



NEW DADS CONNECT

Come learn and connect with other new dads.

Please join us for a free 4-week online group open to new fathers who are looking for the best ways to support their growing family. You'll receive professional support and practical ideas on how to connect with your baby, adjust to parenting, manage stress and keep your relationship strong!

To learn more about the group, please contact:
newdadsconnect@jfsla.org
or call (213) 332-3421.

Groups meet weekly on Zoom

FREE!