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Join the
Vaccination Event Alerts
to learn about neighborhood
vaccination opportunities:
<https://public.govdelivery.com/accounts/AZMARIC/signup/22506>



COVID-19 Survey

The full impacts of the pandemic will not be known for years to come. You can help us begin the journey to recovery by taking a brief survey on how COVID-19 has impacted your health and your community. Your feedback will be used to help inform future health improvement funding & planning efforts in Maricopa County. Take the survey: [HERE](#)



You can help by:

- Sharing the survey with your family, friends, networks, employees, etc. You can download social media graphics and printables using our [Communication Toolkit](#). The broader the survey is spread, the more representative the data will be.
- Visit MaricopaHealthMatters.org for more information on the survey and community health improvement planning efforts.

COVID-19 Vaccine



HOW HAS COVID-19 IMPACTED YOUR LIFE?

TAKE THE SURVEY.
SHARE THE SURVEY.
MaricopaHealthMatters.org



CLICK THIS ICON FOR MORE THAN
12 LANGUAGE OPTIONS

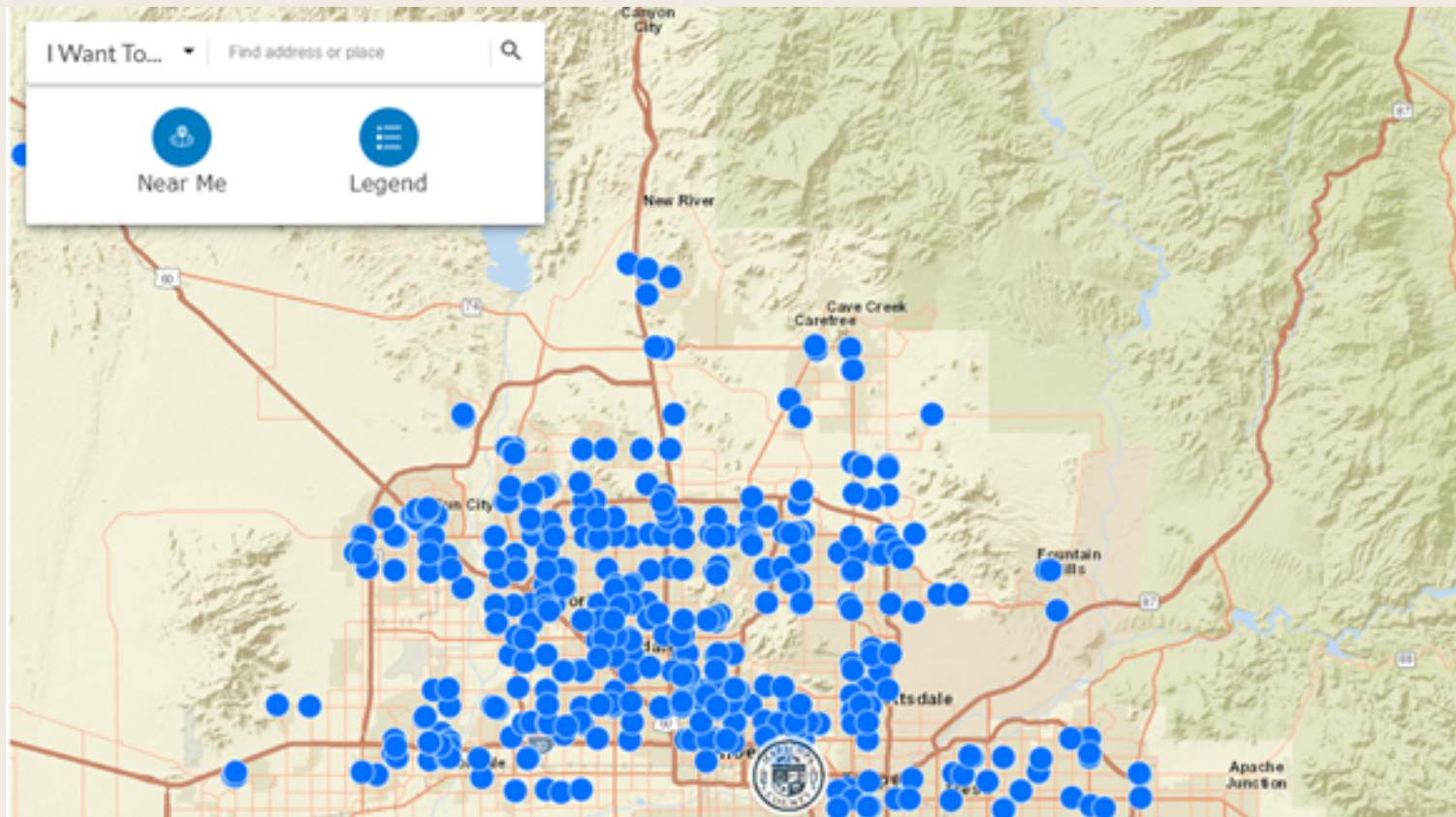


As of June 22, 2021 over 2 million Maricopa County residents have received at least one dose of COVID-19 vaccine!

