

From The Chair

"April showers bring May flowers" is what my dear late aunt Rosalind Moore-Beckham used to say when we as kids would complain about the April rains. We complained because due to the rain we couldn't go to Keney Park to play on the swings and have our weekly Spring/Summer picnics there. I have found that sometimes we as adults still display behaviors such as anger, complaining, stubbornness etc. when we cannot have our own way. This month lets put forth the effort to take a close look at every situation in our lives and see if at least three solutions can be discovered. You will discover that your way may be the only way or that there is more than one way to achieve your desire or not.

April is the rain season in CT. It is what it is. It's something we cannot change. It will rain. Just remember, like the rain that comes to water and help better prepare the earth in April for the hot summer that is coming in a couple of months; the same is true when it seems like trouble, disappointment and adversity come to your life to disrupt your plans. Examine those distractions from different perspectives before a harsh decision or behavior is made.

Join us this month at our April General Meeting on Monday April 2, 2018 at 224 Farmington Ave. at 6:15pm.

Happy Birthday to those born in April!
Happy Easter! He Has Risen!
Happy Passover!

Have a Beautiful Month!

Blessings.

Yvonne Matthews, Chair