WIC ARIZONA | MARICOPA COUNTY PUBLIC HEALTH

EDUCATION.
FOOD. SUPPORT.

YOU GOT THIS.

REQUEST AN APPOINTMENT OR LEARN MORE

MaricopaWIC.com
602.506.9333

@MaricopaWIC

Follow us for recipes, nutrition & breastfeeding info, & more!

What is WIC?

Free nutrition and breastfeeding program that provides:

- **One-on-one expert support** from pregnancy to preschool, and everything in-between
- Nutrition and breastfeeding **information and resources**
- **Referrals** to other community resources
- A variety of **foods** each month
- Breast pumps

Who is WIC for?

- Pregnancy
- Breastfeeding
- Those whose pregnancy ended within the last 6 months
- Primary caregivers of infants and children under the age of 5



WIC your way, on your schedule!

- Skip the trip! Some appointments can be done online, over the phone, or through video chat
- EzWIC app & eWIC card make shopping and tracking benefits easier
- Request appointments and submit documents online 24/7

rev 05/25





What Do I Need to Apply for WIC?

- A form of identification (for each person applying) –like a photo ID, birth certificate, or immunization record
- Proof of address–like a current state ID or utility bill
- Proof of income–like the last 30 days of pay stubs or a letter from AHCCCS, SNAP, TANF, or Section 8 housing
- Recent height/length, weight, and hemoglobin from medical provider OR you can come to our clinic for your appointment

WIC Income Guidelines (Effective April 2025)

Family Size	Monthly	Yearly
1	$2,413	$28,953
2	$3,261	$39,128
3	$4,109	$49,303
4	$4,957	$59,478
5	$5,805	$69,653
6	$6,653	$79,828

- Amounts based on income before deductions
- Those with SNAP, TANF, or AHCCCS automatically qualify, but you don't need to have these services to have WIC
- If you are pregnant, the unborn baby is counted as a family member

REQUEST AN APPOINTMENT
MARICOPAWIC.COM or 602.506.9333

How Do I Find WIC?

North & West

Constitution Elementary
18440 N. 15th Ave.
Phoenix, AZ 85023
(15th Ave. & Union Hills)

Cotton Crossing
8088 W. Whitney Dr.
Peoria, AZ 85345
(83rd Ave./Cotton Crossing & Grand)

Glendale
5141 W. Lamar Rd.
Glendale, AZ 85301
(51st Ave. & Lamar)

Maryvale
6850 W. Indian School Rd.
Phoenix, AZ 85033
(67th Ave. & Indian School)

Palm Valley
14130 W. McDowell Rd.
Goodyear, AZ 85395
(McDowell & Litchfield)

Central

Downtown
1645 E. Roosevelt St.
Phoenix, AZ 85006
(16th St. & Roosevelt)

St. Mary's
3003 W. Thomas Rd.
Phoenix, AZ 85017
(31st Ave. & Thomas)

East

48th Street
2737 W. Southern Ave.
Ste. 10
Tempe, AZ 85282
(48th St. & Southern)

Chandler CARE
777 E. Galveston St.
Chandler, AZ 85225
(McQueen & Galveston)

Country Club
1950 S. Country Club Dr.
Mesa, AZ 85210
(Baseline & Country Club)

Gilbert
132 W. Bruce Ave.
Gilbert, AZ 85233
(Elliot & Gilbert)

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: https://www.usda.gov/sites/default/files/documents/ad-3027.pdf, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: 1. mail: U.S. Department of Agriculture | Office of the Assistant Secretary for Civil Rights | 1400 Independence Avenue, SW | Washington, D.C. 20250-9410; or 2. fax: (833) 256-1665 or (202) 690-7442; or 3. email: Program.intake@usda.gov. This institution is an equal opportunity provider.

WIC ARIZONA | MARICOPA COUNTY PUBLIC HEALTH