About 3.7 million COVID-19 vaccine doses have been given to Maricopa County residents. Over 45% of all Maricopa County residents almost 52% of Maricopa County residents 10 years and older have received at least 1 dose of COVID-19 vaccine.

In the last week, Maricopa County residents received about 10,000 doses of COVID-19 vaccine per day.

You can view vaccination providers in Maricopa County on the map. Please visit [**COVID Vaccine Locations**](#) for more details.



EXTREME HEAT

STAY SAFE IN THE HEAT

- STAY COOL**
 - Schedule outdoor activities carefully. Avoid afternoon outdoor activities.
 - Do not leave children or pets in cars.
- STAY HYDRATED**
 - Drink plenty of fluids.
 - Keep your pets hydrated.
 - Donate water to Salvation Army if you are able.
- STAY INFORMED**
 - Check local news for updates.
 - Know the signs for heat-related illness & seek help if needed.
 - Monitor high-risk individuals including children, adults 65+, & those who are physically ill.

REMEMBER TO PRACTICE PHYSICAL DISTANCING IF YOU ARE OUTSIDE

Whether you live in the valley or are just visiting, staying safe in the Arizona heat is a priority. Phoenix summers are some of the hottest on the planet, but spring and fall can be just as dangerous. That doesn't mean you can't get out and enjoy the great weather, just follow some simple tips to avoid a heat-related illness. Drinking plenty of water and using sunscreen is a great start. But there's so much more to keeping yourself, family and pets safe in the extreme Arizona heat.

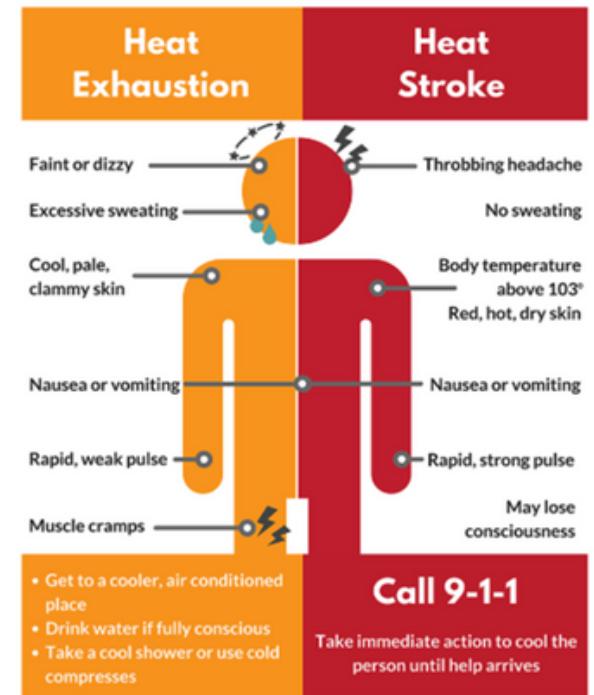
Click [HERE](#) to watch the video



323 people died in Maricopa County due to the heat in 2020, a 62% increase from the previous year. We can change that trend.

Maricopa County is on the front lines in the effort to protect people from the scorching Phoenix heat we are starting to see.

Recognize Signs of Heat Illness



For More info visit heataz.org or CalorAZ.org in Spanish

For emergency cooling centers visit [Heat Relief Stations](#)

MOVE ONE MILLION IS LOOKING FOR AMBASSADORS

WHY WE NEED YOU

The Ambassador program was created with the goal of promoting and expanding the reach of Move One Million (M1M).

With the support of our ambassadors, we strive to create a global movement and share the M1M stories of communities moving around the world.



Your support as an ambassador will allow M1M to:

1. Have representation around the world
2. Tell the story of movement in global communities
3. Unite communities towards a common goal
4. Achieve long-term sustainability
5. Evaluate the impact of programming among diverse populations

[Click here for more information](#)

If you want to share your information please email:
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