



704-872-2888

kpacgym@yahoo.com

APRIL 30, 2020

Dear KPAC Families,

We know these past few weeks have been difficult for all of us and the future continues to hold uncertainty. The KPAC staff has worked very hard to bring conditioning, movement, dance, and preschool into your homes using the ZOOM platform. We have numerous encouraging and thankful parents and students that have appreciated the distraction and opportunities these classes have provided. These classes have also provided our KPAC staff an opportunity to stay connected to their athletes, dancers and students and the ability to provide a positive learning experience and watch their students continue to grow and smile.

The state has made statements that it will begin to lift mandates for the stay at home order. We all know that this may change at any given time, but KPAC is moving forward making plans for initiating a return to onsite classes. Due to the large number of families and programs we offer at KPAC we would like to be sensitive to each of your individual circumstances. We are providing a quick survey to better help us in our planning. Please take 5 minutes to fill out the following survey to help us help you in the safest return to "our new normal."

We thank you so much for your support and helping us make some important decisions.

Sincerely,

Kristie Phillips-Bannister; owner

& KPAC STAFF

OPTION 1

KPAC would like to know who is comfortable allowing their athlete, dancer or student to come into the facility during their class time (WHEN WE ARE ALLOWED!) As of now, this date is May 18, 2020, but can change at any time. We are able to implement this in small groups of no more than 6 recreational students to 1 teacher, 9-11 dancers with 1 teacher in the big room, and 7-9 dancers to 1 teacher in the smaller room for team dancers over the age of 8, recreational dance classes will resume with lower numbers depending on age and ability, two or three sets of 4-6 team gymnasts at a time in the big gym. We have used the formula provided by our gymnastics club owners group to allow for these numbers and maintaining the 6 ft. social distancing policies provided by CDC. For this to happen the following will be mandated and adhered to:

- ❖ Parents would be suggested to drop off and wait in the parking lot, but not mandated as we have included additional spots in our numbers for recreational athletes only and have marked seating and standing areas upstairs. We are currently working on adding SpotTV to our classes and teams which would allow all of you to watch the class through an app on your mobile devices; however, it is not up and running at this time, but possibly by May 18th.**
- ❖ EVERYONE entering the facility will be REQUIRED to wear a mask provided by the individual family while in the facility (gymnasts will be allowed to take them off for safety on certain drills/skills, but required to enter and exit the building with them on).**
- ❖ EVERYONE will have their temperature checked before they can enter the facility and adhere to 6 foot distancing while waiting in line to enter as marked.**
- ❖ EVERYONE will need their own water bottle as our water fountain will be out of order. Those attending classes less than 1 hour should be okay without one as we do not normally allow them to visit the water fountain during a 1 hour class unless they ask. This will also allow for less traffic flow in the facility.**
- ❖ Team athletes will need their own backpack that includes all of their own personal equipment including weights, therabands, small water bottle for grips, own personal block of chalk (provided by KPAC), bandaids, wrist braces, roll of tape and pre-wrap, water bottle for drinking, and extra hair ties. This backpack will be used by the individual athlete and products and articles within will not be shared. It will travel with them from event to event and the equipment will be disinfected before each athlete rotates to the next event. The big equipment (uneven bars, beams, vault, floor panels, & mats) will not be shared during their time in the facility and will be cleaned before the next athlete uses it.**
- ❖ No food will be allowed in the facility for easier cleaning.**
- ❖ There will be a new entrance and exit plan that will be provided shortly.**

OPTION 2

KPAC would like to know who is not comfortable with entering into the facility and would still be interested in doing classes through ZOOM

OPTION 3

You are an essential worker and would like to have childcare/summer camp options available and would adhere to the above guidelines.

OPTION 4

You and your family would like KPAC to continue to provide ZOOM summer camp for preschool age children.