR GRAPE JUICE

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, בּוֹרֵא פְּרֵי הַגֶּפֶן.

Baruch atah Adonai, Eloheinu melech ha-olam, borei p'ri hagafen.

We praise You, Eternal God, Sovereign of the Universe, Creator of the fruit of the vine.

CHALLAH

בְּרוּךְ אַתָּה יְיָ, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, הַמוֹצִיא לֶחֶם מִן הָאָרֶץ.

Baruch atah Adonai, Eloheinu melech ha-olam, hamotzi lechem min ha-aretz.

We praise You, Eternal God, Sovereign of the Universe, who brings forth bread from the earth.

Blessing the Children

For Boys

Place your hands on your son's head & say:

יְשִׁימְךָ אֱלֹהִים כְּאַפְרַיִם וְכִמְנַשֶּׁה

Y'simcha Elohim k'Ephrayim v'chiM'nasheh.

May God inspire you to live in the tradition of Ephraim and Menasheh, who carried forward the life of our people.

For Girls

Place your hands on your daughter's head & say:

יְשִׁימְךָ אֱלֹהִים כְּשָׂרָה רִבְקָה רָחֵל וְלֵאָה

Y'simeich Elohim k'Sarah, Rivkah, Lei-ah, v'Rachel.

May God inspire you to live in the tradition of Sarah, Rebecca, Leah & Rachel, who carried forward the life of our people.

Gender Neutral

Place your hands on your child's head & say:

יְשִׁימְכֶלָּ אֱלֹהִים כְּשָׂרָה רִבְקָה רָחֵל וְלֵאָה כְּאַפְרַיִם וְכִמְנַשֶּׁה

Y'simchal Elohim k'Sarah, Rivkah, Rachel, vi Lei-ah, K'Ephrayim v'M'nasheh.

May God inspire you to live in the tradition of Ephraim and Menasheh, who carried forward the life of our people.

For all:

יְבָרְכְךָ יְהוָה וְיִשְׁמְרֶךָ

May God bless you and guard you.

יֵאָר יְהוָה פָּנָיו אֵלֶיךָ וִיחַנֶּךָ

May God show you favor and be gracious to you.

יֵשָׂא יְהוָה פָּנָיו אֵלֶיךָ וְיִשֶּׂם לְךָ שְׁלוֹם

May God show you kindness and grant you peace.