

Developing Personal Resources Center

Previously known as the
Disabled People's Recreation Center
(DPRC)

- ♦ We have changed our name and curriculum to meet the personal needs of people with developmental disabilities.
- ♦ We are here to educate.
- ♦ We are here to nurture and cultivate your natural abilities.
- ♦ We are here for you!



Participants planting spices for their Friday cooking class and annual flowers.



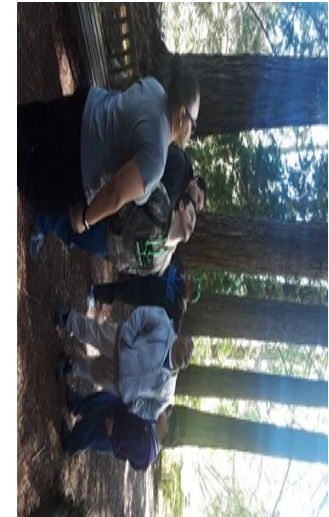
City of Richmond
Community Services
Department

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*City of Richmond
Community
Services
Department*



*Developing
Personal
Resources
Center*

*Meeting individual needs
for people with
developmental disabilities*

510-620-6814

Developing Personal Resources Center

Our Mission

To enhance the abilities of each individual with developmental disabilities achieve their personal desires.



Daily Schedule

Day Program

Monday through Friday, 9 am to 2 pm

Serving Regional Center of the East Bay Consumers

Afternoon Program

Monday through Thursday 2 pm to 5 pm

Program provided for existing and new RCEB consumers who attend the

Day Program.

ILS Curriculum

Basic Educational Skills

- ◆ Math
- ◆ Grammar
- ◆ Reading

Critical Thinking Management

- ◆ Self-Reflection
- ◆ Decision Making
- ◆ Time Utilization

Money Management

- ◆ Shopping
- ◆ Budgeting
- ◆ Credit Card Use

Positive Attitude and Overcoming Barriers

- ◆ Socialization
- ◆ Living Well with a Disability
- ◆ Self Advocacy

Food Management

- ◆ Independent Cooking
- ◆ Menu Planning
- ◆ Safety Awareness
- ◆ Grocery Shopping

Information Technology

- ◆ Electronic Device Navigation
- ◆ Electronic Accessory Management
- ◆ Social Media Etiquette

Mapping Our Environment

- ◆ Navigation Process
- ◆ Public Transportation
- ◆ Obtaining Drivers License

General Hygiene

- ◆ Personal
- ◆ General

Community Awareness

- ◆ Serving Meals to Seniors
- ◆ Recycling

Recreation & Leisure

- ◆ Swimming
- ◆ Bowling
- ◆ Gardening
- ◆ Excursions
- ◆ Hiking
- ◆ Group Sports
- ◆ Attend Sporting Events
- ◆ Arts & Crafts

